



Guiding Light

SEPTEMBER 2018



Hiunkaku, National Treasurer

TORONTO BUDDHIST CHURCH *a Jodo Shinshu Temple*

1011 Sheppard Ave West
Toronto, Ontario, Canada, M3H 2T7
(416) 534-4302 www.tbc.on.ca

SEPTEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please Note: Events marked with an asterisk * are private and are not open to the general public						Thank You
						1 EBL Conference
2 SUMMER SERVICE * EBL Conference * 9:30 am * EBL Service 11:00 am NO Service	3 LABOUR DAY OFFICE CLOSED	4	5 10:00 am Morning Chanting 7:00 pm Isshin	6 1:00 Buyo 7:00 pm Meditation	7 8:00 pm Buyo	8 10:00 am Funeral Srv 4:00 pm * Family Memorial Service
9 RALLY SUNDAY & Monthly Memorial Service 10:30 am Kid's Sangha 11:00 am Service 12:30 pm Dana Mtg 12:30 pm Sangha Mtg	10 10:00 am Sr. Karaoke	11	12 10:00 am Morning Chanting 7:00 pm Isshin	13 10:00 am Tai Chi 1:00 pm Buyo 2:00 pm *Momiji 3:00 pm Ikenobo 4:00 *Yee Hong 7:00 pm Meditation	14 8:00 pm Buyo	15 10:00 am * Church Event
16 HIGAN SERVICE 9:15 am *Management Committee Mtg 10:30 am Kid's Sangha 11:00 am Service 12:30 pm Board Mtg	17 10:00 am Sr. Karaoke	18	19 10:00 am Morning Chanting 7:00 pm Isshin	20 10:00 am Tai Chi 1:00 pm Buyo 2:00 pm *Castlevie 3:00 pm Ikebana 7:00 pm Meditation	21 8:00 pm Buyo	22 4:00 pm * Family Memorial Service
23 REGULAR SERVICE 9:30 am * CCOV Mtg 11:00 Service 12:30 pm *Shin Fujinkai Mtg (Eko)	24 10:00 am Sr. Karaoke	25	26 10:00 am Morning Chanting 7:00 pm Isshin	27 10:00 am Tai Chi 1:00 pm Buyo 3:00 pm Ikebana 7:00 pm Meditation	28 8:00 pm Buyo	29 10:00 am * Church Event Higan Service Ottawa
30 REGULAR SERVICE 11:00 Service Higan Service Montreal						

Morning Chanting is held on Wednesdays, Thursdays and Fridays from 10:00 am – 10:30 am when a Minister is available. As emergencies do come up, last minute cancellations may occur.

Thank you

OCTOBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please Note: Events marked with an asterisk * are private and are not open to the general public Thank You						
	1 10:00 am Sr. Karaoke	2	3 10:00 am Morning Chanting 7:00 Isshin	4 10:00 am Tai Chi 1:00 pm Buyo 3:00 pm Ikenobo 7:00 pm Meditation	5 8:00 pm Buyo	6
7 Monthly Memorial Service 10:30 am Kid's Sangha 11:00 am Service 12:30 pm *Dana Mtg	8 <div style="border: 1px solid black; padding: 2px; display: inline-block;">OFFICE CLOSED</div> Happy Thanksgiving NO Karaoke	9	10 10:00 am Morning Chanting 7:00 Isshin	11 10:00 am Tai Chi 1:00 pm Buyo 2:00 pm *Momiji 3:00 pm Ikenobo 4:00 pm * Yee Hong 7:00 pm Meditation	12 8:00 pm Buyo	13
14 Regular Sunday 9:15 am *Management Committee Mtg 11:00 am Service 12:30 pm * BoD Mtng 12:30 pm * Sangha Mtg JSBTC Service Hamilton	15 10:00 am Sr. Karaoke	16	17 10:00 am Morning Chanting 7:00 Isshin	18 10:00 am Tai Chi 1:00 pm Buyo 2:00 pm * Castleview 3:00 pm Ikenobo 7:00 pm Meditation	19 8:00 pm Buyo	20
<div style="border: 1px solid black; padding: 2px; display: inline-block;">JSBTC FALL MEETINGS—Board and Ministerial Association (17–21)</div>						
21 PET APPRECIATION SERVICE and OVSA Presentations 11:00 am Service	22 10:00 am Sr. Karaoke	23	24 10:00 am Morning Chanting 7:00 Isshin	25 10:00 am Tai Chi 1:00 pm Buyo 3:00 pm Ikenobo	26 8:00 pm Buyo	27 11:00 am * Family Service
28 Regular Service 10:30 am Kid's Sangha 11:00 am Service	29 10:00 am Sr. Karaoke	30	31 10:00 am Morning Chanting 7:00 Isshin			

Morning Chanting will be held on Wednesdays, Thursdays and Fridays from 10:00 am – 10:30 am when a Minister is available. As emergencies do come up, last minute cancellations may occur.

Thank you

Bananas, Bananas and More Bananas!

My story goes back many years ago when I went to Thailand to visit a valued supplier to my business. The factory was located about 3 hours from Bangkok in a very rural area which was not easily traversed once we left the city limits as the roads in this area could hardly be called roads. They were best described as worn dusty paths. My journey began at 6am when I departed my hotel in Bangkok with my Thai translator Lek Nai. It was already swelteringly hot at 6am. I asked Lek Nai what season this was. She explained that they had three seasons in Thailand: hot, hotter and hottest. She said that this was only the hot season (yes, the coolest of their three seasons!). The hotter and hottest seasons were yet to come.

Almost three hours later, Lek Nai announced, with a smile, that we would soon be arriving at the factory. As I looked along both sides of the road, I noticed that the homes were very basic structures consisting of only two tree trunks which were topped by rough and rusty pieces of corrugated metal as a roof. There weren't any walls to these homes and I could see the people in these homes. I estimated that these houses measured approximately 10' x 15' (a total of perhaps only 150sf) and many housed three generations of family.

Lek Nai said that these were the homes of many of the factory workers. I wondered how families could live in such a small space, I wondered about the lack of privacy they must experience, I was amazed at how basic their accommodations were and yes, I wondered if I was paying the factory (and thus their workers) enough for their labour and finished goods. It was an eye opener to say the least. These were obviously very humble people.

I then noticed that we were approaching a man pulling a cart coming towards us. The man was elderly. He was perhaps in his early nineties. He was skinny but I did notice that his arms looked quite strong. You would have to be strong to be pulling the old wooden cart which he was pulling.

I quickly noticed two other things. First, I noticed that the wood cart had wheels which were made out of hand carved wood and not perfectly round! The second thing I noticed was that he was pulling a cart full of bananas! This was not just a small load of bananas but a very large load of bananas which were stacked about 8-10 feet high! I had never seen so many bananas in one place and they were still all in bunches on their stalks

I got out of the vehicle to get closer to this man and his wooden cart laden with bananas. The elderly man quickly said something to me in Thai which I did not understand. Lek Nai quickly said that he was asking if I would buy some bananas from him. I wanted to help this man who was pulling his wooden cart in extremely hot weather so I smiled and said that of course I would buy some bananas from him. The currency in Thailand is the baht but at that time I only had US funds with me. I usually only carried the US currency in \$20 bill denominations so I pulled out a \$20 dollar bill and passed it on to the gentleman as payment.

What happened next surprised and greatly embarrassed me. The elderly gentleman instantly dropped to his knees in the dirt and he bowed his head almost touching his forehead to the ground crying and saying something which I could not understand. I instinctively dropped to my knees in the same fashion with my head also bowed as did my translator. Lek Nai quickly but softly explained that the elderly gentleman likely did this because he could not make any change for me as the bananas only cost a few pennies.

I was embarrassed to have unknowingly put this human being in this terribly embarrassing situation. I quickly asked my translator to tell the gentleman that I did not need any change and that I would buy whatever amount of bananas the US\$20 would purchase on condition that he would distribute these bananas to the people in their homes which I had just seen along the road.

Continued on page 5

Bananas, Bananas and More Bananas!, continued

The wonderful man leapt to his feet and he starting jumping up and down as if he had transformed magically to a five year old boy filled with never ending delight. He then flashed a toothless huge smile and embraced me with his strong arms and he did not let go for quite awhile. I also returned this warm and touching embrace ... this was humanity at its best!

The man then started calling out very loudly as he started to run to announce the gift of bananas. I saw people in these huts/homes come running out to the man as he gave away free bananas. I noticed that my friendly translator's eyes were awash with tears of joy and, I must admit, I also had streams of joyful tears pouring down my face too. This was likely to be a once in a lifetime convergence of two strange human beings from opposite sides of the world having a chance but wonderfully joyful experience which was borne out of a potentially embarrassing situation.

We talked and strategized all day and I was exhausted when we finally concluded our successful meetings. It was almost midnight when I left the factory. It was pitch black. As I departed the factory, I looked out at what appeared to be a small airport runway which was lit on both sides. My translator then started to cry ... again ... and I did not know why. She tearfully told me that the people who lived in the basic huts along the road had been waiting to thank me for the bananas. She said that they must have been waiting all day and night for my departure to thank me. I cast my eyes down the same dirt road I had ventured forward on earlier that same morning and saw that many people were holding kerosene torches which broke the pitch black darkness with a soft and golden glow. All these people, some with babes in arms, lined the dirt road.

I hugged every single adult, child and baby along the path and I must admit that I unabashedly wept tears of joy. When I had thought earlier in the day that I would likely never surpass the feelings which I had felt ... the human connection which I experienced with my new friend the banana cart puller, well, it was now being easily surpassed many times over.

The last person waiting at the end of the dirt runway to greet me was, you guessed it, the elderly man. He was standing in front of his old hand made wooden cart, now empty of his load of bananas, beaming his beautiful and unforgettable toothless smile. Amazingly, and peacefully, he held his palms together in Gassho. We stood facing each other in Gassho for the longest time ... just smiling with respect for each other. My incredible life experiences that day, with brilliant flashes of humanity among such wonderful, happy and humble Thai people could not have ended any better.

Let us all continue to walk the path of the Dharma together with strength, love, compassion and gratitude.

With Gratitude and in Gassho,

Larry Wakisaka



Memorial (Shotsuki) Listing for the Month of October

Our monthly memorial services (shotsuki) are usually held on the first Sunday of each month (please check our temple calendars to confirm the day of the monthly memorial service) to remember and honour those who have passed away in that month regardless of year. Usually, mail reminders are sent out to the next of kin but due to changing circumstances we have not always been able to reach families and hope that by publishing the names of those who have passed, we can still reach and remind families and dear friends of the month of their loved ones honouring.

Below is our listing of our members and supporters who have passed away during the month of October. All are invited and welcome to attend.

ABE , Tomo	ADACHI , Ogen	AKADA , Asa
AKADA , Sadajiro	AMEMORI , Suye	ARIZA , Nancy Chiyo
ASA , Yasuko	AZUMA , Momoyo Jane	BRATUHIN , Tamiko
EDAMURA , Ken Edward	DOBSON , John Charles	FUJII , Mary
FUJINO , Dorothy Shizuko	FUJINO , Sude	FUJIOKA , Toshio
FUKAKUSA , Tamotsu	FUKAKUSA , Kameki	FUKAKUSA , Yasutaro
FUKUMOTO , Toyemon	FUKUSHIMA , Kazuo Charlie	HAMADE , Shingo
HAMAWAKI , Margaret Fujiye	HANAZAWA , Toku	HATANAKA , Kenichi Ken
HAYASHI , Hanyemon	HOBZA , Patricia Akemi	HORII , Kiyoshi
HORII , Teru	IBUKI , Kiku	ICHIYEN , Seiichi
IIZUKA , Kotsuru	INAMOTO , Dorothy Tomie	INAMOTO , Kenneth Kenji
ISHII , Mitsuye	ISHIKAWA , Hiroko	IWASAKI , Tokino
KAGAYAMA , Shizuyo	KAINO , Fumiyo	KAJI , Matsuyo
KAWAGUCHI , Kiyoko	KAWAI , Tetsutaro	KISHIBE , Masayuki
KITAGAWA , Tsuneya	KITAMURA , Frank Osamu	KITaura , Ryotaro
KOBAYASHI , Osamu	KOBAYASHI , Patrick Mitsuharu	KOBAYASHI , Shigezo
KODAMA , Suekichi	KUBOTA , Shigeo	KUMABE , Jinzo
MATSUI , Kane	MIYADA , Takashi	MORI , Charles Chuck Kazuhiko
MUKAI , Hikojiro	MUKAI , Hikojiro	MURAI , Kofuji
MURAKAMI , Katsuji	MURANAKA , Kaoru Kay	NAGANO , Kumao
NAGATA , Kaneichi	NAKAGAWA , Sasuke	NAKAMURA , Ted Teiji
NAKANO , Chiye Joan	NAKAO , Haru	NARUSE , Tadayoshi
NISHIKAWA , Misao	NISHIKAWA , Toshie	NISHIMOTO , Kenneth Kenji
NISHIMURA , Chiyoji	NISHIMURA , George Gengo	NISHIMURA , Jutaro
NISHIMURA , Shige	NISHINO , Terrie Tsuruye	NITTA , Jean Yuri
NOMA , Michiko	OHASHI , Hirokichi	NOSE , Seizo
OHARA , Noye	OHASHI , Take	OHATA , Masayuki
OHASHI , Take	OMATSU , Kinu	ROWLATT , Julian Taro
SAITO , Shiro	SAKAMOTO , Kimi	SATO , Teruko Terrie
SHIGEISHI , Sally Shizue	SHINMOTO , Saichi	SHINTANI , Sueno
SHITAMI , Yone	SUGAMORI , Seitaro	TAGUCHI , Moto
TAKAGI , Chiyoko	TAKAHASHI , Hideta	TAKAHASHI , Yoshi

Continued on page 8

Memorial (Shotsuki) Listing for the Month of October , Continued

TAKASAKI , Kaoru	TAKASAKI , Shizue	TAKATA , Moriyuki
TAKATA , Kensuke	TAKEMURA , Masa	TAKEUCHI , Terry Teruo
TAMAKI , Glen Atsushi	TANABE , Yoshiko Mary	TANAKA , Arataro
TANAKA , Hisao	TANAKA , Juhei	TANAKA , Thomas Sanya
TANAKA , Yaye	TANINO , Eikichi	TANINO , Kenneth Susumu
TATEBE , Yoko Joyce	TESHIMA , George Yukio	TOHANA , Sachiko Ruby
TOYONAGA , Matsuko	TSUBOUCHI , Kiyoshi Thomas	TSUJI , Shizue
URA , Jim Iwao	URABE , Emiko Gertrude	WAKABAYASHI , Koto
WAKABAYASHI , Takeo	WAKABAYASHI , Tokuzo	WAKIDA , Ei
WAKISAKA , Tsugi	WANI , Juichi	WATANABE , Molly Nobuko
YAMAMOTO , Hatsue	YAMAMOTO , Makino	YAMAMOTO , Nobby
YAMASHITA , Haruyo	YOSHIDA , Yasuyoshi	

OBITUARIES

The Toronto Buddhist Church wishes to extend its deepest condolences to the families, relatives and friends of the following individuals who have passed away during the past month.

<i>Mr. Masao Kishimoto, St. Thomas</i>	<i>July 4, 2018</i>	<i>92 yrs</i>
<i>Mrs. Toshiko Kathleen Kiyonaga</i>	<i>July 19, 2018</i>	<i>82 yrs</i>
<i>Mrs. Reiko Mizuyabu</i>	<i>August 8, 2018</i>	<i>84 yrs</i>
<i>Mr. Kameo Kawaguchi</i>	<i>August 12, 2018</i>	<i>96 yrs</i>

OBON Appreciation

Now that Obon festivities have ended and the wind down has pretty much come to a close, we would like to extend our sincere appreciation to everyone who helped out at all the cemetery visits as chosos, assistants and other helpers. Also to the ministers Rev. Ouchi and Rev, Takahashi and those who helped prepare the cemetery kits beforehand, the hanging of the Chochin lanterns, the toban individuals who helped prepare and serve Obon refreshments on the Sunday between services, homyo registrars, ushers, MC's, parking lot attendants, and so many others who we are indebted to. Obon weekend is a huge, highly recognized important occasion which we extend enormous thanks to so many people for their assistance throughout the entire weekend for their endless capacity to help the temple in so many areas. It is impossible to remember everyone but we do express our gratitude to each and every one of you for all that you did under the tremendous heat conditions near and far, day and night. ARIGATO! ARIGATO! THANK You very much!

PSSST! PSST! Did you know that Rev. Ouchi's scheduled day off has changed?

It used to be that he had TUESday and WEDnesday off but that has changed. As of September 9, Rally Sunday he is now switching to **Monday and Tuesdays as his days off**. Please keep this in mind when you are trying to make an appointment for consultation, advice or for social, personal invitations.



Obon Odori 2018

It was a beautiful evening for Obon odori. Rain had kept the afternoon's Natsu Matsuri events inside the JCCC, but at the last minute, the organizers decided to hold the odori outside. This caused a slight delay but the large crowd waited patiently. Finally, the dancers walked in to the beat of the taiko drums and the odori began. The parking lot was a sea of colourful yukatas. The very enthusiastic audience had a great time with the audience participation dances. Kunio Suyama and Scott Kusano were tremendous as emcees. The Obon service was led by Rev. Ouchi and guest minister Rev. Takahashi. During the intermission, stage dances were performed by Ayame Kai, Sakura Kai and the TBC Buyo group followed by Isshin Daiko. At the end, everyone welcomed the refreshing popsicles!

Natsu Matsuri

Thank you to our volunteer helpers on July 14, who gave their time to help out at the temple booth at the JCCC. The outreach display booth of free materials generously provided by Bukkyo Dendo Kyokai such as Buddhist books and pamphlets, fans, temple brochures are helpful introductory tools for those interested in learning more about Buddhism. Your help in answering questions and circulating the materials to others to promote Shin Buddhism is greatly appreciated.



OBON 2018



OBON CEMETERY VISITATION COMMITTEE 2018

Obon Cemetery Visitation Committee 2018 wishes to thank the hundreds of volunteers who have aided in the wonderful Obon cemetery visitation tradition of our temple over the last many years. Whether they were choshos, assistants, flower stem participants, refreshment providers or chochin assemblers, they were all working for our temple to ensure that the respect was properly shown to our departed loved ones.

Words cannot express the gratitude our committee feels for the ongoing sense of Sangha, the harmony felt and the joy of working together in the name of oneness in the Onembutsu.

Our sincere thanks to the Senseis that we have worked with over the many years. We have relied on their guidance as we tried to bring respect to this very important day in our Buddhist calendar. Domo arigatou gozaimasu, Senseis.

Now we have arrived at the time to step away and make way for the new committee members.. We believe that all volunteers will provide this new group with their genuine support because of our shared love of the Buddha Dharma. We wish this new committee much continued success.

We leave with a sense of satisfaction for the work we have done and happy to retire with a smile on our faces, knowing our group maintains a wonderful friendship nurtured through our years serving together.

In gassho,

Obon Cemetery Visitation Committee

MONTREAL TEMPLE'S OBON SERVICE JULY 1

Montreal's 2018 Obon service was a sad and sorrowful one for their members. It was the last service to be held in their Temple as it has been sold. The Montreal Temple has been a second home for many of their members for over 60 years. It was a sad day but there are many memories of good times spent at the Temple. They are hoping to rent space at their Cultural Centre to hold services in the future





CALLING ALL SANGHA KIDS!

**SUNDAY
SEPTEMBER
9TH
IS
RALLY
SUNDAY**



10:30 – 11:00.....SERVICE IN THE HONDO WITH REV. YOSHI

11:00 – 12:00.....CRAFT TIME

.....DESIGN AND PERSONALIZE YOUR OWN
SPECIAL “CHUUKE”

.....WHAT’S A “CHUUKE” YOU ASK?.....COME
TO SERVICE AND FIND OUT.

SUNDAY, SEPTEMBER 16, 2018

10:30 – 11:00.....SERVICE WITH REV. YOSHI

11:00 – 12:00.....SURPRISE ACTIVITY?

We would love to see everyone come join us for KIDS SANGHA Sundays. Everyone is welcome. Yumi and Jessica have planned another year of new and fun activities for the coming year, so please mark your calendars.

Gassho,

Yumi, Jessica, Abigail, Rachel, Koji, Stephen, Denise and Naomi



TBC Annual Bazaar

Saturday, November 10, 2018

Fall is fast approaching and with it the Temple's biggest annual fundraising event.

We need your help!

Donations are needed for sale at the various venues:

Japanese items
Baked goods and Food items
Plants
New items

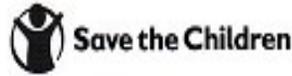
(Please note that we are unable to sell used clothing, children's toys and books.)

If you are able to help during the week before the bazaar, please check the posted work schedule or email canzai@sympatico.ca

We will be able to begin accepting donations from Sunday, November 4, 2018.
Please contact the TBC office if other arrangements are needed.

Your support is much appreciated!

TBC Bazaar Committee



We need your Used Postage Stamps!!

Save the Children-Canada collects used postage stamps for resale to dealers and collectors. Money raised by this method of fundraising is used to help provide a better life and a brighter future for children around the world and in Canada.

The JSBTC Women's Federation has been participating in the Used Postage Stamp program since 1992. To date, the WF has provided more than \$2,500 in aid to children in developing countries in the form of livestock, education, medical aid, famine- and disaster-relief.

Save the Children takes **ALL** stamps, foreign and Canadian.

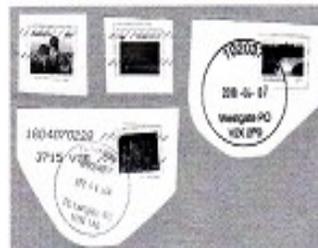


The 2018/2019 Coordinator is Hiroko Yoshitara (hi.yosh@jelas.net)

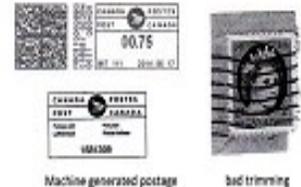
How to participate...these stamps are sold to stamp collectors by the stamp store so the condition of the stamps is important!!!

- Please cut with scissors (do not tear!!!) and leave a 1/3 to 1/2 inch border around the stamp.
- Stamps with postmarks showing the location and date are worth more so please cut around the post mark. Leave multiple stamps together.
- If you have a postcard with the postmark showing the date and location, please turn in the whole postcard—do not cut it.
- If it does not show the town or city just trim around the stamp.
- Stamps without enough border trim and machine generated business postage are not accepted.

Accepted.



Not Accepted.



RALLY SUNDAY

Sunday September 9, 2018

After the glorious summer break, we invite everyone back to mark "RALLY SUNDAY", on **Sunday September 9th**, traditionally the start of our regular services and activities at our temple. After service, the many groups and activities offered at the temple are highlighted with boards, artwork and displays in the social hall. Please enjoy some tea after service downstairs and see what activities you can participate in.

This date is also the **Monthly Memorial (Shotsuki)** for the month of September, a chance to remember our family, friends and loved ones who have entered Nirvana in previous Septembers. Please remember to bring your homyos for your loved ones.

The **Kids Sangha services and programs** also resume on Sunday September 9th at 10:30am.

Please check the Guiding Light calendar and the website for details.

We look forward to seeing you upon your return to the temple on September 9th and wish all a safe and lovely summer.

MINDFUL MEDITATION

Are you suffering from stress? Of course, you are. We are all suffering from different types of stress: stress from school, work, finances, family, health, etc. How we cope with and manage our stress can make the difference between a happy, successful life and an unhappy, unsuccessful one. Mindfulness and meditation have become mainstream in today's world. If you would like to learn more about these practices and how they can lead to a happier, more fulfilling life, come out to one of our meditation sessions. We practise in the main hall or Hondo of the Toronto Buddhist Church, an expansive and beautiful space.

I am Ray Nakano, a meditation facilitator. I was ordained as a member of the Order of Inter-Being in October, 2011, and practised meditation, several years prior to that. The Order was established by Thich Nhat Hanh, a Zen Buddhist monk who was exiled from his native country of Vietnam during the Vietnam war, because he was a peace activist. As an Order of Inter-Being member, it is my goal to bring joy and happiness to others and to reduce their suffering, what we call, being a bodhisattva.

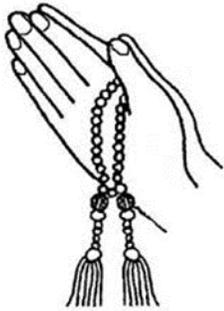
Our meditation sessions are every Thursday evening from 7 to 9 pm, starting on September 6th, 2018.

Please come out and join us! It could make a world of difference in your life!



JSBTC Day

Sunday November 4th, 2018

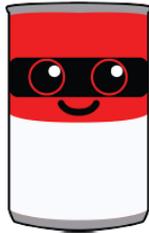


JSBTC or Jodo Shinshu Buddhist Temples of Canada Day is a special memorial service which is traditionally held around the month of October and November to observe and honour our pioneers of Jodo Shinshu Buddhism and all who were followers in Canada. Our first Jodo Shinshu minister arrived from Nishi Hongwanji (our mother temple in Kyoto, Japan) to Vancouver on October 12, 1905 and the month of October is important in Canada to mark our historical beginnings.

JSBTC Day allows us to gather together at our local temples to collectively express our gratitude to all those who have spread the Dharma Teachings before us. It is also a time to direct any special JSBTC Day donations towards the further education of our hard working Ministers, to their continued health and to their supplemental retirement fund. Funding is also allocated to help support all the important efforts of our Bishop. The National Board of the JSBTC is tasked with trying to help provide meaningful programs and assistance to local temples but this challenge is becoming increasingly difficult financially so any contribution which you can make helps us in this worthwhile effort.

Please note that due to Canada Revenue Agency and the Canada Not-For-Profit Act, we ask if donations are by cheque, kindly make the payee "**Toronto Buddhist Church**" and write in the memo area "**JSBTC Day**". Any and all donations for JSBTC Day are gratefully accepted and will help continue to support our programs for the temples in Canada and our dedicated and hard working ministers. A special offertory envelope marked "**JSBTC Day**" is enclosed for your convenience.

WANTED



SOUP



MAC & CHEESE



CANNED FISH



BABY FORMULA



PEANUT BUTTER



RICE



DRY PASTA



TOMATO SAUCE



CANNED VEGGIES

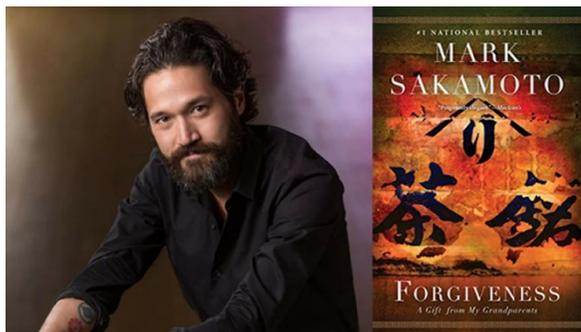
Food Drive runs from Sept 9 - Oct 21

Please bring in non-perishable food donations. For example, dry pasta, canned goods like soup, fruits and veggies, fish, tomato sauce as well as baby formula, rice, peanut butter, mac and cheese.

Please check expiry dates on your donations. We are helping the Daily Bread Food Bank by collecting food to support hungry families, children and individuals who have difficulty making ends meet and can't afford to buy groceries.

Thank you from Shin Fujinkai

The Next Title for the LDC's Virtual Book Club



After a hot summer that was shared by many of us across the country, the Living Dharma Centre is ready to invite everyone to another wonderful book for the Virtual Book Club starting mid September.

We introduce our next title: *Forgiveness: A Gift from My Grandparents* by Mark Sakamoto

This is a beautiful and well written true story of Mark Sakamoto's grandparents, their survival and forgiveness in dealing with the darkest of times throughout human history when the most unthinkable horrors were being unleashed upon the world: one Canadian Japanese family stripped of their home, livelihood and dignity and one Canadian boy who suffered intensely cruel and depraved hardships at the hands of the Japanese as a POW.

"Deep down, they knew each other. They had both discarded the past, keeping only what they needed, leaving the rest behind. They did not compare hardships or measure injustices. They knew there was no merit to that.....Breaking down is the easy part. Anyone, at any time, can break down. The act of coming together again is what makes a hero. Moving on, with an open heart, seems, at times, impossible. But it's not".

Through delusion, greed and anger the horrors of WWII brought grief and hardship to a huge part of the human race, but as this book so beautifully illustrates and as the Buddha taught, you do not cure hate and anger by returning hate and anger, but by love.....and forgiveness.

This book is the 2018 winner of the Canadian Broadcast Corporation (CBC) Radio's book battle called "Canada Reads" where celebrities from many areas (politics, broadcasting, music, sports, etc.) each promote one book as an important book, written by a Canadian, for all of the country to read. The audience listens to the live debates over several months on the books, chosen by the this year's theme: "One Book to Open Your Eyes. These books challenge readers to look differently at themselves, their neighbours and the world around them". The audience then voted on which books should remain in contention for the title of the book that all of Canada should read.

Although the LDC has chosen previous works by Jodo Shinshu scholars as books to read and discuss, this is a departure whereby it explores some of the everyday human aspect of life and conflict and we will apply the Buddha's Teachings to analyze and view this book and ultimately help us view our own lives through the Teachings.

Forgiveness is available at Chapters/Indigo, Amazon and In ebook format for Kindle and tablets. The Virtual Book Club will be starting up again in September. Watch for further details on the Living Dharma Centre's Facebook site, our national website (bcc.ca) and in your local temple's newsletter or website or Facebook group. If you are new to the Virtual Book Club and interested in joining us you can send an email to Barb at: bm.livingdharmacentre@gmail.com