



# *Guiding Light*

DECEMBER 2018



## **TORONTO BUDDHIST CHURCH** *a Jodo Shinshu Temple*

1011 Sheppard Ave West  
Toronto, Ontario, Canada, M3H 2T7  
(416) 534-4302    [www.tbc.on.ca](http://www.tbc.on.ca)

# DECEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Events marked with an asterisk * are PRIVATE and not open to the general public Thank You !						
						1
<b>2 SHOTSUKI MONTHLY MEMORIAL SERVICE SANGHA PANCAKE SUNDAY</b> 9:30 am Bazaar Wrap up Mtg 10:30 am Kid's Sangha 11:00 am Service 12:30 pm *Dana Mtg (Eko)	<b>3</b> 10:00 am Sr. Karaoke	<b>4</b>	<b>5</b> 7:00 pm Taiko	<b>6</b> 1:00 pm Buyo 7:00 Meditation	<b>7</b> 7:30 pm Buyo	<b>8</b> 12:00 pm *Sr. Karaoke Club Year End Party
<b>9 REGULAR SERVICE</b> 9:15 am Management Committee Mtg (Mezz) 11:00 am Service 11:00 am Service, Hamilton 12:30 pm *Sangha Mtg 12:30 pm * Bod Mtg (Eko) 5:00 pm * Family Memorial	<b>10</b> 10:00 am Sr. Karaoke	<b>11</b>	<b>12</b> 7:00 pm Taiko	<b>13</b> 1:00 pm Buyo 2:00 pm *Momiji Service 4:00 pm *Yee Hong Service 7:00 Meditation	<b>14</b> 7:30 pm Buyo	<b>15</b> <div>Rev. Ouchi away in Calgary 14th-16th</div>
<b>16 JODOYE BODHI DAY SERVICE</b> 10:30 am Kid's Sangha 11:00 am Service	<b>17</b>	<b>18</b>	<b>19</b> 10:30 am * Momiji Group 7:00 pm Taiko	<b>20</b> 2:00 pm *Castleview 7:00 Meditation	<b>21</b> 7:30 pm Buyo	<b>22</b> 4:00 pm *Buyo Group Year End Party
<b>23 SERVICE</b> 11:00 am Service	<b>24</b> <div>OFFICE CLOSED 事務所は お休みです Emergency Contacts: Rev. Ouchi 647-704-8481 Larry Wakisaka 416-606-7745</div>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28 Mochi Tsuki Prep</b> 7:30 pm Buyo	<b>29 9:00 am MOCHI TSUKI</b> <div>OFFICE CLOSED</div>
<b>30 Service</b> 11:00 am Service	<b>31</b> 11:00 am Year End Day Service (Joyae) 11:30 pm Bell Ringing <div>OFFICE CLOSED</div>	<div>*****</div> <div>From all of us ... to all of you</div> <div>*****</div> <div>Wishing you a safe, happy and memorable holiday season !!</div> <div>*****</div>				

**Morning Chanting** is held on Wednesdays, Thursdays and Fridays from 10:00 am –10:30 am *when a minister is available*. As emergencies do come up, last minute cancellations may occur.

Thank You

# JANUARY 2019

Events marked with an asterisk \* are PRIVATE and not open to the general public Thank You

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 11:00 am New Year's Day Service (E) 1:00 pm new Year's Day Service (J)  <div>OFFICE CLOSED</div>	<b>2</b>	<b>3</b>  1:00 pm Buyo	<b>4</b>  7:30 pm Buyo	<b>5</b>
<b>6 MONTHLY MEMORIAL SRVC</b> 10:30 am Kid's Sangha 11:00 am Service 12:30 pm *Dana Mtg	<b>7</b> 10:00 am Sr. Karaoke	<b>8</b>	<b>9</b> 7:00 pm Taiko	<b>10</b> 10:00 am Tai Chi 1:00 pm Buyo 2:00 pm *Momiji Service 4:00 pm *Yee Hong Service 7:00 pm Meditation	<b>11</b>  7:30 pm Buyo	<b>12</b> 11:30 am *Family Service
<b>13 REGULAR SERVICE</b> 9:15 am Management Committee Mtg (Mezz) 11:00 am Service 12:30 pm *BoD Mtg (Eko) 12:30 pm *Sangha Mtg (LDC)	<b>14</b> 10:00 am Sr. Karaoke	<b>15</b>	<b>16</b> 7:00 pm Taiko	<b>17</b> 10:00 am Tai Chi 1:00 pm Buyo 2:00pm *Castlevew  7:00 pm Meditation	<b>18</b>  7:30 pm Buyo	<b>19</b> 5 pm Hoonko Vegetarian Potluck Dinner 6:30 pm Hoonko Eve Service
<b>20 HOONKO SVC</b> 10:30 am Kid's Sangha 11:00 am Service 1:00 pm *TBC Annual General Meeting	<b>21</b> 10:00 am Sr. Karaoke	<b>22</b>	<b>23</b> 7:00 pm Taiko	<b>24</b> 10:00 am Tai Chi 1:00 pm Buyo  7:00 pm Meditation	<b>25</b>  7:30 pm Buyo	<b>26</b>
<b>27 REGULAR SERVICE</b> 11:00 am Service 12:30 pm New Year's Social (Shinnenkai)	<b>28</b> 10:00 am Sr. Karaoke	<b>29</b>	<b>30</b>  7:00 pm Taiko	<b>31</b> 10:00 am Tai Chi 1:00 pm Buyo 7:00 pm Meditation		

**Morning Chanting** are held on the weekdays on Wednesdays, Thursdays and Fridays from 10:00am–10:30 am when a minister is available. As emergencies do come up, last minute cancellations may occur.

Thank You

## It's OK to Cry



Last month I spoke through the internet with my friend who is also a Buddhist minister. We met while studying at Nishi Hongwanji, our mother temple in Kyoto.

He is a few years older than me and he has a daughter. When we talked about his daughter, he told me that she learned to ride a bicycle without training wheels. He held her up the first time she got up on the bike. Not long after, she was able to balance herself on her bicycle. She said “Dad, I don’t need your help anymore. So please just watch me!”

He still worried about her, but he just watched her as he was told. Not long after, his worry became real, as he watched her fall off the bicycle. He ran to her and tried to comfort her as he saw angry red bruises on her knees. But she said nothing and went home alone. My friend was so surprised because his daughter did not cry. But when he got home he was surprised to see her bawling in front of her mother in the kitchen.

My friend thought about what happened. He said that his daughter probably wanted to cry when she fell down and hurt herself, but she refused to cry in front of her father. However as soon as she saw her mother, she immediately burst into tears. So her mother’s presence gave her relief and the peace of mind to express her true feelings.

This conversation reminded me of a story from Amitayurdhyana Sutra. There was a lady in India whose name was Vaidehī. She suffered so much throughout her life but she kept it all within herself. But when she encountered Shakyamuni Buddha’s compassion, she experienced the great comfort of Buddha’s presence and wept openly for the very first time.

I think that we experience the same thing in our own lives. For example, when I do a funeral service, I meet with the family of the deceased to plan the service. At that time the family usually show me a solemn but friendly face and they say they are fine even though we must talk about a difficult and sad situation. When I see them for the first time, I think that the family members have strong hearts and they have accepted the truths of life. But when it comes time for the funeral service and I ask them to put their hands together I see many with tears in their eyes.

The way we live today, it is not easy to find a place to let our emotions out and to just cry. We don’t want to show any weakness. So we smile and say “I’m ok”. I don’t mean to say that it is wrong to smile in a bad situation. I do say that it is often hard to be comfortable enough to be honest about our feelings. But when we do Gassho and hear the voice of “Namo Amida Butsu”, we can find the comfort we need by relying on Buddha’s compassion and wisdom.

Therefore, when I put my hands together front of Amida Buddha, I hear the voice of Namo Amida Butsu from my mouth, and the voice gives great comfort to everyone of us.

In Gassho

Rev. Yoshi

### **Memorial (Shotsuki) Listing for the Month of January**

Our monthly memorial services (shotsuki) are usually held on the first Sunday of each month (please check our temple calendars to confirm the day of the monthly memorial service) to remember and honour those who have passed away in that month

regardless of year.

Usually, mail reminders are sent out to the next of kin but due to changing circumstances we have not always been able to reach families and hope that by publishing the names of those who have passed, we can still reach and remind families and dear friends of the month of their loved ones honouring.

Below is our listing of our members and supporters who have passed away during the month of January . All are invited and welcome to attend.

AKAYE, Jeanne Ayako	KUBOTA, Saenosuke	OKAWA, Kiyoshi
BABA, Hatsu	KUMAGAI, Sutezo	OKUDA, Hiroshi
BANDO, Toshio	KUMAMOTO, Hisano	OMORI, Tamako
CARROLL, John	KUSANO, Tokiyoshi Fred	ONO, Sadano
DMYTRYSHYN, Nicholas	MACLACHLAN, Marjorie Ethel	OTANI, Saichi
DOI, Hajime	MAIKAWA, Misao	OTSU, Tsune
EBATA, Chiyoko	MATSUBAYASHI, Kanayo	SAKAI, Iwakazu
EBATA, Genya	MATSUMOTO, Tatsuyo Jean	SAKATA, Shizue
EDAMURA, Toki	MATSUMOTO, Akira Sam	SATO, Hikotaro
FUJIMOTO, Shuzo George	MIIKE, Uhei	SATO, Roland Atsumu
FUJIMOTO, Teruko	MIYAMOTO, Kazuko	SATO, Hikotaro
FURUYA, Yaeko	MORI, Kenzo	SEKIYA, Matsue
HAMA, Fujie	MORI, Kanichi George	SHIBATA, Hatsu
HAMADE, Matsunosuke	MORI, Kisa	SHIBATA, Suteya
HAMASAKI, Ichitaro	MORI, Maw Massme	SHIKATANI, Masajiro
HAMILTON, Doreen	MORI, Isao	SHIMANO, Kiyoko
HAYASHI, Sumi	MORIMOTO, Isae	SHIMIZU, Hayley Elizabeth
HIGASHI, Gene Yoshiteru	MORISHITA, Nao	Hisaye
HIRAI, Hatsuye	MURABAYASHI, Masa	SHIMIZU, Kichiji
HIRAMORI, Yukiko	MURAKAMI, Toshio	SUGIMAN, Iwazo
HUANG, Mei Lin	MURATA, Magoji	TAKAHASHI, Deanna Takako
ICHIKAWA, Jiro	MUROMOTO, Miyoko	TAKAHASHI, Koichi
IKEDA, Carole Mia Allison	NAGANO, Kiyono	TAKAHASHI, Mika
INOUE, Hideharu Harry	NAKAGAWA, Connie Kane	TAKASAKI, Masaru
ISEKI, Yoshiko	NAKAGAWA, Kumakichi	TAKATA, Chiyoko
ISHII, Kanaye Bessie	NAKAGAWA, Nobu	TAKEMURA, Sozo
ITO, Tsutau Lefty	NAKAGAWA, Masajiro	TAKEMURA, Takeo
		TANAKA, Satsuki Sally

Continued on page 6

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### Memorial (Shotsuki) Listing for the Month of January ,cont'd

ITO, Tayoko	NAKAGAWA, Kanako	TANAKA, Yoshie
IZUKAWA, Sakuhei	NAKAHARA, Aiko	TEHARA, John Shiro
KAGETSU, Eikichi	NAKAHARA-MACLACHLAN, Phillip	TOJI, Shuken
KAMINO, Tsuneo Roy	NAKAMURA, Mikio	TSUJI, Rose
KAMINO, Robert Yasuo	NAKAMURA, Shigeo Fred	TSUKADA, Haruye
KARATSU, Rennie Akira	NAKAMURA, Tome	UCHIMARU, Kesaguma
KATSURA, Mosaburo	NAKAMURA, Yukiye Rose	URA, Ine
KATSURA, Toshiko	NAKATA, Akira Victor	USAMI, Fumiko
KAWAHARA, Kazumi	NAKATSU, Tsuruyo	UYESUGI, Tamotsu Tom
KAWAHARA, Sumano	NATSUHARA, Mie Nora	WAKABAYASHI, Hideo
KAWASAKI, Mohachi	NEKODA, Ann Tsuyako	WAKABAYASHI, Tadato
KAWASAKI, Uta	NISHIHATA, Kishi	WAKISAKA, Yasujiro
KISHIMOTO, Yoshiko	NISHIKAWA, Kimi	WANI, Fred Mitsunori
KITAGAWA, Susumu	NISHIMURA, Robert Toji	WARNER, Roger Harley
KITAMURA, Shotaro	NISHIMURA, Eiko	WATANABE, Misao
KIYONAGA, Hide	NISHIZEKI, Hisakazu	WATANABE, Ronald Satoru
KOBAYAKAWA, Hisa	ODA, Kikue	YAMAMOTO, Tamotsu
KODAMA, George	ODA, Kiyozo	YAMASAKI, Tsutomu
KOJIMA, Jiro	OGINO, Sumiye	YAMASHITA, Yori
KONDO, Take	OGURA, Tomie	YAMASHITA, Yoshitaro
KONO, Misayo	OHASHI, Robert Seizo	YAMAUCHI, Yasu
KOYANAGI, Kazue	OHASHI, Tamio	YASUDA, Yukimori
KOZAI, Tomisaburo	OKASHIMO, Kamezo	YOSHIDA, Bruce Yuji

### **NOVEMBER SHOTSUKI WITH GUEST SPEAKER PATTI NAKAI OF BUDDHIST TEMPLE CHICAGO**





## Toronto Buddhist Church 2018 Annual Bazaar

The annual bazaar was held on Saturday November 10th and we welcomed the day with gusty winds, some snow and colder temperatures. But inside the temple, as in past years, the hustle and bustle of getting ready kept everyone warm and focused on the tasks at hand. When the doors opened to the public at 12:30 p.m. the initial crush of people was overwhelming but it soon became a steady stream of customers.

Special thanks to the many individuals and businesses for their generous donations to the bazaar. The Bazaar Committee wishes to convey our heartfelt appreciation to all the participating service groups – Kids Sangha; Youth; Dana; Sangha and Shin Fujinkai as well as family members and friends who were helping out both during the week leading up to the bazaar, the day of as well as the clean up after.

In gassho,

TBC Bazaar Committee



## Planning Final Arrangements - An Information Session

On Sunday November 18<sup>th</sup>, the TBC Education Committee hosted an information Session on Planning Final Arrangements with Susan Easton, a Family Services Director, certified in planning final arrangements for the Arbor Alliance.

About 20 people attended this valuable seminar where Susan Easton discussed the benefits of preplanning final arrangements due to the constantly increasing costs of cemetery plots or niches and the services of a funeral home. Susan provided a listing of all the Arbor Alliance funeral homes and cemeteries where members of Toronto Buddhist Church and their families can receive discounts for both preplanned and at need services.



Susan answered many questions and provided us with helpful pamphlets as well as suggesting more resource information for anyone needing advice and aid in preplanning.

Thank you to Susan and all who attended!

For more information, please contact Susan Easton of Arbor Alliance at 416-493-9580.



Dinner with Socho, Debra Campbell Hayashi (JSBTC Secretary), Hongwanji Visitors Rev. Noriaki Kitabatake (Temple Affairs Int'l Dept), Sara Izawa (General Affairs, Legal Dept. ) and TBC representatives Rev. Yoshi, Larry, Amy, Pamela, Dianne and Joanne

### THANK YOU TO THOSE WHO DONATED TO JSBTC DAY!

On behalf of our temple we thank you for donating to the Jodo Shinshu Buddhist Temples of Canada (JSBTC) which is our national organization on JSBTC Day. The JSBTC provides for the office of the Bishop of Canada, many national programs for all our temples and for the further education, health and supplemental retirement income of all our ministers. We also thank you for remembering and honouring all the previous pioneers of our faith in Canada who dedicated their efforts to spread the Buddha Dharma in Canada.

Your continued support of our national organization is greatly appreciated.

### DANA NEWS

#### BAZAAR THANK YOU

Thank you to everyone who helped out during the prep week and to those who worked hard on Bazaar day. Your contributions, especially to the 100 bentos sold at the bazaar and the hard work are very much appreciated by the Bazaar Committee.



**Save the Children**



### *We need your Used Postage Stamps!!*

Save the Children-Canada collects used postage stamps for resale to dealers and collectors. Money raised by this method of fundraising is used to help provide a better life and a brighter future for children around the world and in Canada.

The JSBTC Women's Federation has been participating in the Used Postage Stamp program since 1992. To date, the WF has provided more than \$2,500 in aid to children in developing countries in the form of livestock, education, medical aid, famine- and disaster-relief.

Save the Children takes *ALL* stamps, foreign and Canadian.

The 2018/2019 Coordinator is Hiroko Yoshihara ([hi.yoshi@telus.net](mailto:hi.yoshi@telus.net))



**How to participate...these stamps are sold to stamp collectors by the stamp store so the condition of the stamps is important!!!**

- Please cut with scissors (do not tear!!) and leave a 1/3 to 1/2 inch border around the stamp.
- Stamps with postmarks showing the location and date are worth more so please cut around the post mark. Leave multiple stamps together.
- If you have a postcard with the postmark showing the date and location, please turn in the whole postcard—do not cut it.
- If it does not show the town or city just trim around the stamp.
- Stamps without enough border trim and machine generated business postage are not accepted.

*Accepted.*



*Not Accepted.*



Machine generated postage

bad trimming



## 2018 – 2019 Holiday Schedule

**\*\*Please note for the Holiday Season and mark your calendar\*\***

Monday December 24, 2018	<b>CLOSED</b>	
Tuesday December 25, 2018	<b>CLOSED</b>	
Wednesday December 26, 2018	<b>CLOSED</b>	
Thursday December 27, 2018	<b>OPEN</b>	
Friday December 28, 2018	<b>OPEN</b>	
Saturday December 29, 2018	<b>CLOSED</b>	
Sunday December 30, 2018	<b>11:00 am</b>	<b>Regular Service</b>
Monday, December 31, 2018	<b>11:00 am</b>	<b>Year End Service (Joya-e)</b>
	<b>11:30 pm</b>	<b>Bell Ringing Service at TBC (office closed all day)</b>
Tuesday January 1, 2019	<b>11:00 am</b>	<b>New Year's Day Service (English)</b>
	<b>1:00 pm</b>	<b>New Year's Day Service (Japanese)</b>
Sunday January 6, 2019	<b>10:30 am</b>	<b>Kids Sangha Service</b>
	<b>11:00 am</b>	<b>Shotsuki Memorial Service (Bilingual Service)</b>



## NEW YEARS GREETINGS 2019



In the next issue, January 6, 2019, the Guiding Light will be inserting a special "HAPPY NEW YEAR" page.

If you would like your name included in the special New Year's greeting page, please complete the form below and submit it with your donation to the Temple office by **December 26, 2018**.

**Please print my/our name(s) under 'New Year Greetings' in the upcoming January 2019 issue of the GUIDING LIGHT.**

**NAME(S):** \_\_\_\_\_

\_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**GREETING:** \_\_\_\_\_

**(N.B. Phone requests will NOT be accepted.)**

## CALLING ALL SANGHA KIDS



### DECEMBER'S THEME: "BODHI DAY"

DECEMBER 16, 2018 – GINGERBREAD HOUSES . LET'S GET CREATIVE USING JUJUBES, LICORICE, PEPPERMINTS, COLOURFUL SMARTIES AND OTHER CANDIES TO DECORATE GINGERBREAD HOUSES.



### JANUARY'S THEME: " HAPPY NEW YEAR "

JANUARY 6, 2019 –LET'S JOIN RAY NAKANO FOR ANOTHER RELAXING AND MINDFUL MEDITATION WORKSHOP.



KEIROKAI IS JUST AROUND THE CORNER. LET'S START TO MAKE PLANS FOR THAT SPECIAL DAY WHERE WE HONOUR OUR SENIOR MEMBERS AT THE TEMPLE.

JANUARY 20, 2019 – LET'S GET BUSY IN THE KITCHEN.



WHAT ARE WE MAKING? IT'S A SURPRISE!

IN THE TRADITION OF JAPANESE JODO SHINSHU BUDDHISM, LET'S OBSERVE "HOONKO", A MEMORIAL FOR OUR FOUNDER SHINRAN SHONIN.

CONTINUE MAKING OUR PLANS FOR KEIROKAI.

IT'S AN EXCITING MONTH AT KIDS SANGHA. PLEASE JOIN US. EVERYONE IS WELCOME.

WITH GRATITUDE,

ABAGAIL, RACHEL, KOJI, YUMI, JESSICA, DENISE, LES AND NAOMI

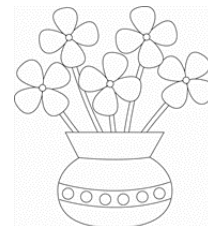
**Volunteers Needed**  
**to Arrange the Naijin/Altar Flowers**  
**No Experience Necessary (Training Provided)**

**Requirements**

Available at least six Friday afternoons a year for 1.5-2 hours between 12:00pm-5:00pm  
 (We can arrange after work hours if you are only available after 5:00pm)

**Job Description**

Remove last weeks' flowers from a large vase and two small vases  
 Wash vases  
 Arrange new flowers in the vases



Please contact **Pamela Yoshida** at 416-534-4302 or [tbc@tbc.on.ca](mailto:tbc@tbc.on.ca) if you are interested in volunteering.

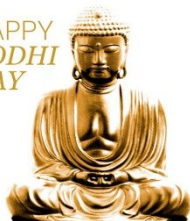
**Bodhi Day (Jodo-e) Service**  
**Sunday, December 16<sup>th</sup> at**  
**11:00am**

Bodhi Day (Jodo – e) is the service at which we celebrate Shakyamuni Buddha's attainment of Enlightenment. This is a time to celebrate the beginnings of Buddhism as we know it today.

The attainment of Enlightenment was achieved after Prince Siddhartha of the Shakya clan sought to find the truth of life, leaving his material comfort of the regal life. He subjected himself to extreme physical discomfort in the ascetic practice, almost to the point of death but rejected this method as Shakyamuni found that a clear mind was not possible without a healthy body. After this realization he found a Middle Path of practice and meditation which lead to his ultimate Enlightenment. In our Jodo Shinshu Buddhist tradition, this is one of our more important services.

Please come to this service to show our collective gratitude and to remind ourselves of our Buddha-nature.

HAPPY  
BODHI  
DAY



**TBC Senior Karaoke Club**

**Starts 12:00 noon**  
**At TBC social hall**  
**December 8<sup>th</sup>,**  
**2018**

**EVERYONE WELCOME !!**  
**Admission \$15.00 includes:**  
**Entertainment**  
**Enka songs**  
**Buyo Minyo odori**  
**Horini the Great Magician**  
**Oishii obento**  
**Good times and more**

For ticket and information please  
 call:  
 Jessica Nakamura (416) 733-1894  
 Setsuko Lambeau (416) 225-4747

**TBC Senior Karaoke Club**

## NOTICE OF ANNUAL GENERAL MEETING OF THE MEMBERS OF TORONTO BUDDHIST CHURCH

Date: Sunday, January 20, 2019  
 Time: 1:00 pm following the morning service and a light lunch  
 Place: Temple Social Hall

The Board of Directors of Toronto Buddhist Church wishes to notify all members of the Annual General Meeting of Members which will be held at the time, date and place set out above, and cordially invites all members to attend and vote on the matters raised at the Meeting. The following matters will be raised at the Meeting:

1. Approval of the Minutes of the Annual General Meeting held on Sunday, January 21, 2018;
2. Presentation of Financial Statements of the Temple for the year ended October 31, 2018.
3. Consideration and approval of the Budget for the year ending October 31, 2019;
4. Election of President and Director;
5. Election of Directors;

Such other business as may properly come before the Meeting.

A second Notice of the Meeting with further details will be posted in the Guiding Light for January, 2019. Please note that while attendance at the Meeting is open to all friends of the Temple, **only members of the Temple will receive a package of reports and will be entitled to speak and vote on any matters coming before the meeting.** A member of the Temple is

(a) one who has been designated by the Temple as an honorary member, or (b) an individual whose written application for membership has been accepted and who has paid his or her membership fee for 2018.

### Year End and New Year's Day Services

#### Joya-E, Monday December 31st at 11:00AM at TBC

This is an opportunity to observe the end of the year by giving thanks for all that we have received and reflect upon our actions of the past year. We also resolve to renew our efforts to follow the Buddhist Path for the next year by being mindful and grateful for the Teachings and the many causes and conditions which surround us.

**Year End Bell Ringing Service** – Monday December 31st at 11:30PM at TBC—This is our Year End Temple Bell Ringing service. Please note that we are holding the bell ringing at our church and NOT at Ontario Place due to safety concerns. Everyone present will have an opportunity to strike our temple kansho bell to ring in the New Year.

**New Year's Day Services** – Tuesday January 1st at 11:00am and 1:00pm (Japanese) at TBC—These two services are offered to celebrate the New Year. Is there a more wonderful way to rededicate ourselves to be more aware of the Buddha's Teachings than to attend the first service of the New Year?

There will be two services (11:00am and 1:00pm) where we have the opportunity to hear and embrace the Teachings as if it was our first time. Services will be offered in English and Japanese.

### NEWS FROM THE OFFICE

Season's Greetings from the Toronto Buddhist Church Office Staff.

For the past five years, since changing over to our current donation receipting programme, we have issued receipts on a quarterly basis. However, due to the ever-increasing cost of paper, envelopes and postage; we will, in **2019**, begin issuing receipts semi-annually or twice a year. This means that you will receive a receipt for any donations made January to June, in early July 2019 and in early January, 2020 for donations made July to December, 2019.

We would also like to take this opportunity to remind everyone that cheques must be made out to **TORONTO BUDDHIST CHURCH**. Please note that TBC or T.B.C is **not** acceptable by the bank. If you would like your donation to be directed to one of the church groups or funds, please indicate this information in the memo line of your cheque...ie: Dana, Sangha, Altar Flower Fund, etc.

We would like to thank everyone for their co-operation and understanding in these matters.

We wish you and your family a **Happy Holiday Season!**

**Toronto Buddhist Church Office**



## Year End Bell Ringing Service at Toronto Buddhist Church

**Dec. 31<sup>st</sup> 2018 at 11:30pm**

**In the Worship Hall (Hondo)**

In Japan, it is a Buddhist tradition to ring the temple bell 108 times at or around midnight on New Year's Eve. Why 108 times? The 108 represent the number of blind passions that we humans suffer from which prevent us from realizing the joy of the Buddha Dharma and enlightenment.

Mathematically this is from:  **$6 \times 3 \times 2 \times 3 = 108$**

**6** = The Buddhist number of senses: (sight, sound, taste, touch, smell and the unconscious of the unenlightened mind)

**3** = The states of experience (pleasant, unpleasant or neither pleasant or unpleasant/neutral)

**2** = The dimensions of attachment (attached or unattached)

**3** = The time frame (past, present or the future)

By ringing the bell 108 times, we symbolically acknowledge these 108 passions and bring ourselves into a greater awareness so that we can start the New Year with a more conscious mind of the Buddha's workings in our lives.

Please come to our Bell Ringing Service at the Toronto Buddhist Church to help strike our temple bell (Kansho) 108 times. **We welcome all ages and families!** We are gathering for service at 11:30pm followed by the invitation to take a turn to strike our temple bell at midnight.

**PLEASE NOTE THE BELL RINGING IS AT TORONTO BUDDHIST CHURCH**

**NOT AT ONTARIO PLACE THIS YEAR**



## Founder's Memorial (Ho-Onko) Weekend

**January 19 & 20<sup>th</sup>, 2019**

Ho-Onko or Founder's Memorial is one of the most important occasions observed in the Jodo Shinshu Buddhist tradition where we observe and honour the memorial of the passing of our founder Shinran Shonin.

We celebrate throughout the weekend of January 19<sup>th</sup> and 20<sup>th</sup>.

**On Saturday January 19<sup>th</sup>** we have a vegetarian potluck dinner in which everyone brings a vegetarian dish to share. Please come for 4:30pm so we have time to set up your contribution for dinner at 5:00pm, followed by a special Ho-Onko Eve Service at 6:30pm.

**On Sunday January 20<sup>th</sup> at 11:00am** we have the regular Ho-Onko or Founder's Memorial Service. Shinran was a rebel monk in the sense that he brought the Dharma (Buddha's Teachings) out of the monastery to the common people during a time of great political turmoil, social unrest and violence. He introduced Buddhism to everyone regardless of class or intellect as a way for all to attain peace and happiness. Please join us in honouring our Founder and his struggle to deliver Buddha's Teachings to all of us.

## ZEN MEDITATION AND MINDFULNESS

**WHEN: Every Thursday Evening -7:00 -9:00 pm**

**WHERE: Toronto Buddhist Church—Hondo**

**The 2 hour session will include:**

- ◇ **Guided Sitting Meditation**
- ◇ **Silent Walking Meditation**
- ◇ **Silent Sitting Meditation**
- ◇ **Dharma Talk**

Please arrive at least 15 minutes early in order to allow time for "settling in" so the session can begin promptly at 7:00 pm

If have any questions please contact the Temple at 416-534-4302 or you can email Denise Crofton at [dcrofton@rogers.com](mailto:dcrofton@rogers.com)

**NOTE: LAST CLASS BEFORE HOLIDAYS IS DECEMBER 20TH. WE WILL RESUME CLASSES JANUARY 10, 2019**

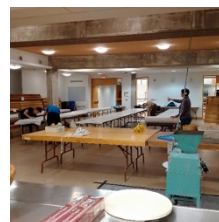
# *IT'S THE MOST WONDERFUL TIME OF THE YEAR*

## *– MOCHI TSUKI 2018*

Please join us on Saturday December 29<sup>th</sup> at 9am for our annual TBC Sangha **Mochi Tsuki** – all volunteers are welcome!

It has been a Toronto Buddhist Church tradition for many years to gather at our Temple just before New Year's with our families and friends and make Mochi. To those of you who have generously volunteered your time in the past, I hope you will be able to assist us again. For those of you who have not previously attended Mochi Tsuki, I invite you to take part and hope that you will consider making this event a part of your annual calendar of events.

On Friday December 28<sup>th</sup> in the afternoon, volunteers will be working hard to wash rice, prepare lunch and set up the Social Hall for Mochi Tsuki the following day.



On Saturday December 29<sup>th</sup>, bright and early at 9am, we will start Mochi Tsuki. Steamed rice will be pounded into a uniform consistency and then formed into patties to be cooled and packaged.



All volunteers will be provided a delicious lunch (vegan menu will be available)!

In order to reserve your mochi, please submit your completed order by Friday December 21<sup>st</sup>. Remember, you must pick up your mochi on Saturday December 29<sup>th</sup> after 12pm.

In Gassho, Cary Kataoka. President, TBC Sangha Group

## **TBC Sangha Mochi Tsuki**

**Pick Up (No Pick Ups Before Noon), Saturday, December 29, 2018**

**Sale Hours 12:00 - 3:30 pm**

**To ensure availability, please place order with the Temple No later than December 21 2018**

**Phone (416) 534-4302 Fax (416) 534-0575 E-Mail: [tbc@tbc.on.ca](mailto:tbc@tbc.on.ca) or with Sangha Executives**

**Osonae (Okagami) \$ 4.50 / Set Komochi \$ 4.00 / Bag Anko Mochi \$ 6.00 / Box  
(\*\*\*Quantities are Limited\*\*\*)**

**Cut and Send the Form on Next Page:**

**Toronto Buddhist Church**

**1011 Sheppard Ave. W., Toronto, ON M3H 2T7**

**2018 Mochi Order****Please send no later than December 21, 2018**

<b>Name:</b>				<b>Phone/ Email:</b>			
<b>Address:</b>							
( )	<b>Bag(s) Komochi</b>	<b>@\$4.00/ea</b>	<b>\$</b>	.			
( )	<b>Set(s) Osonae</b>	<b>@\$4.50/ea</b>	<b>\$</b>	.			
( )	<b>Anko Mochi</b>	<b>@\$6.00/ea</b>	<b>\$</b>	.			
			<b>Total:</b>	<b>\$</b>	.		
<b>Signed:</b>				<b>Date:</b>			

**2019 TBC New Year's Social**

The 2019 New Year's Social will be  
held on

**Sunday, January 27, 2019**

**following the morning service**

Bring your favourite dish to share at  
the Potluck Luncheon

followed by bingo and door prize  
draws.

Donations for door prizes appreciated



*Live the Nembutsu*  
Vivemos no interior do Nembutsu  
お念仏に生かされて

*Bring your heart to San Francisco!*  
**August 30 — September 1, 2019**  
San Francisco Marriott Marquis Hotel  
[www.wbwconvention.org](http://www.wbwconvention.org)

**16th World Buddhist Women's Convention • San Francisco, California, USA**

**TORONTO BUDDHIST CHURCH**  
**HAMILTON BUDDHIST TEMPLE, MONTREAL BUDDHIST CHURCH, OTTAWA FELLOWSHIP**  
**2019 SCHEDULE**

<b><u>JANUARY</u></b>	1	New Year's Day Service
	6	Monthly Memorial Service
	13	Regular Service <i><u>Hamilton Buddhist Temple: Hoonko Service</u></i>
	19	Vegetarian Pot Luck Dinner & Hoonko Eve Service
	20	Hoonko Founder's Memorial Service TBC Annual General Meeting
	27	Regular Service New Year's Social (Shinenkai) <i><u>Montreal Buddhist Church Hoonko Service</u></i>
<b><u>FEBRUARY</u></b>	3	Monthly Memorial Service & BOD Installation
	10	Regular Service <i><u>Hamilton Buddhist Temple: Nirvana Day Service</u></i>
	17	Nirvana Day Service (Nehan-e) & Sangha Day
	24	Regular Service
<b><u>MARCH</u></b>	3	Monthly Memorial Service
	10	Regular Service <i><u>Hamilton Buddhist Temple: Spring Higan Service</u></i>
	17	Spring Equinox Service (Higan-e) & Keirokai
	24	Regular Service
	30	<i><u>Ottawa Fellowship: Spring Higan &amp; Hanamatsuri Service</u></i>
	31	Regular Service <i><u>Montreal Buddhist Church: Spring Higan Service &amp; Hanamatsuri</u></i>
<b><u>APRIL</u></b>	7	Monthly Memorial Service
	14	Eshinni Day; Wife of Shinran Shonin Service <i><u>Manitoba Buddhist Temple: Hanamatsuri Service</u></i> <i><u>Hamilton Buddhist Temple: Hanamatsuri Service</u></i>
	21	Hanamatsuri Service <i>Please note that scheduled events are subject to change</i>
	25-27	JSBTC Ministerial Association, BOD, LDC meetings and AGM in Vancouver
	28	Regular Service <i><u>Vancouver Buddhist Temple: 115<sup>th</sup> Anniversary Service</u></i>
<b><u>MAY</u></b>	5	Monthly Memorial Service
	12	Parents' Day Service <i><u>Hamilton Buddhist Temple: Gotan-e Service</u></i>
	19	Goutan-e & Infant Presentation (Shosan shiki) Service
	26	Regular Service

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**TORONTO BUDDHIST CHURCH**  
**HAMILTON BUDDHIST TEMPLE, MONTREAL BUDDHIST CHURCH, OTTAWA FELLOWSHIP**  
**2019 SCHEDULE**

<b><u>JUNE</u></b>	2	Monthly Memorial Service & TBC Dana Scholarship Presentation
	9	Picnic Open Air Service
	16	Regular Service <i><u>Hamilton Buddhist Temple: Regular Service</u></i>
	23	Regular Service
	29	<i><u>Ottawa Fellowship: Obon Service</u></i>
	30	Regular Service <i><u>Montreal Buddhist Church: Obon Service</u></i>

<b><u>JULY</u></b>	7	Monthly Memorial Service
	13	Obon Cemeteries Services Obon Service & Bon Odori Dance at JCCC
	14	Obon Services
	20	<i><u>Steveston Buddhist Temple Bon Odori Dance</u></i>
	21	Summer Services beginning <i><u>Hamilton Buddhist Temple: Obon Service</u></i> <i><u>Steveston Buddhist Temple: Obon Service</u></i>
	28	Summer Service

<b><u>AUGUST</u></b>	4	Monthly Memorial Service
	11	Summer Service
	18	Summer Service
	25	Summer Service
	30-Sep 1	<i><u>WBWC 2019 (San Francisco)</u></i> <i>Please note that scheduled events are subject to change</i>

<b><u>SEPTEMBER</u></b>	1	Summer Service
	8	Monthly Memorial Service and Rally Sunday
	15	Fall Equinox “Higan-e” Service
	22	Regular Service <i><u>Hamilton Buddhist Temple: Fall Higan Service</u></i>
	28	<i><u>Ottawa Buddhist Temple: Fall Higan Service</u></i>
	29	Regular Service <i><u>Montreal Buddhist Church: Fall Higan Service</u></i>

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**TORONTO BUDDHIST CHURCH**  
**HAMILTON BUDDHIST TEMPLE, MONTREAL BUDDHIST CHURCH, OTTAWA FELLOWSHIP**  
**2019 SCHEDULE**

**OCTOBER**

6	Monthly Memorial & JSBTC Day Service
11- 13	<a href="#"><u>2019 EBL in MINNEAPOLIS/ST. PAUL MINNESOTA</u></a>
13	Regular Service
20	Pet Appreciation Service
27	Regular Service

**NOVEMBER**

3	Monthly Memorial Service
10	Regular Service <i><u>Hamilton Buddhist Temple: Regular Service</u></i>
17	Eitaikyo Service
23	<i><u>Ottawa Buddhist Temple: Eitaikyo Service</u></i>
24	Regular Service <i><u>Montreal Buddhist Temple: Eitaikyo Service</u></i>

**DECEMBER**

1	Monthly Memorial Service
8	Regular Service <i><u>Hamilton Buddhist Temple: Bodhi Day Service</u></i>
15	Bodhi Day Service
22	Regular Service
29	Regular Service
31	Year-End Day Service Year-End bell ringing at TBC <a href="#"><u>Please note that scheduled events are subject to change.</u></a>