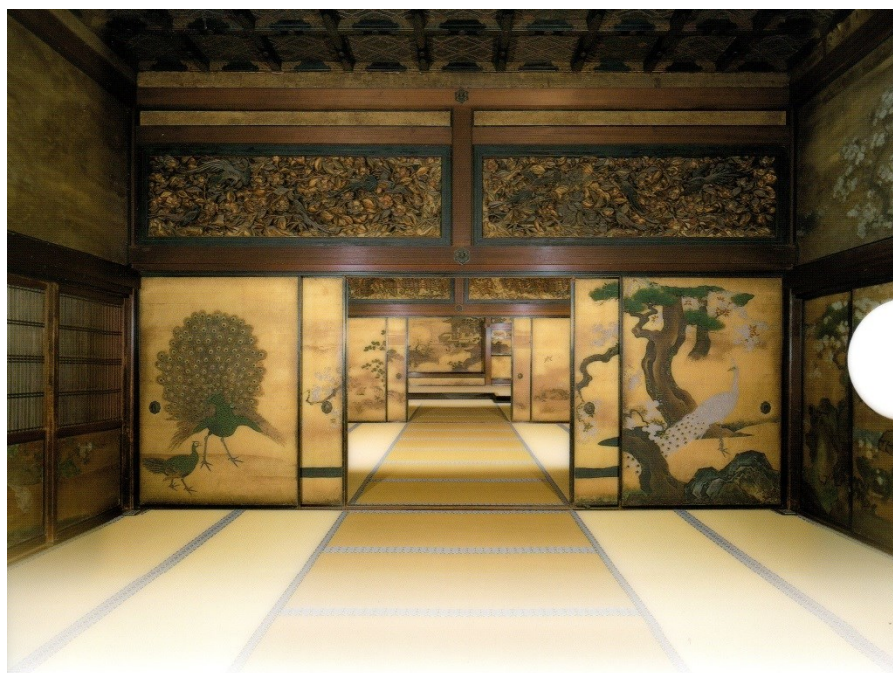




# *Guiding Light*

OCTOBER 2018




Shiro Shoin Chambers, National Treasure

## **TORONTO BUDDHIST CHURCH** *a Jodo Shinshu Temple*

1011 Sheppard Ave West  
Toronto, Ontario, Canada, M3H 2T7  
(416) 534-4302    [www.tbc.on.ca](http://www.tbc.on.ca)

# OCTOBER 2018

| SUNDAY  | MONDAY  | TUESDAY                                | WEDNES-   | THURSDAY  | FRIDAY                    | SATURDAY                                       |
|---|---|--|---|---|---------------------------|--|
| <b>Please Note:</b> Events marked with an asterisk * are private and are not open to the general public <span style="float: right;">Thank</span>  |   |  |   |   |                           |  |
|   | <b>1</b> 10:00 am<br>Sr. Karaoke  | <b>2</b>                               | <b>3</b><br>7:00 Isshin   | <b>4</b> 10:00 am Tai Chi<br>10:30 am Garden Club<br>1:00 pm Buyo<br>3:00 pm Ikenobo  | <b>5</b>                  | <b>6</b>                                       |
| <b>7 Monthly Memorial Service</b><br>9:30 am Bazaar mtng (Eko)<br>10:30 am Kid's Sangha<br>11:00 am Service<br>12:30 pm *Dana Mtng  | <b>8</b><br><div style="border: 1px solid black; padding: 5px; text-align: center;">OFFICE<br/>CLOSED</div><br><b>Happy Thanksgiving</b><br><br>NO Karaoke | <b>9</b><br>5:00 pm<br>* Private Event | <b>10</b><br>7:00 Isshin  | <b>11</b> 10:00 am Tai Chi<br>1:00 pm Buyo<br>2:00 pm *Momiji Service<br>3:00 pm Ikenobo<br>4:00 pm * Yee Hong Service<br>7:00 pm Meditation                          | <b>12</b><br>8:00 pm Buyo | <b>13</b>                                      |
| <b>14 Regular Service</b><br>9:15 am *Management Committee Mtng (Mezz)<br>11:00 am Service<br>12:30 pm * Board of Directors Mtng (Eko)<br>12:30 pm *Sangha Mtng (LDC)<br>3:30 pm Hamilton Service                       | <b>15</b> 10:00 am<br>Sr. Karaoke   | <b>16</b>                              | <b>17</b><br>7:00 Isshin  | <b>18</b> 10:00 am Tai Chi<br>1:00 pm Buyo<br>3:00 pm Ikenobo<br>7:00 pm Meditation   | <b>19</b><br>8:00 pm Buyo | <b>20</b>                                      |
| <div style="border: 1px solid black; padding: 10px;"> <b>JSBTC FALL MEETINGS—Board of Directors and Minister's Meeting</b><br/>           ** Rev. Ouchi will be away in Steveston, Oct., 17th to 21st **         </div> |   |  |   |   |                           |  |
| <b>21 Regular Service</b><br>OVSA Presentations<br>11:00 am Service<br>12:30 pm Kansho Workshop   | <b>22</b> 10:00 am<br>Sr. Karaoke   | <b>23</b>                              | <b>24</b> 10:30 am<br>*Momiji<br>Community Group<br>7:00 Isshin | <b>25</b> 10:00 am Tai Chi<br>1:00 pm Buyo<br>3:00 pm Ikenobo<br>7:00 pm Meditation   | <b>26</b><br>8:00 pm Buyo | <b>27</b> 11:00 am<br>*Family Memorial Service |
| <b>28 PET APPRECIATION SERVICE</b><br>9:30 am Bazaar Mtng (Eko)<br><b>10:30 am * Kid's Sangha</b><br>11:00 am Service<br>Community Care visitations   | <b>29</b> 10:00 am<br>Sr. Karaoke   | <b>30</b>                              | <b>31</b><br>7:00 Isshin  | <b>Nov 1</b><br><div style="border: 1px solid orange; padding: 5px; text-align: center;">Rev Yoshi at Parliament of World Religions Conference<br/>Oct 31—Nov 3</div> | <b>2</b>                  | <b>3</b>                                       |

Morning Services are held on the week days Wednesdays, Thursdays and Fridays from 10:00 am – 10:30 am when the minister is available. As emergencies do come up, last minute cancellations may occur.

Thank you

# NOVEMBER 2018

| SUNDAY  | MONDAY                     | TUESDAY | WEDNESDAY               | THURSDAY   | FRIDAY   | SATURDAY  |
|---|----------------------------|---------|-------------------------|--|--|---|
| *Events marked with an asterisk are private and are <u>NOT</u> open to the general public   |                            |         |                         |  |  | Thank You   |
|   |                            |         |                         | 1 10:00 am Tai Chi<br>1:00 pm Buyo<br>3:00 pm Ikenobo<br>7:00 pm<br>Meditation                         | 2 8:00 pm<br>Buyo<br><div>Bazaar Prep begins</div> | 3   |
| 4 MONTHLY<br>MEMORIAL &<br>JSBTC DAY SERVICE<br>10:30 am Kid's Sangha<br>11:00 am Service<br>12:30 pm *Dana Mtg   | 5                          | 6       | 7                       | 8  | 9  | 10  |
|   | BAZAAR PREPARATION WEEK    |         |                         |  |  | TBC<br>BAZAAR<br>12:30– 4:30 pm   |
| 11 REGULAR<br>SERVICE<br>11:00 am Rev Imamura<br>Rev Yoshi In<br>Hamilton<br>12:30 am *Sangha Mtg   | 12 10:00 am<br>Sr. Karaoke | 13      | 14<br>7:00 pm<br>Isshin | 15 10:00 am Tai Chi<br>1:00 pm Buyo<br>2:00 pm *Castleview<br>3:00 pm Ikenobo<br>7:00 pm<br>Meditation | 16 8:00 pm<br>Buyo                                 | 17 * 11:00 am-<br>Family Memorial<br>Service<br><br>*4:00 pm Family<br>Memorial Service |
| 18 EITAIKYO SERVICE<br>(Perpetual Memorial) 9:15<br>am *MC Mtng(Mezz)<br>10:30 am Kid's Sangha<br>11:00 am Service<br>12:30 pm *BoD Mntg (Eko)<br>12:30 pm Arbor Alliance<br>Presentation | 19 10:00 am<br>Sr. Karaoke | 20      | 21<br>7:00 pm<br>Isshin | 22 10:00 am Tai<br>Chi<br>1:00 pm Buyo<br>3:00 pm Ikenobo<br>7:00 pm<br>Meditation                     | 23 8:00 pm<br>Buyo                                 | 24<br><br>Service Ottawa  |
| 25 REGULAR SERVICE<br>11:00 am Prof Jeff Wilson<br>Rev Yoshi in Montreal<br>*12:30 pm Dana AGM<br>*12:30 pm Sangha AGM<br>*12:30 pm Shin<br>Fujinkai AGM                                  | 26 10:00 am<br>Sr. Karaoke | 27      | 28<br>7:00 pm<br>Isshin | 29 10:00 am Tai<br>Chi<br>1:00 pm Buyo<br>3:00 pm Ikenobo<br>7:00 pm<br>Meditation                     | 30 8:00 pm<br>Buyo                                 |   |

Morning Services are held on the week days Wednesdays, Thursdays and Fridays from 10:00 am –10:30 am when a minister is available. As emergencies do come up, last minute cancellations may occur.

Thank You



## VOICE OF NAMO AMIDA BUTSU

We believe our loved ones come back in this world from the Pure Land at Obon time. That is why we hold a memorial service for them at that time. However, in Jodo Shinshu Buddhism our sect believes that after our loving people go to the Pure Land, they come back in this world any time as a voice of Naman Dabutsu. So please feel free to say “Naman Dabutsu. Naman Dabutsu” not only at Obon time but also anytime.

Let me introduce you to this one poem.

“I say Naman Dabutsu when I feel happy. I say Naman Dabutsu when I feel nervous. I say Naman Dabutsu when I feel lonely. I say Naman Dabutsu when I feel grumpy. I say Naman Dabutsu anytime. Amida-Buddha is always beside me. The Buddha is watching me just as I am in the moment.” Then we call that Amida-Buddha’s compassion and wisdom.

Most of the time after the funeral services, the family members tell me when they say Naman Dabutsu they feel calm and relief. And they feel the loved one’s compassion, even though they could not see the loved ones physically. So the family members remind me Naman Dabutsu has a huge effect on us even if it is just a word.

I want to share an important point about the words “Naman Dabutsu” which influenced me at a special moment in time.

I came to Canada on April 16<sup>th</sup> in 2016. I really appreciate Buddhist members, because they have helped make me who I am today. If they were not here, I would not be here for Buddhist services. As a Buddhist minister, I’m not only conducting Sunday service at our temple but sometimes doing a service at a hospital or funeral home. It is a difficult time, but also it is a precious moment for family members and myself, because the occasion makes a strong connection with Amida Buddha’s compassion and wisdom. I also take time to meet the family at a funeral consultation and help them with planning arrangements for the funeral service of their loved one. The family who lost their loved ones usually tells me about their loved one’s history, personality and loving memories.

When I listen to their treasured memories, I can tell they shared amazing time together.

The teachings of the Buddha tell us Life is impermanent. When we lose family or friends, it makes our life difficult so much even though we know the teachings tell us our life is constantly changing. But I think that is why we treasure our time with a loving person because life is impermanent. Then we put our hands together and say “Namo Amida Butsu” anytime. As I wrote before, the “Namo Amida Butsu” has a huge effect on me, even if it’s just words.

For example, When I went back home to Japan last fall, I had a special moment. I heard “Okaeri” from my parents. Okaeri means welcome back home in Japanese.

Then I say “Tadaima” to them. That means I’m home. It is a casual exchange of conversation. But when I heard the word, the exchange of conversation made my heart so warm. Because the word of Okaeri tells me my home is here. This realizes that everything is here. I don’t need to worry about anything. This is my home.

I thought the exchange of conversation “Okaeri” and “Tadaima” were taken for granted.

However, I noticed that I have never say Tadaima in Toronto even when I enter my apartment, because no one is there in my room. So you know if no one is there, of course no one says our name and saying Okaeri. That’s especially why the word of Okaeri from my parent made an impression on me.

Continued on Page 5

## VOICE OF NAMO AMIDA BUTSU, *continued*

Today, many people enjoy traveling to other places, even though they have to deal with different languages, manners and rules. Why? You may think because they enjoy the different cultures, foods and arts. That is also true. But I think that is just a part of the reasons. Why do we enjoy travelling? Because we have a place to go back. Again the place where we are able to come back realizes everything is there. We don't need to worry about anything. Some one said Life is a Journey. We usually have to face difficult or tough situations in the journey of our life. But the word "Namo Amida Butsu" is letting us realize that we can rely on the Buddha.

As I said before, if no one says to me "Okaeri", I would not say "Tadaima". If Amida Buddha doesn't call me, then I would not say "Namo Amida Butsu". But I have been saying "Namo Amida Butsu", because Amida Buddha already had told me about the Buddha's compassion and wisdom as a voice of Namo Amida Butsu. I think when we hear the voice of Namu Amida Butsu, the words tell us our loved ones are ready for everything all the time like our home. That is why, the family who lost loved ones tells me when they say "Namu Amida Butsu" the word makes their heart so warm and calm.

We put our hands together to show our appreciation to our loved ones who made us interconnect with Amida Buddha's compassion and wisdom.

Namu Amida Butsu

Rev. Yoshimichi Ouchi

## 2018 JSBTC Day Message from the Office of the Bishop



The first recorded assembly of Japanese Buddhists in Canada took place in Vancouver in 1904. Fourteen Buddhists met to request a minister from Nishi Hongwanji (our mother temple), in Kyoto, Japan. Rev. Senju Sasaki was appointed to be a *Kaikyoshi* (overseas minister) to Canada in 1905. With the minister's arrival, the Buddhists formed the Vancouver Nihon Bukkyo-kai (Japanese Buddhist Association), and our history began.

The Jodo Shinshu Buddhist Temples of Canada celebrated its centennial celebration in 2005. Over the course of this more than a hundred years of history, there have been many changes to our lives and within the organization. Technological advancements have made it so we can fly to virtually anywhere in the world in a very short time. Cell phones and the internet have made our communications more instant. Medical advancements have made our ability to sustain our lives longer and longer and have made them considerably healthier also. Within our school as well, the name of the national organization has been changed from the Buddhist Churches of Canada to the Jodo Shinshu Buddhist Temples of Canada. In the future, there will certainly be other changes within our school.

All in all, in spite of the many changes from when we began, there have been no significant changes in the practice of what we do. The chanting and Nembutsu; saying the Name of Amida Buddha (Namo Amida Butsu), have remained essentially unchanged from the time we first began in Canada 113 years ago, and from Shinran Shonin's era 800 years ago. In particular, with regards to chanting, although we have tried to introduce a few new things over time at many of our temples, the form of the chant has remained remarkably consistent. There is a reason for this.

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### **2018 JSBTC Day Message from the Office of the Bishop, cont'd**

When Shinran Shonin says, “Take refuge in Pure Music”, we realize that chanting brings us as close as it gets. Each person becomes “pure sound”, his or her own sound, like no other. When each voice is true to itself, it chants out loud; without embarrassment, without self-pride, and without calculation. Then each uniquely individual sound adds layer upon layer to the total sound. This is the sound of “oneness”; a tonal representation of our interconnected reliance on and responsibility to each other.

Rev. Masao Kodani, the retired minister of Senshin Buddhist Temple in Los Angeles, California, once said that; like Bon Odori (Obon Dance), the point is to, “just dance”, the trick here is to, “just chant”. When we do our traditional chanting over and over, it is the sound that is important, not the meaning of the sound. In many ways, knowing the meaning behind the sound is a hindrance to it becoming a “pure sound”, because this where our own calculating nature can slip in. Chanting in most Buddhist countries is done in a dead language, or at least, a highly unintelligible one. The sound of Buddhist chanting is remarkably similar, even when the chanting of it is in an unintelligible language. Singing texts in English is more an activity of the objectifying mind rather than a meditative activity of the body.

Before I was assigned to the Vancouver temple, the Japanese service (*Howakai*) on Thursdays included the chanting of Shoshinge in the modern Japanese language form which is called *Shinjin no Uta*. Although I preferred the Shoshinge chanted in *kanbun* (Chinese characters), I dutifully chanted the modern Japanese version for several months. After about a half a year though, the Japanese-speaking members asked me to return to the original chanting style of the Shoshinge as written in Chinese. They said that although the older Chinese style was much more difficult to understand; as chanting, it was much more meaningful to them. It was meaningful because it was allowed to simply exist as “Pure Music”.

One studies the sutras in translation or in its original language for intellectual understanding. One chants the sutras for body understanding. One is theory, the other is practice. Just like a bird, both wings need to flap in balance, to fly. Our ego makes us control freaks; we want to understand things from our own point of view, in our own way, in our own time, and in circumstances under our control. Chanting is learning to join the flow, not control it. In that flow there is nothing to do but to “just appreciate”, to “just enjoy”! I wish to see our Jodo Shinshu Temples continue to be a place of joy and appreciation.

Although we each belong to a temple near where we live, it is very important to recognize that each one of us is a member of the Jodo Shinshu Buddhist Temples of Canada. On this occasion of our Jodo Shinshu Buddhist Temples of Canada Day, may we rediscover our joy by listening to the Dharma and walking the path of the Nembutsu together!

Namo Amida Butsu,

Rev. Tatsuya Aoki

Bishop, Jodo Shinshu Buddhist Temples of Canada

**NEW \* Memorial (Shotsuki) Listing for the Month of November**

Our monthly memorial services (shotsuki) are usually held on the first Sunday of each month (please check our temple calendars to confirm the day of the monthly memorial service) to remember and honour those who have passed away in that month regardless of year.

Usually, mail reminders are sent out to the next of kin but due to changing circumstances we have not always been able to reach families and hope that by publishing the names of those who have passed, we can still reach and remind families and dear friends of the month of their loved ones honouring.

Below is our listing of our members and supporters who have passed away during the month of November All are invited and welcome to attend.

|                                 |                                   |                                    |                                    |
|---------------------------------|-----------------------------------|------------------------------------|------------------------------------|
| <b>ABO</b> , Tazuko             | <b>KANDA</b> , Yoshio George      | <b>MIWA</b> , Tami                 | <b>SAWADA</b> , John Minoru        |
| <b>AZUMA</b> , Kay Kikue        | <b>KASHINO</b> , Tetsuji          | <b>MIYAUCHI</b> , Tsuruko          | <b>SEKO</b> , Hatsuko              |
| <b>BABA</b> , George Seiichi    | <b>KASHINO</b> , Keiko            | <b>MIYAZAKI</b> , Katsumi Joe      | <b>SERA</b> , Toyojiro             |
| <b>EBISUZAKI</b> , Kojiro       | <b>KAWABATA</b> , Bunjiro         | <b>MIYAZAKI</b> , Namiye           | <b>SHIBATA</b> , Magoji            |
| <b>FUJIMOTO</b> , Shigetaro     | <b>KAWABATA</b> , Fumio Ross      | <b>MORISHITA</b> , Matsutaro       | <b>SHIKATANI</b> , Tasajiro        |
| <b>FUJIMOTO</b> , Noboru Nick   | <b>KAWAGUCHI</b> , Stanley        | <b>MURABAYASHI</b> , Lloyd Eikichi | <b>SHIMIZU</b> , Mary              |
| <b>FUKAKUSA</b> , Katsuya       | Mamoru                            | <b>MURAI</b> , Masazo              | <b>SHINYA</b> , Kitayo             |
| <b>FUKAKUSA</b> , Sakae         |                                   | <b>NAGAMATSU</b> , Joan Shimako    | <b>SHISHIDO</b> , Akira            |
| <b>FUKUZAWA</b> , Okujiro       | <b>KAWANO</b> , Katsumi & Matsuyo | <b>NAGAO</b> , Kanezo              | <b>SPRATLEY</b> , Sheila Jane Mary |
| <b>GYOTOKU</b> , Mary Fumie     | <b>KAWASAKI</b> , Allen           | <b>NAGAO</b> , Tadashi             | <b>SUGAMORI</b> , Yae              |
| <b>HAKODA</b> , Yutaka Richard  | <b>KAWASAKI</b> , Shigeo          | <b>NAKAGAWA</b> , Phyllis          | <b>SUZUKI</b> , Osamu              |
| <b>HARADA</b> , Osamu           | <b>KAYAMA</b> , Yotaro            | <b>NAKAGAWA</b> , Shigeo           | <b>TABATA</b> , Denbei             |
| <b>HARADA</b> , Yoshiko         | <b>KIKUTA</b> , Miyako            | <b>NAKAGAWA</b> , Sute             | <b>TABATA</b> , Yoshio             |
| <b>HARUTA</b> , Toshi           | <b>KISHIMOTO</b> , Ko             | <b>NAKAGAWA</b> , Toshie           | <b>TAHARA</b> , Moichi             |
| <b>HASHIMOTO</b> , Koto         | <b>KISHIMOTO</b> , Yuichi         | <b>NAKAGAWA</b> , Ruby Ayako       | <b>TAHATA</b> , Dorothy Toshiko    |
| <b>HASHIMOTO</b> , Naojiro      | <b>KITAMURA</b> , Shinzo          | <b>NAKAMURA</b> , Minoru           | <b>TAKAHASHI</b> , Sae             |
| <b>HAYASHI</b> , Doug           | <b>KIYONAGA</b> , Aki             | <b>NAKAMURA</b> , Yukio            | <b>TAKAHASHI</b> , Shoji           |
| <b>HAYASHI</b> , Mitsuko        | <b>KOBAYASHI</b> , Shige          | <b>NAKATA</b> , Soichi             | <b>TAKASAKI</b> , Wataru           |
| <b>HAYASHI</b> , Yosoya         | <b>KODAMA</b> , Fumiye June       | <b>NAKATSU</b> , Eiichi Ronald     | <b>TAKENAKA</b> , Toni Isamu       |
| <b>HEIKE</b> , Muneharu         | <b>KOHARA</b> , Wakajiro          | <b>NAKATSU</b> , Mitsue            | <b>TAKENO</b> , Peggy Chitose      |
| <b>HIGASHI</b> , Natsuyo        | <b>KONDO</b> , Shizue             | <b>NISHI</b> , Aiko                | <b>TANAKA</b> , Miki               |
| <b>HIRANO</b> , Harue           | <b>KONDO</b> , Alice Ayako        | <b>NISHI</b> , Kazuo               | <b>TANOUE</b> , Kazumi             |
| <b>HIZAKA</b> , Kazukiyo        | <b>KONO</b> , Kosetsu             | <b>NISHIKAWA</b> , Jisaburo        | <b>TATEBE</b> , Yae                |
| <b>HORI</b> , Fusae Ann         | <b>KOYANAGI</b> , Harry Yukio     | <b>NISHIKAWA</b> , Koma            | <b>TERADA</b> , Yoshio             |
| <b>HORI</b> , George            | <b>KOYATA</b> , Betty Setsuko     | <b>NISHIKAWA</b> , Takashi         | <b>TERASHITA</b> , Kiyoshi         |
| <b>IBUKI</b> , Masaji           | <b>KUMABE</b> , Shina             | <b>NISHIMURA</b> , Hatsue Hatty    | <b>TESHIMA</b> , Sashiro           |
| <b>ICHII</b> , Masa             | <b>MASUDA</b> , Ryohei            | <b>NISHINO</b> , Yoshio            | <b>TSUJI</b> , Ichijiro            |
| <b>IIDA</b> , Kii               | <b>MATSUBA</b> , Seiichi          | <b>NODA</b> , Kikuno               | <b>TSUKADA</b> , Roy Iwao          |
| <b>IKEDA</b> , Masao            | <b>MATSUBA</b> , Shizuo Samuel    | <b>NODA</b> , Sumie                | <b>TSUSHIMA</b> , Chuzo            |
| <b>IKEDA</b> , Michiyo          | <b>MATSUBAYASHI</b> , Heijiro     | <b>ODA</b> , Tome                  | <b>UYEDE</b> , Akiko               |
| <b>ISEKI</b> , Mitsugu          | <b>MATSUHARA</b> , Yaku           | <b>OHASHI</b> , Leslie Anne Kiyoko | <b>UYENO</b> , Kinu                |
| <b>ISHII</b> , Mr. Kazuo        | <b>MATSUMOTO</b> , Hidekazu       | <b>OHYAMA</b> , Murae              | <b>UYENO</b> , Shigeko             |
| <b>ISOKI</b> , Shunichi William | <b>MATSUMOTO</b> , Hidezo         | <b>OKAWA</b> , Fumi                | <b>WAKIDA</b> , Iwamatsu           |
| <b>ITO</b> , Denjiro            | <b>MATSUMOTO</b> , Kazuo          | <b>OMORO</b> , Frank Kiyoshi       | <b>WALSH</b> , Teagan Carroll      |
| <b>ITO</b> , Junji George       | <b>MATSUMURA</b> , Fumiko         | <b>OTSU</b> , Mikiko               | <b>YAMASHITA</b> , Mitoru          |
| <b>IZUKAWA</b> , Kumiko Joyce   | <b>MATSUSHITA</b> , Mineko        | <b>OYAMA</b> , George Shigeki      | <b>YONEYAMA</b> , Sumi             |
| <b>KAMADA</b> , Mary Mariko     | <b>MATSUYAMA</b> , Soyo           | <b>OYAMA</b> , Iwao William        | <b>YOSHIDA</b> , Jack Masao        |
| <b>KAMINO</b> , Hana            | <b>MINAKATA</b> , Kiyokusu        | <b>SAMESHIMA</b> , Tomio           |                                    |
| <b>KAMINO</b> , Tamio Tom       | <b>MITSUKI</b> , Kotaro           | <b>SAWADA</b> , Tome               |                                    |

## NEWS FROM THE OFFICE

Due to vacation scheduling, the donation list for this issue of the Guiding Light covers the period August 21, 2018 up to and including donations received as of September 17, 2018.

Third quarter receipts that cover the period July 1, 2018 to September 30, 2018 which would normally be mailed during the first week of October will not be issued until the last week of October or very early in November.

Our apologies for any inconvenience this may cause.

**Toronto Buddhist Church Office**

**PSSST! PSST!** Did you know that Rev. Ouchi's scheduled day off has changed?

It used to be that he had TUESday and WEDnesday off but that has changed. As of September 9, Rally Sunday he is now switching to **Monday and Tuesdays as his days off**. Please keep this in mind when you are trying to make an appointment for consultation, advice or for social, personal invitations.



## THANK YOU

We would like to thank Ron Shimizu for his donation an air condition for Cabin1 and Fred Mack for patching the roof and installing curtain rods at Camp Lumbini.

Thank you for helping make Camp Lumbini a better place to stay.

Michael



**Save the Children**



## We need your Used Postage Stamps!!

Save the Children-Canada collects used postage stamps for resale to dealers and collectors. Money raised by this method of fundraising is used to help provide a better life and a brighter future for children around the world and in Canada.

The JSBTC Women's Federation has been participating in the Used Postage Stamp program since 1992. To date, the WF has provided more than \$2,500 in aid to children in developing countries in the form of livestock, education, medical aid, famine- and disaster-relief.

Save the Children takes *ALL* stamps, foreign and Canadian.

The 2018/2019 Coordinator is Hiroko Yoshikawa ([hi.yosh@telus.net](mailto:hi.yosh@telus.net))



**How to participate...these stamps are sold to stamp collectors by the stamp store so the condition of the stamps is important!!!**

- Please cut with scissors (do not tear!!) and leave a 1/3 to 1/2 inch border around the stamp.
- Stamps with postmarks showing the location and date are worth more so please cut around the post mark. Leave multiple stamps together.
- If you have a postcard with the postmark showing the date and location, please turn in the whole postcard—do not cut it.
- If it does not show the town or city just trim around the stamp.
- Stamps without enough border trim and machine generated business postage are not accepted.

*Accepted.*



*Not Accepted.*



Machine generated postage

bad trimming



## Report from the EBL Committee:

I would like to report on the Eastern Buddhist League Conference hosted by our Temple, Aug 31 to September 2, 2018. This year's theme was "Pursuit of Happiness...The Shin Buddhist Path". Let's start with a few comments emailed to our Temple:

"We enjoyed a wonderful conference over the Labour Day weekend; Great speakers (Rev Ikuta, Rev Miyamura and Dr. Jeff Wilson), delicious and plentiful food, desserts and snacks, warm friendship and wonderful hospitality – couldn't ask for more!"

"It was wonderful to meet new Sangha members and have great discussions.

I found the TED talks for success stories especially interesting as I will share them with our Board members for some inspiration for our own temple."

"Wanted to write to express appreciation and gratitude for an outstanding Conference."

"Thank you to committee members and temple members for a fantastic conference.

I had a wonderful time with warm hospitality and of course, all the great food."

First and foremost a big thank you to the EBL planning committee for their commitment to handling each and every situation with grace, ensuring that the EBL conference ran smoothly and the entire sangha felt welcome. Thank you to this very special team: to Denise, Darlene, Donna N, Donna D, Susan, Rev Yoshi, Dawn and Michael who worked tirelessly and to advisors Larry and Amy – Together we did it!

Next, a huge THANK YOU to all the hardworking wonderful temple volunteers who jumped in to help when ever asked over the long week end. They baked, cooked, set up, were drivers, greeters and ambassadors welcoming delegates to our temple. Smiles were visible, laughter was heard and all was good – Happiness!

Thank you to Rev Yoshi who masterfully hosted all the visiting ministers as well as handling all the religious aspects of the meetings and services. Job well done!

To Rev Grant Ikuta and Dr. Jeff Wilson our deepest gratitude for changing your schedules at the last minute to support and help us. Thank you so much.

The closing banquet was also a success based on smiles, ooohs and aaahs over the delicious dinner prepared by Darlene, Elaine and temple volunteers. Then add manju, butter tarts, squares and a celebration cake plus \$375 to the Share the Wealth prize winner. More Happiness!

The Temple Boutique table was a popular spot to pick up custom made nenju, jewellery, Asian fabric soft goods, and yummy treats and preserves. Sales here totalled an amazing \$1627.00.

Thank you, Thank you, Thank you...June



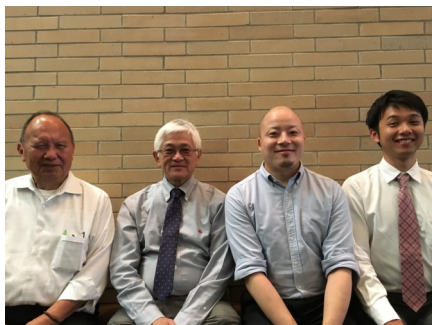


# 2018 EBL



## A MESSAGE OF THANKS FROM REV. YOSHI

EBL (Eastern Buddhist League) Conference 2018 was held at Toronto Buddhist Church. There were three Kaikyoshi Ministers; Rev. Ron Miyamura, Rev. Earl Ikeda and Rev. Nariaki Hayashi. Our temple also invited Rev. Grant Ikuta from Stevestone Buddhist Temple and Dr. Jeff Wilso from Renison University College as guest speakers. Thank you Senseis. I learned so many thing from you about the teachings of the Buddha and how a Kaikyoshi minister is able to establish a better Temple. I also greatly appreciated everything all the volunteers did for the conference. If you were not there, we could not have had such a successful conference. Buddhist members enthusiastically asked me about the teachings of the Buddha in the conference. I hope everyone had a great time in Toronto.



**COME JOIN US AT OUR 6 WEEK BEGINNERS WORKSHOP. STARTS  
WEDNESDAY OCTOBER 17 AND RUNS TILL NOVEMBER 28, 2018.**

6—1.5 HOUR LESSONS OF LEARNING TAIKO. YOU WILL LEARN DRILLS, A SONG, MEET FUN AND INTERESTING PEOPLE; YOU'LL JUST HAVE A GREAT TIME! GO TO OUR WEBSITE [ISSHINDAIKO.CA](http://ISSHINDAIKO.CA) FOR MORE DETAILS AND A LINK TO REGISTER. SPACE IS LIMITED

**DON'T MISS OUT!!**

## *Rally Sunday*

Sunday, September 9, 2018

Rally Sunday was a busy day at the Temple. Groups were busy setting up their displays and Kids Sangha welcomed back the children after the summer break.

Thank you to CCOV Team 3 for setting out light refreshments and for setting up the display boards.

Thank you to everyone for the beautiful Ikebana displays and for the photo and information displays.

We look forward to next year's displays.

### Special Projects



## **OBITUARIES**

*The Toronto Buddhist Church wishes to extend its deepest condolences to the families, relatives and friends of the following individuals who have passed away during the past month.*

*Mrs. Yoshie Miyanishi*

*101 yrs*

*August 16, 2018*

*Mr. Tsutomu Ben Murai*

*86 yrs*

*August 20, 2018*



## **DANA REPORT**

This year the bazaar will be held on Saturday, November 10<sup>th</sup>. We hope that we can count on everyone for your contributions and support.



**2018 BAZAAR WORK SCHEDULE****\*\*schedule listed is tentative and subject to change\*\***

| Date                  | Time          | Task   |
|-----------------------|---------------|--|
| Friday, November 2    |               | Wash azuki beans   |
|                       |               | Wash pots  |
|                       |               | Prepare hakkusai for tsukemono                           |
| Saturday, November 3  | 9.30am        | Make anko  |
|                       |               | Wipe wooden boxes from cooler fridge                     |
|                       |               | Sanitize serving trays                                   |
|                       |               | Soak shiitake  |
| Sunday, November 4    | after service | Put up bazaar banners - main entrance and side fence     |
|                       | after service | Take apart Social Hall stage                             |
| Wednesday, November 7 |               | Prepare ingredients for sushi                            |
|                       |               | Set up for Thursday manju making                         |
|                       |               |  |
|                       | 6.30pm        | Move chairs from Hondo                                   |
|                       |               | Bring tables up to Hondo                                 |
| Thursday, November 8  |               | Manju making   |
|                       |               | Wash 250 lbs. of rice                                    |
|                       |               |  |
|                       | 6.30pm        | Close naijin   |
|                       |               | Set up tables in Hondo, Lobby and Social Hall            |
| Friday, November 9    | 7.00 am       | Make sushi, udon, udon dashi, toppings for udon          |
|                       |               | Cut pork for chow mein                                   |
|                       |               | Cut vegetables for chow mein and tempura                 |
|                       |               | Prepare broccoli and carrots                             |
|                       |               | Prepare shrimp for tempura                               |
|                       |               | Wash rice for inarizushi                                 |
|                       | evening       | make inarizushi  |
|                       |               | Set up tables in Social Hall for food packaging          |
|                       |               | Bring down brown trays for oribako                       |
|                       |               | Wash rice for Saturday's bazaar meals                    |
|                       |               | Rearrange tables in kitchen                              |
|                       |               | Set up kitchen for Saturday - cooking chow mein          |
|                       |               | Ready kitchen for udon, tempura, teishoku dinner         |
|                       |               | Put up Parking signs, mark off areas for BBQ and Tempura |
|                       |               | Wash 2 pots of rice for onigiri                          |
| Saturday, November 10 | 6.00 am       | Make chow mein, udon, tempura                            |
|                       |               | Cut tsukemono  |
|                       |               | Package sushi, chow mein, inari, bento, onigiri          |
|                       |               | Set up tables in dining room                             |
|                       |               | Move oribako goods up to Hondo                           |
|                       | 4.30 pm       | Clean up in Social Hall, Kitchen                         |
|                       |               | Clean up Hondo   |
|                       |               | Clean up Mezzanine                                       |





## CALLING ALL SANGHA KIDS

### October's Theme: GRATITUDE October 7, 2018

- Thanksgiving
- Let's play the Gratitude game
- Get creative making a Thanksgiving craft
- Discuss the food drive



### October 28, 2018

- Halloween
- Participate in our costume parade
- Have fun playing the Trick or Treat Scavenger Hunt



### November's Theme: REMEMBRANCE

### November 4, 2018



- Let's get baking
- Something smells good in the kitchen. We need everyone's help. Come find out what we're baking.

Gassho,

Jessica, Yumi, Abigail, Rachel, Koji, Denise, Les and Naomi

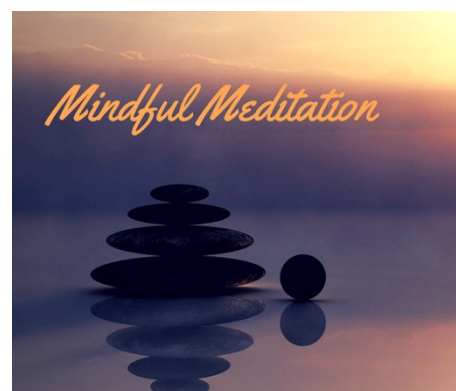
## MINDFUL MEDITATION

Are you suffering from stress? Of course, you are. We are all suffering from different types of stress: stress from school, work, finances, family, health, etc. How we cope with and manage our stress can make the difference between a happy, successful life and an unhappy, unsuccessful one. Mindfulness and meditation have become mainstream in today's world. If you would like to learn more about these practices and how they can lead to a happier, more fulfilling life, come out to one of our meditation sessions. We practise in the main hall or Hondo of the Toronto Buddhist Church, an expansive and beautiful space.

I am Ray Nakano, a meditation facilitator. I was ordained as a member of the Order of Inter-Being in October, 2011, and practised meditation, several years prior to that. The Order was established by Thich Nhat Hanh, a Zen Buddhist monk who was exiled from his native country of Vietnam during the Vietnam war, because he was a peace activist. As an Order of Inter-Being member, it is my goal to bring joy and happiness to others and to reduce their suffering, what we call, being a bodhisattva.

Our meditation sessions are every Thursday evening from 7 to 9 pm.

Please come out and join us! It could make a world of difference in your life!






# ANNUAL BAZAAR




TORONTO BUDDHIST CHURCH

**SATURDAY, NOVEMBER 10, 2018**

1011 Sheppard Ave West, Toronto  
(1 block east of Sheppard West Station)

**12:30pm to 4:30pm**

**THE CROWD PLEASERS**

Udon • Sushi • Chicken Yakitori • Obento  
Chow Mein • Tempura • Dessert Selection

Japanese Food • Baked Goods  
Silent Auction • Lucky Ticket Draw and more!

For more information:  
Please call **416-534-4302** or visit us at [www.tbc.on.ca](http://www.tbc.on.ca)

## TBC Annual Bazaar

**Saturday, November 10, 2018**

Fall is fast approaching and with it the Temple's biggest annual fundraising event.

We need your help!

Donations are needed for sale at the various venues:

Japanese items  
Baked goods and Food items  
Plants  
New items

*(Please note that we are unable to sell used clothing, children's toys and books.)*

If you are able to help during the week before the bazaar, please check the posted work schedule or email [canzai@sympatico.ca](mailto:canzai@sympatico.ca)

Do you have a hobby and interested in selling your items at the bazaar? Half and full tables are available to rent.

We will be able to begin accepting donations from Sunday, November 4, 2018.

**Please contact the TBC office if other arrangements are needed.**

Your support is much appreciated!

TBC Bazaar Committee

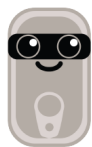
# WANTED



SOUP



MAC &amp; CHEESE



CANNED FISH



BABY FORMULA



PEANUT BUTTER



RICE



DRY PASTA



TOMATO SAUCE



CANNED VEGGIES

## Food Drive runs from Sept 9 - Oct 21

Please bring in non-perishable food donations. For example, dry pasta, canned goods like soup, fruits and veggies, fish, tomato sauce as well as baby formula, rice, peanut butter, mac and cheese.

Please check expiry dates on your donations. We are helping the Daily Bread Food Bank by collecting food to support hungry families, children and individuals who have difficulty making ends meet and can't afford to buy groceries.

*Thank you from Shin Fujinkai*

## THANKSGIVING FOOD DRIVE 2018

As the Thanksgiving weekend approaches and we give thanks, let us be mindful and think of others who are in need. In today's world, **no one should go hungry.**

If you haven't made your food contribution yet, please consider dropping off goods into the yellow donation bin or boxes provided for the collection in the front lobby until October 21.

Let's give back to our community and support the Daily Bread Food Bank.

Most needed items include: - peanut butter, beans, canned tuna, canned soup, stew pasta and pasta sauce, rice, baby food, baby formula and diapers

\*Grocery gift cards will be accepted as donations but will not be tax receipted.

**THANK YOU!**  
**THANK YOU!**

**THANK YOU!**  
**THANK YOU!**

## Exclusive benefits for members of Toronto Buddhist Church

### Arbor Alliances Program

Save on funeral and cemetery expenses for you and your immediate family members with these new special member discounts:

**10%\* savings**  
on final arrangements made in advance

**5% savings**  
on final arrangements at time of death

PLUS! Access to Arbor Memorial's planning tools - FREE!

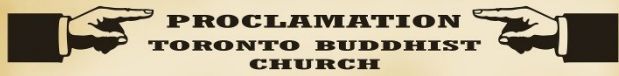
\*Excluding crypts which are offered at a 5% discount if purchased in advance

**Call Susan Easton today at 416-576-5727 for more information & about Funeral & Cemetery arrangements.**



Join us for an  
Information Session.  
**Planning Final  
Arrangements**  
Toronto  
Buddhist Church  
Sunday Nov. 18th  
12:30 pm





PROCLAMATION  
TORONTO BUDDHIST  
CHURCH

# WANTED

## BAKED GOODS & PIES



# REWARD

## KANSHA

TORONTO BUDDHIST CHURCH BAZAAR  
SATURDAY, NOVEMBER 10, 2018

### PET APPRECIATION

Please note the date change for our Pet Appreciation service which was originally scheduled for October 21 and has been moved to October 28 to include Kid's Sangha at 10:30am and again at 11am.

We show our gratitude to our beloved pets and all animals at this memorial service. We are happy to display a photo of your pet if you wish to participate and remember your pet.



### The LDC's Virtual Book Club

We introduce our next title: *Forgiveness: A Gift from My Grandparents* by Mark Sakamoto

This is a beautiful and well written true story of Mark Sakamoto's grandparents, their survival and forgiveness in dealing with the darkest of times throughout human history when the most unthinkable horrors were being unleashed upon the world: one Canadian Japanese family stripped of their home, livelihood and dignity and one Canadian boy who suffered intensely cruel and depraved hardships at the hands of the Japanese as a POW.

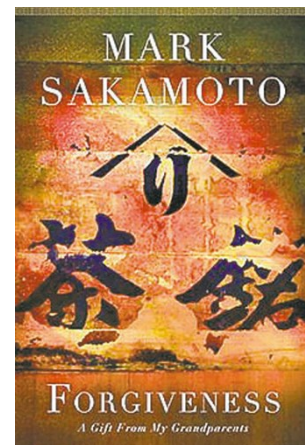
Through delusion, greed and anger the horrors of WWII brought grief and hardship to a huge part of the human race, but as this book so beautifully illustrates and as the Buddha taught, you do not cure hate and anger by returning hate and anger, but by love.....and forgiveness.

Although the LDC has chosen previous works by Jodo Shinshu scholars as books to read and discuss, this is a departure whereby it explores some of the everyday human aspect of life and conflict and we will apply the Buddha's Teachings to analyze and view this book and ultimately help us view our own lives through the Teachings.

Discussions are now open on this book and there is still time to join in to read and respond to the thoughts and views of all.

Forgiveness is available at Chapters/Indigo, Amazon and In ebook format for Kindle and tablets. Watch for further details on the Living Dharma Centre's Facebook site, our national website (bcc.ca) and in your local temple's newsletter or website or Facebook group. If you are new to the Virtual Book Club and interested in joining us you can send an email to Barb at:

bm.livingdharmacentre@gmail.com





Saturday December 8th, 2018  
Show time: 12:00 noon  
at TBC Social Hall

**T B C Senior karaoke club**  
**シニアカラオケクラブ年末パーティー**  
**Year end party 2018**

Admission \$15:00  
**EVERY ONE WELCOME !!**  
*includes: Enka Songs  
Buyo Minyo Odori  
Games Free BINGO  
Door Prizes  
50/50 Raffle  
Oishii bento*

for tickets please phone :  
Jessica Nakamura (416) 733-1894  
Setsuko Lambeau (416) 225-4747

Your generous donations are greatly appreciated  
Door prizes / Bingo prizes / Donations

**TBC SENIOR KARAOKE CLUB**

十二月八日(土) 正午開始  
TBCシニアカラオケクラブ  
年末パーティー開催日時

### NEW ITEMS FOR THE SILENT AUCTION

The Temple is depending on your generosity and hoping that you will consider donating new items for our bazaar silent auction. Sports paraphernalia or tickets, restaurant gift certificates, theater tickets, electronics, etc.

Members are willing to pick up your donation. Call the office at 416 534 4302 to make arrangement

### HELP RAISE FUNDS FOR THE TEMPLE'S FUTURE



### 2018 Ontario Volunteer Service Award

Our Temple is fortunate to have a young minister and a hard-working office staff. But, we often forget that many tasks and functions at the Temple are looked after by our volunteers. The OVSA is one of the highest honours we can bestow and gives us a chance to say "thank you".

Five names were submitted to the Ontario government and the nominees were honoured at a government ceremony in June.

On Sunday, October 21, we will be honouring our 2018 OVSA recipients.

This year's worthy recipients are:

|                 |          |
|-----------------|----------|
| Susan Ebisuzaki | 5 years  |
| Cary Kataoka    | 5 years  |
| Fred Kotani     | 5 years  |
| Toivo Knude     | 5 years  |
| Dianne Ishida   | 10 years |

Following the morning service, there will be a light luncheon served in the Social Hall.



### SILENT AUCTION ITEMS

