



Guiding Light

November 2019



TORONTO BUDDHIST CHURCH *a Jodo Shinshu Temple*

1011 Sheppard Ave West
Toronto, Ontario, Canada, M3H 2T7
(416) 534-4302 www.tbc.on.ca

NOVEMBER 2019

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|-------------------------------|---------|----------------------------|--|---------------------------|--|
| *Events marked with an asterisk are private and are <u>NOT</u> open to the general public | | | | | | Thank You |
| | | | | | 1 7:30 pm Buyo | 2 |
| | | | | | BAZAAR PREP | |
| 3 MONTHLY MEMORIAL SRV & JSBTC Day 10:30 am Kids Sangha 11:00 am Service 12:30 pm *Dana Mtg 12:30 pm *Shin Fujinkai Mtg | 4 | 5 | 6 | 7 | 8 | 9 TBC BAZAAR 12:30– 4:30 pm |
| BAZAAR PREPARATIONS | | | | | | |
| 10 REGULAR SERVICE 11:00 am Service 3:30 pm Hamilton Srv | 11 10:00 am Sr. Karaoke | 12 | 13 7:00pm Isshin | 14 10:00 am Tai Chi 1:00 pm Buyo 2:00 pm * Momiji 3:00 pm Ikenobo 4:00 pm *Yee Hong 7:00 pm Meditation | 15 7:30 pm Buyo | 16 |
| 17 EITAIKYO SRV (Perpetual Memorial) 10:30 am Kids Sangha 11:00 am Service | 18 10:00 am Sr. Karaoke | 19 | 20 7:00pm Isshin | 21 10:00 am Tai Chi 1:00pm Buyo 2:00 pm *Castlevie 3:00 pm Ikenobo 7:00 pm Meditation | 22 7:30 pm Buyo | 23 9:00 am *Temple Event Ottawa Srv Bishop Aoki's east Cda visit 23rd/24th |
| 24 REGULAR SERVICE 9:30 am *MC Mtg 11:00 am Service 12:30 pm * Board of Directors Mtg Montreal Service | 25 10:00 am Sr. Karaoke | 26 | 27 7:00pm Isshin | 28 10:00 am Tai Chi 1:00 pm Buyo 3:00 pm Ikenobo 7:00 pm Meditation | 29 7:30 pm Buyo | 30 12:30pm Ikenobo /JGC Workshop |

DECEMBER 2019

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|-------------------------------------|------------------------------------|--|---|---------------------------|---|
| Events marked with an asterisk are PRIVATE and not open to the general public Thank You ! | | | | | | |
| 1 SHOTSUKI MONTHLY MEMORIAL SERVICE SANGHA PANCAKE SUNDAY 10:30 am Kid's Sangha 11:00 am English Service 12:30 pm Dana Mtg (Eko) | 2 | 3 | 4 7:00 pm Taiko | 5 10:00 am Tai Chi 1:00 pm Buyo 7:00 pm Meditation | 6 7:30 pm Buyo | 7 |
| 8 REGULAR SERVICE 11:00 am Service Service in Hamilton 12:30 pm Dana AGM(Mezz) Sangha AGM (Eko) Shin Fujinkai (LDC) | 9 10:00 am Sr. Karaoke | 10 | 11 7:00 pm Taiko | 12 10:00 am Tai Chi 1:00 pm Buyo 2 pm *Momiji Service 4:00 pm *Yee Hong Service 7:00 pm Meditation | 13 7:30 pm Buyo | 14 |
| 15 JODOYE BODHI DAY SERVICE 10:30 am Kids Sangha 11:00 am Service | 16 10:00 am Sr. Karaoke | 17 | 18 10:30 am Momiji Comm Mtg 7:00 pm Taiko | 19 10:00 am Tai Chi 1:00 pm Buyo 7:00 pm Meditation | 20 7:30 pm Buyo | 21 3:00 pm *Buyo Group Year End Party |
| 22 REGULAR SERVICE 9:30 am MC Mtg (Mezz) 11:00 am Service 12:30 pm BoD Mtg (Eko) | 23 | 24 | 25 | 26 | 27 | 28 TBC Sangha Mochi Tsuki |
| TEMPLE AND OFFICE CLOSED | | | | | | |
| 29 "NO" SERVICE <div>TEMPLE AND OFFICE CLOSED</div> | 30 <div>OFFICE OPEN</div> | 31 11:00 pm Bell Ringing | 1 JANUARY <div>OFFICE CLOSED</div> | | | |
| During the days the OFFICE is closed, if there is an emergency, please contact one of the following people Paul Aoki 647-535-7890 Dawn Anzai 416-593-5857 Dianne Ishida 416-473-8150 Pamela Yoshida 416-879-9599 Phone messages will be checked daily at regular intervals when the Temple and/or office is closed. Thank You | | | | | | |

Memorial (Shotsuki) Listing for the Month of December

Our monthly memorial services (shotsuki) are usually held on the first Sunday of each month (please check our temple calendars to confirm the day of the monthly memorial service) to remember and honour those who have passed away in that month regardless of year.

Usually, mail reminders are sent out to the next of kin but due to changing circumstances we have not always been able to reach families and hope that by publishing the names of those who have passed, we can still reach and remind families and dear friends of the month of their loved ones honouring.

Below is our listing of our members and supporters who have passed away during the month of December. All are invited and welcome to attend.

| | | | |
|-----------------------------------|----------------------------------|-----------------------------------|----------------------------------|
| ABE , Jihei | KITAURA , Wae | NAKAMURA , Mike Mitsuo | SUYAMA , Mr. Kunio |
| AMEMORI , Sueko Deborah | KITAZAKI , Kazuo | NAKATA , Baby | SUYAMA , Yoshihiro |
| ARASAKI , Toyoko | KOBAYASHI , Kogiku | NAKATSU , Tokutaro | SUZUKI , Minako |
| ASA , Kaname Frank | KOMATSU , Koshiro | NAKAUCHI , Chiyoko | TABA , Kunio Harry |
| BEAUCHESNE , Janet Toshiye | KONDO , Shohei | NIKAIDO , Frank Hideo | TAGUCHI , Emiko |
| DOI , Manabu | KONDO , Yonekichi | NISHIDA , Kazuye Kay | TAHARA , Tami |
| DOUCETTE , Nina Judith | KONDO , Larry Soichi | NISHIKAWA , Iyo | TAKAOKA , Rinko |
| EBATA , Toshiaki | KOYANAGI , Fujiko | NISHIMOTO , Hideo | TAKASAKI , Shizu |
| EBISUZAKI , Yaeko | KUDO , Nobuko | NISHIMURA , Miya | TAMAKI , Mr. Alfred Kenji |
| FUCHIHARA , Wayne Makoto | KUMAMOTO , Masayu | NISHIMURA , Shizu | TANAKA , Kiyoshi |
| FUJINO , Sakiichi | KUROKAWA , Ai | NOGUCHI , Yoshio Jack | TANAKA , Kenneth Kenji |
| FUJINO , Bill Chiyokichi | MAEMURA , Masanori | OHARA , Peggy | TANAKA , Sawako |
| FUJITA , Kano | MASUKAWA , Bessie Yoriko | OHASHI , Minokichi | TANIISHI , Ross Kiyoshi |
| GOTO , Kazuye | MATSUI , Hiroyuki | OHASHI , Sumi | TATEISHI , Keizo |
| HASHIMOTO , Kito | MATSUMOTO-SUN , Jiali | OHASHI , Tsuyoko | TERASHITA , Shizue |
| HASHIZUME , Waki | MATSUSHIGE , Minoru Jimmy | OHASHI , Vic Haruo | TSUCHIDA , Shizuka |
| HATANAKA , Masaye | MAYEDE , Fujio | OHKANE , Kazuo Kenny | TSUJI , Nobuichi |
| HATANAKA , Yoshio | MIIKE , Fumiko Alice | OHATA , Yoshio | TSURUOKA , Misuye Jane |
| HATANAKA , Jean Misae | MITSUKI , Fumie | OIKAWA , Tadao | TSUYUKI , Tama |
| HAYASHI , Frances Akiyo | MIWA , Heishiro | OIKAWA , Helen Kikue | UCHIMARU , Yoshi |
| HAYASHIDA , Bob Hideo | MIYANISHI , Toshi | OKADA , Takanori | URABE , Yoshikazu Fred |
| HORIKAWA , Tomeno | MIYASAKI , Roy Saburo | OKASHIMO , Hisayo | UYEDA , Fusae |
| IKARI , Minoru Dick | MIYASHITA , Kiyoji | OKAYASU , Shirota | UYEDA , Sami |
| IKEBATA , Gloria Michiko | MIYAUCHI , Tameji | OKIMURA , Fred Y | UYEDA , Takeo |
| IKEDA , Tamae | MIZUYABU , Tsunejiro | OKUMA , Sensuke | UYENO , Mohachi |
| IMAOKA , Hanaye | MIZUYABU , Yukiharu | OMOTO , Kenji | WAKABAYASHI , Chutaro |
| INOUE , Jokichi | MORI , Kanzo | OMOTO , Shika | WAKABAYASHI , Yoshitaka |
| IRIZAWA , Ayako | MORI , Masa | OMOTO , Ume | WAKIDA , Aki |
| IRIZAWA , Yoshizo | MORI , Toshio | OTANI , Tatsuko | WAKIDA , Kichinosuke |
| ISOKI , Hanaye | MORI , Satoko | SAITO , Ken Kanao | WAKISAKA , Sumiko |
| ITO , Hide | MUKAI , Hiromi Peter | SAKURA , Shizue | WATANABE , Masachi |
| IWASHITA , Tomi Kikue | MURATA , Mrs. Kiyoko | SAWADA , Miyoko Antoinette | YAMANAKA , Tokutaro |
| IWATA , Mr. Fred | NAGANO , Rikimatsu | SEKO , Shigetaro | YAMASHITA , Joe |
| KARATSU , Naoichi | NAITO , Kazuichi | SHIKATANI , Kikuko | YOKOTA , Saizo |
| KARIYA , Tafuru | NAKAGAWA , Kazuo | SHIMIZU , Minosuke | YONEMURA , Chiye |
| KATSURA , Shigeo Bud | NAKAI , Hiroshi | SHIOZAKI , Masae | YOSHIDA , Mitsuo |
| KAWABATA , Tsugiye | NAKAI , Shogo | SHIRAKAWA , Raiichi | YOSHIDA , Akiko Elsie |
| KIMURA , Masuitsu | NAKAMURA , Ryotaro | SUEFUJI , Yataro | |
| KITAMURA , Genichi | NAKAMURA , Tomio | | |

Nagarjuna & Ageing

Today, I would like to talk about two things, first Nagarjuna, and second, Nagarjuna and ageing.

Quoting from verses 13 to 15 of Shoshinge:

“Sakyamuni Tathagata, on Mount Lanka,
Prophesied to the multitudes that in southern India
The Mahasattva Nagarjuna would appear in this world
To crush the views of being and non-being;

Proclaiming the unexcelled Mahayana teaching,
He would attain the stage of joy and be born in the Land of Happiness.
Nagarjuna clarifies the hardship on the overland path of difficult practice,
And leads us to entrust to the pleasure of the waterways of Easy Practice,

He teaches that the moment one thinks on Amida’s Primal Vow,
One is naturally brought to enter the stage of the definitely settled;
Solely saying the Tathagata’s name constantly,
One should respond to the universal Vow of great compassion.”



It is taught that Nagarjuna lived in the 2nd to 3rd century AD. Our founder Shinran Shonin chose Nagarjuna as the first of the seven Patriarchs of Jodo Shinshu Buddhism. Why did he do that? And who was Nagarjuna?

It is taught that Nagarjuna lived somewhere in the era 150 to 250 AD. Quoting from “The Three Pure Land sutras” by Isao Inagaki: “Nagarjuna was of the Brahmin caste by birth. His biographies compiled in China and Tibet are full of mysterious anecdotes. According to one, when young he learnt some magic. With his three friends, he used it to become invisible, so that they could enter the royal palace unseen and made love to some court ladies. When suspicion of the invisible intruders arose, the king ordered the guards to close all the gates and cut the air every-where with swords. Thus his three friends were killed, but Nagarjuna escaped unhurt. This incident prompted him to renounce the world.” End of quote.

In his early years he had already become well versed in the four-Vedas and mastered other learning. Later he converted to Buddhism. Having received the precepts of a monk, he first learned Hinayana teachings. Later he entered the Himalayas, where he studied Mahayana scriptures. Travelling throughout the country, he further studied other forms of Buddhism and also non-Buddhist philosophical thought. Under the royal patronage of the Satavahana dynasty in southern India, he was engaged in propagating Mahayana. It is said that the kings built for him a cave monastery on the Black-bee Hill, where he spent his last years.

So why is he our first JS patriarch? After he renounced the world after his youthful indiscretions, he became a monk and composed and taught as a Mahayana Pure Land Master. Nagarjuna composed a treatise called “Commentary on the Ten Bodhisattva stages. The ninth chapter is titled “The Chapter on Easy practice” Nagarjuna here encourages us to recite the Name of Amida Buddha as the way to attain the stage of non – retrogression. This was radical then in the 2nd to 3rd century contrary to the traditional ways of Buddhism.

He was of course attacked by his critics but persevered as a devotee as well as an exponent of Pure Land Buddhism. In his letter to a king of the Satavahana dynasty, entitled “Suhridlekha” (Letter to a Friend), Nagarjuna exhorted the King to rid himself of evil passions and seek to become a protector of the world with endless life, like Amitayus of the Pure land. Nagarjuna encourages us to recite the Name of Amida Buddha as the way to attain the stage of non-retrogression. Nagarjuna also composed “Junirai” in which he praises the beauty and sacredness of the Pure Land which manifests the virtues of Amida Buddha and expresses the desire to be born in the Pure land. The spirit to praise and revere is repeated twelve times, thus the verse is known as the Twelve Adorations. .

Verse 9 is particularly beautiful:

“All things are transient and without self
Like the moon on water, lightning, shadow, or dew
“The Dharma cannot be expressed by words’, the Buddha proclaimed
Thus I prostrate myself before Amida Buddha.

Continued on page 6

Nagarjuna & Ageing, continued

So, what do we learn from Nagarjuna as we, this Sangha move into old age? Remember the question that Professor Susie Andrews posed to us last summer: How do we live a life worth living? I would like to tackle that question by examining the process of ageing which affects us all, young and the more mature among us. Ageing is a natural phenomenon, we will all age, that is the universal truth of impermanence which is a fundamental of all Buddhism. Remember the words from verse 9 of Junirai:

“ All things are transient and without self
Like the moon, lightning, shadow, or dew

Our bodies will weaken, our minds will slow, this will happen to all of us. As a Dharma friend once observed ‘Old Age is a privilege granted to a fortunate few. “ However, there are some benefits to ageing. Some say we may acquire wisdom. Some say we may acquire calmness of mind. Some say we are able to open our minds to the Dharma. Some say we are able to recognise our imperfections more honestly now then when we were younger and our egos got in the way. Some say we are more likely to experience that one thought moment of joy that we have come to call shinjin. When that one thought moment of joy arises in us, then we are one with Nargarjuna , then we as a Sangha gently put our hands together in gassho and together say:

Namo Amida Butsu, Namu Amida Butsu, Namu **Amida Butsu**

Dennis Madokoro

How our actions and words affect others...

In Russia, at the last FIFA World Cup, the Japanese players and fans made news around the world. Did they win the World Cup? Unfortunately, no. They made the news because they were cleaning up the change room and stadium after they lost their match. Some people may think it wasn't a big thing but people admired the Japanese who were showing their appreciation and respect by cleaning up after themselves and others.



This year, the Canadian rugby team was in Japan for the Rugby World Cup but had their last game cancelled due to Typhoon Hagibis and did not advance at the Rugby World Cup. Even though they were disappointed, they were out there helping the community of Kamaishi clear mud and debris from the streets and homes.

The Dana Ladies recently celebrated their 60th anniversary. I have always admired the Dana ladies and Sangha men for all they have done - not only for Toronto Buddhist Church, but for the JCCC and Momiji Seniors Centre. I still don't know how temple members - both ladies and men - worked all day and then came to the temple to prepare for special events. They are now in their 80's and 90's and yet they continue to help as much as they can. Their actions fully earn our respect. Each year we submit nominations for Ontario Volunteer Service Awards. At the government presentation, other OVSA recipients are surprised that we have "super-volunteers" receiving awards for 50 plus years.

Consider present day times. We often talk about the "missing generation". We lead such busy and stressful days. We live further away from the Temple. Our weekends are spent catching up on things we don't accomplish during the week. Perhaps our spouse may practise a different religion or no religion at all. Whatever the reason, most religions all face decreasing memberships. New ideas and changes need to be made in order for our Temple to continue on. Issues at the Temple are more complex nowadays with security, liability concerns and government legislation. There is often misinformation, misunderstanding and miscommunication that keeps us frustrated. When we get to the "bumps in the road", we have to stop and think how our actions affect others.

Next year is our 75th anniversary. It's a wonderful opportunity to get together and celebrate!

Dawn Anzai

President, Toronto Buddhist Church

CO-ORDINATING COMMITTEE OF VOLUNTEERS (CCOV)

APPRECIATION LUNCHEON, SEPTEMBER 29, 2019

In appreciation for all the work that the CCOV teams performed during the year, an appreciation luncheon was held as a thank you to all its members. The CCOV was formed to distribute the special occasions celebrated by the Temple amongst 5 teams so more people are involved and the work does not fall on just a few members. The CCOV has reduced the number of times a member is required to volunteer to once or twice a year. It is a great way to spend time with family and friends while helping the Temple

The CCOV is always looking for volunteers to add to teams. If you are interested in being part of one of the teams please contact Darlene at darlene.rieger28@gmail.com or Dawn Anzai at president@tbc.on.ca



THANK YOU FOR YOUR SUPPORT AND GENEROSITY

Shin Fujinkai would like to extend a BIG THANK YOU to all the Temple members who purchased onigiri, inari and spam musubi at our second Rice Sale. It was another sold out success, but this time we did not have to turn anyone away.

A HUGE THANK YOU also goes out to all the Shin Fujinkai members who helped in our September and October Sale. It would not have been a success without your help.

Shin Fujinkai was able to donate to the Temple's maintenance fund \$927.00. We will be discussing at our next meeting if we will hold a sale in the spring.

Thank you again to everyone!



NOTICE TO GUIDING LIGHT SUBSCRIBERS

We must advise you that there will not be a Busshin (Japanese) version of the Guiding Light for the next few months. We apologize for any inconvenience this may cause our Japanese readers. We hope that we will be able to resume providing the Busshin again soon.

Guiding Light Staff

NOTICE FROM THE RELIGIOUS COMMITTEE

****SERVICE ON DECEMBER 29,
2019 HAS BEEN CANCELLED****
PLEASE MARK YOUR CALENDAR

Reverend Mitsuda visited from Japan

A special workshop was held at our temple on Saturday, October 5, 2019 when Rev. Nobuya Mitsuda, a Liturgy Specialist from Nishi Hongwanji (our mother temple) came to visit.

A specialist on chanting and rituals he provided a public workshop on the use and parts of the Obutsudan and taught participants how to chant "Ojoraisan", the Liturgy for Birth.

Shan-Tao, One of Seven Jodo Shinshu Patriarchs, collected passages from various Sutras and teachings which he arranged into six sections and recited those sections six times a day. He hoped this form of daily devotion would encourage people to aspire for rebirth in the

Pure Land. Today, it is performed on special occasions.

Those who attended the service on Sunday October 6, were privileged to be in a temple filled with the resonance of Rev. Mitsuda's voice as he chanted the melodic Ojoraisan.



Eitaikyo or Perpetual Memorial Service

Sunday, November 17, 2019

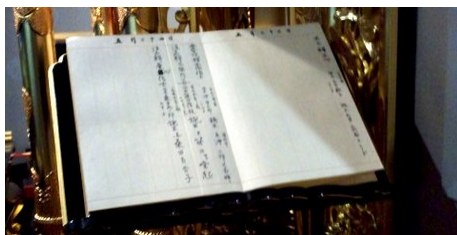
The Eitaikyo tradition was started by our founding minister, Rev. K. Tsuji and is followed by most Jodo Shinshu temples. Eitaikyo evolved from the early Buddhist idea of accumulation of virtues by Buddhist followers directed towards loved ones or themselves by providing offerings (building Stupas or offering services) for the maintenance of their temple. Eitaikyo began during the Edo Period (1603-1868) as Buddhism spread from China into Japan.

Eitaikyo comes from "eитай-dokkyo" which literally means, "Perpetually chanting Buddhist sutras." We have changed from the idea of virtue accumulation to the spirit of dedication of and appreciation for those who have come before us. Eitaikyo gives us a connection to our past and shows us we are all interconnected and not alone. This link between past and present can be viewed as "we would not be who we are, without the compassion and support of our family and friends." Our family and friends' dedication to our temple and their devotion to Jodo Shinshu Buddhism allow us to "perpetually" share and propagate the Teachings of the Buddha in the present and into the future.

We all lead busy lives. Eitaikyo gives people, who may live far away or who don't attend temple services regularly, a chance to honour their loved ones once a year in November. The Eitaikyo book lists those honoured as founders of Toronto Buddhist Church for their devotion and support to our temple. An Eitaikyo fund is not a general operating fund but it was set up to help our temple in times of emergency.

Your participation and contribution will help keep the temple and the Dharma alive "perpetually" for future generations.

Please join us for the annual special Eitaikyo or Perpetual Memorial Service at 11am on November 17th.



CALLING ALL SANGHA KIDS

November's Theme: "mindfulness"

Sunday November 3rd, 2019 – a gratitude scavenger hunt

Sunday November 17, 2019 – create a mindfulness jar



December's Theme: continuing the theme "mindfulness"

Sunday December 1, 2019 – a meditation workshop with Ray

Sunday December 15, 2019 – celebrating the holiday season, let's make gingerbread houses.



Please come out and join us on these days.

Everyone is welcome.

We look forward to seeing you.

With Gratitude,

Jessica, Yumi, Abigail, Rachel, Koji, Denise, Les and Naomi

PET APPRECIATION

OCTOBER 20, 2019 WITH JAMES MARTIN SENSEI



OBITUARIES

The Toronto Buddhist Church wishes to extend its deepest condolences to the families, relatives and friends of the following individuals who have passed away during October .

| | | |
|--------------------|---------|------------------|
| Mrs. Tamaki Yokota | 87 yrs | October 3, 2019 |
| Mrs. Hisa Okihiro | 103 yrs | October 5, 2019 |
| Mr. Roy Iwao Kondo | 87 yrs | October 18, 2019 |

In Gassho

Toronto Buddhist Church



NOTICE TO MEMBERS

Due to the continued rising costs to maintain the Temple we find it necessary to increase membership from the current \$130.00 to \$135.00. The increase will be effective with the 2020 Membership.

We hope you will continue to support the Temple.



NEWS FROM THE OFFICE

For the past five years, since changing over to our current donation receipting programme, we have issued receipts on a quarterly basis. However, due to the ever-increasing cost of paper, envelopes and postage; we will, in 2019 begin issuing receipts semi-annually or twice a year. Therefore, you will receive a receipt for any donations made January to June, in early July 2019 and in early January, 2020 for donations made July to December, 2019.

We would also like to take this opportunity to remind everyone that cheques **MUST** be made out to **TORONTO BUDDHIST CHURCH**. Please note that **TBC or T.B.C IS NOT ACCEPTABLE OR CASHABLE BY THE BANK**. If you would like your donation to be directed to one of the church groups or funds, please indicate this information in the memo line of your cheque...ie: Dana, Sangha, Altar Flower Fund, etc.

We would like to thank everyone for their co-operation and understanding in these matters.

Toronto Buddhist Church Office.

THANK YOU FOR YOUR DONATIONS TO CAMP LUMBINI

Thank you to Wayne Morimoto for his donation of a stove and Sharon Hattori and family for their donation of kitchen supplies.

Your contributions to the camp will make our members stay more enjoyable.



2019 BAZAAR WORK SCHEDULE****schedule listed is tentative and subject to change****

| Date | Time | Task |
|-----------------------|---------------|--|
| | | Wash pots |
| Friday, November 1 | 9:00am | Wash azuki beans |
| | | Prepare hakkusai for tsukemono |
| Saturday, November 2 | 9.30am | Make anko |
| | | Wipe wooden boxes in cooler fridge |
| | | Sanitize serving trays |
| Sunday, November 3 | after service | Put up bazaar banners - main entrance and side fence |
| | after service | Take apart Social Hall stage |
| Wednesday, November 6 | | Prepare ingredients for sushi: |
| | | Soak shiitake and kampyo |
| | | Make oboro |
| | | Set up for Thursday manju making |
| | | Move chairs from Hondo |
| | | Bring tables up to Hondo |
| Thursday, November 7 | | Manju making |
| | | Wash 250 lbs. of rice |
| | 6.30pm | Close naijin |
| | | Set up tables in Hondo, Lobby and Social Hall |
| | | Bring down brown trays for oribako |
| Friday, November 8 | 7.00 am | Make sushi, udon, udon dashi, toppings for udon |
| | | Cut pork for chow mein |
| | | Cut vegetables for chow mein and tempura |
| | | Prepare broccoli and carrots |
| | | Prepare shrimp for tempura |
| | | Wash rice for inarizushi |
| | | Wash udon bowls |
| | evening | make inarizushi |
| | | Set up tables in Social Hall for food packaging |
| | | Wash rice for Saturday's bazaar meals |
| | | Rearrange tables in kitchen |
| | | Set up kitchen for Saturday - cooking chow mein |
| | | Ready kitchen for udon, tempura, teishoku dinner |
| | | Put up Parking signs, mark off areas for BBQ and Tempura |
| Saturday, November 9 | 6.00 am | Make chow mein, udon, tempura |
| | | Cut tsukemono |
| | | Package sushi, chow mein, inari, bento, chirashizushi |
| | | Set up tables in dining room |
| | | Move oribako goods up to Hondo |
| | 4.30 pm | Clean up in Social Hall, Kitchen |
| | | Clean up Hondo |
| | | Clean up Mezzanine |

ANNUAL BAZAAR

TORONTO BUDDHIST CHURCH

SATURDAY, NOVEMBER 9, 2019

1011 Sheppard Ave West, Toronto
(1 block east of Sheppard West Station)

12:30pm to 4:30pm



THE CROWD PLEASERS

Udon • Sushi • Chicken Yakitori • Obento
Chow Mein • Tempura • Dessert Selection

Japanese Food • Baked Goods
Silent Auction • Lucky Ticket Draw and more!

For more information:

Please call **416-534-4302** or visit us at **www.tbc.on.ca**

TBC Annual Bazaar

Saturday, November 9, 2019

Fall is fast approaching and with it the Temple's biggest annual fundraising event.

We need your help!

Donations are needed for sale at the various venues:

Japanese items

Baked goods and Food items

Plants

New items

(Please note that we are unable to sell used clothing, children's toys and books.)

If you are able to help during the week before the bazaar, please check the posted work schedule or email president@tbc.on.ca

Do you have a hobby and interested in selling your items at the bazaar? Half and full tables are available to rent.

We will be able to begin accepting donations from Sunday, November 3, 2019.

Please contact the TBC office if other arrangements are needed.

Your support is much appreciated!

PROCLAMATION
TORONTO BUDDHIST
CHURCH

WANTED

BAKED GOODS & PIES



REWARD

KANSHA

TORONTO BUDDHIST CHURCH BAZAAR
SATURDAY, NOVEMBER 9, 2019

NEW ITEMS FOR THE SILENT AUCTION

The Temple is depending on your generosity and hoping that you will consider donating new items for our bazaar silent auction. Sports paraphernalia or tickets, restaurant gift certificates, theater tickets, electronics, etc.

Members are willing to pick up your donation. Call the office at 416 534 4302 to make arrangements.

HELP RAISE FUNDS FOR THE TEMPLE'S FUTURE



Pancake Day 2019

If you are Ready to Eat – We are Ready to Dish it Out Again!



Amazingly, even before Halloween, I find myself writing an invitation to the TBC Sangha's Pancake Lunch to be held on December 1st directly after Shotsuki service.

Assuming that we still have volunteers able to stand after the rigors of our annual Bazaar (don't worry we always do), we will be serving up a delicious selection of pancakes and sides – I hope that you will join us. Lunch is just \$8.00; no charge for Kids Sangha members.

Available items include:

| | |
|----------------------------------|-------------------------|
| Regular pancakes | Vegan sausage |
| Buckwheat pancakes | Fresh Fruit |
| (gluten free & vegan) | Sausage |
| Peameal bacon | Juice and Coffee |

Tickets will be sold in the Lobby prior to the 11:00 am Service as well as in the Social Hall after the service.

In Gassho,

Cary Kataoka (Cary@247Systems.ca)

President, TBC Sangha Group

DANA NEWS

The Toronto Buddhist Church Bazaar will be held on Saturday, November 9th. We hope that we can count on the Dana Ladies for your contribution and support.

The Dana ladies will be holding their AGM following lunch on Sunday, December 8th in the mezzanine. All Dana members are invited for a lunch which will be served at 12:15 pm. Sangha and Shin Fujinkai will also join us for lunch.

SHIN FUJINKAI

Shin Fujinkai members please mark your calendar for Shin Fujinkai's AGM on December 8, 2019 in the LDC room. We will be joining the Dana and Sangha for lunch after the service and our meeting will follow the luncheon.

We hope many of you will be able to attend.

NEW, USED OR VINTAGE JAPANESE ITEMS

Do you have your parents', grandparents' or gifts of Japanese wares, ikebana supplies, kimonos, yukatas, accessories, dolls etc. in storage that you don't know what to do with? The Temple will be holding a Japanese Wares Sale in the spring to raise funds for the Temple's 75th Anniversary and we are looking for donations of items to sell.

If you should have any items you'd like to donate please bring them to the Temple and clearly mark on the boxes or items that they are for the 'Japanese Wares Sale'

Thank you in advance for your generosity,

Shin Fujinkai



GUIDING LIGHT

Toronto Buddhist Church continues to work towards having a balance between English and Japanese. This includes not only translating English into Japanese but also translating news from Japanese temples into English.

We would like to thank both Mr. Takeda and Mr. Higo who have helped with the translating of articles and announcements for the Temple's newsletters for several years. The Guiding Light and the Temple members truly appreciate the time you took to translate articles for the Busshin.

Unfortunately Mr. Takeda is moving onto other things and is no longer able to translate for the newsletter. Thank you to Eishiro for volunteering to continue to translate from Japan. Toronto Buddhist Church Guiding Light is looking for volunteers who can understand and write in both English and Japanese. The main activities would be the translation of articles and announcements from English to Japanese once a month and occasionally from Japanese to English.

Please contact the Temple if you are interested and are able to spare some time.

E-mail: tbc@tbc.on.ca

Phone: 416-534-4302

No Experience Required

Do you like flowers?

Do flowers spark joy in your life?

Have you ever noticed the beautiful flower arrangement each Sunday on the altar?

If you answered, "YES" to any of these questions, then we're hoping to meet you.

Those floral arrangements are created by volunteers at the temple. We are a small group of people who take turns to create these arrangements each week.

Now this is where you come in....

We are looking for people who are interested in joining us.

You would be responsible for two consecutive Fridays, every couple of months.

And here is the best part – no experience required.

If you think you would like to try us out, please contact me.

I'd love to hear from you!

Naomi

llovelucy3d@yahoo.com

(905) 513 5727

OFFICE HOLIDAY SCHEDULE 2019

THE **TBC OFFICE WILL BE CLOSED** ON THE FOLLOWING DAYS:

Christmas, Boxing Day and New Year's Day

Monday, Dec 23rd -Tuesday, Dec 24th - Friday, Dec 27th - Saturday, Dec 28th and Sunday, December 29th

Wednesday Jan 1st .

The Office **will be open** on Monday Dec 30th and Tuesday, Dec 31st and Thursday, January 2, 2020 onward

During this time, phone messages will be checked daily at regular intervals

If an **emergency** should arise, please contact one of the following people:

| | |
|----------------|--------------|
| Paul Aoki | 647-535-7890 |
| Dawn Anzai | 416-593-5857 |
| Dianne Ishida | 416-473-8150 |
| Pamela Yoshida | 416-879-9599 |

Thank You

Toronto Buddhist Church Office

We Want You For Mochi Tsuki 2019!!!

Saturday, December 28th



Many thanks to those who have previously volunteered for the annual TBC Sangha's Mochi Tsuki event at the Toronto Buddhist Church. At this time, I hope that you will consider spending some time volunteering with us again to have fun and make some mochi (all volunteers get free lunch and mochi!). More details to come in the December Guiding Light.

In Gassho, Cary Kataoka (Cary@247Systems.ca), TBC Sangha Group President

MINDFUL MEDITATION

Are you suffering from stress? Of course, you are. We are all suffering from different types of stress: stress from school, work, finances, family, health, etc. How we cope with and manage our stress can make the difference between a happy, successful life and an unhappy, unsuccessful one. Mindfulness and meditation have become mainstream in today's world. If you would like to learn more about these practices and how they can lead to a happier, more fulfilling life, come out to one of our meditation sessions. We practice in the mezzanine of the Toronto Buddhist Church, on the second floor.

Ray Nakano, who leads these sessions is a trained meditation facilitator. He has been practicing meditation since 2008 and has been a facilitator since 2011. The meditation sessions at the Toronto Buddhist Church have been taking place since October, 2016.

Our meditation sessions are every Thursday evening from 7 to 9 pm. For security purposes the doors will be locked after 7:10 pm so please leave yourself plenty of time to get to our location.

There is no fee to attend. Donations are always welcome. All proceeds go to the Toronto Buddhist Church for allowing us to use their space; so any small donation you can give would be appreciated.

Please come out and join us! It could make a world of difference in your life!

