



# Guiding Light

November 2015

*autumn nears  
my heart is drawn  
to a four-mat room*  
-Matsuo Basho



Bachan by Mika Tamaki

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**TORONTO BUDDHIST CHURCH**  
*a Jodo Shinshu Temple*

1011 Sheppard Ave West  
Toronto, Ontario, Canada, M3H 2T7  
(416) 534-4302 [www.tbc.on.ca](http://www.tbc.on.ca)

# NOVEMBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 MONTHLY MEMORIAL SERVICE &amp; JSBTC DAY</b> 10:30 am Kid's Sangha 11:00 am English Service 12:30 pm *Dana Mtg (Eko) 12:30 pm *Sangha Mtg <b>12:30 pm Book Launch</b> Terry Watada (Social Hall) 1:00 Japanese Service	<b>2</b> 10:00 am Sr. Karaoke	<b>3</b> 10:00 am Fujinotomo	<b>4</b> 1:00 pm Ohara School 7:00 pm Taiko	<b>5</b> 10:00 am Tai Chi 2:00 pm Buyo 7:00 pm Meditation	<b>6</b> 8:00 pm Buyo	<b>7</b> 10:00 am * Family Memorial Service 4:00 pm *Family Memorial Service
<b>8 REGULAR SERVICE</b> 11:00 am English Service  JSBTC Day Service Hamilton	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> <b>TBC BAZAAR</b> 12:30 pm to 4:30 pm
<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>BAZAAR PREPARATION WEEK</b> </div>						
<b>15 EITAIKYO SERVICE (Perpetual Memorial)</b> 10:30 am Kid's Sangha 11:00 am English Service	<b>16</b> 10:00 am Sr. Karaoke	<b>17</b> 10:00 am Fujinotomo 7:00 pm *TBC Mgmt Committee Mtg. 8:00 pm *BoD Mtg.	<b>18</b> 1:00 pm Ohara School 7:00 pm Taiko	<b>19</b> 10:00 am Tai Chi 2:00 pm Buyo 2:00 pm Castleview Service 3:00 pm Ikenobo 7:00 pm Meditation	<b>20</b> 8:00 pm Buyo	<b>21</b> 4:00 pm *Family Memorial Service
<b>22 REGULAR SERVICE</b> 11:00 am English Service 12:30 pm Dana AGM (Eko) 12:30 pm Shin Fujinkai AGM (KSR) 12:30 pm Sangha AGM (Mezz)	<b>23</b> 10:00 am Sr. Karaoke	<b>24</b> 10:00 am Fujinotomo	<b>25</b> 1:00 pm Ohara School 7:00 pm Taiko	<b>26</b> 10:00 am Tai Chi 2:00 pm Buyo 3:00 pm Ikenobo 7:00 pm Meditation	<b>27</b> 8:00 pm Buyo	<b>28</b>
<b>29 REGULAR SERVICE</b> 9:30 a.m. Dharma Café 11:00 am English Service 2:00 pm Honobono Club Movie	<b>30</b> 10:00 am Sr. Karaoke					

Morning Services are held on the week days Mondays, Wednesdays, Thursdays and Fridays from 10:00 am –10:30 am when a minister is available. As emergencies do come up, last minute cancellations may occur. Thank you

# DECEMBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PLEASE NOTE events marked with * an asterisk are PRIVATE and <u>not</u> open to the general public  Thank You !		1	2	3  10:00 am Tai Chi 2:00 pm Buyo  7:30pm * Wedding	4  8:00 PM Buyo	5
<b>6 SHOTSUKI MONTHLY MEMORIAL SERVICE SANGHA PANCAKE SUNDAY</b> 10:30 am Kid's Sangha 11:00 am English Service 12:00 noon *Dana Mtg 1:00 pm Japanese Service	<b>7</b>  10:30 am Sr. Karaoke	<b>8</b>  7:00 pm *Management Committee & BoD Mtgs	<b>9</b> 10 am * Momiji Group  7:00 pm Taiko	<b>10</b> 10:00 am Tai Chi 2:00 pm *Momiji Service 2:00 pm Buyo 4:00 pm *Yee Hong Service	<b>11</b>  8:00 pm Buyo	<b>12</b>  10:00 am TBC Senior Karaoke Party  11:00am Family Memorial Service
<b>13 REGULAR SERVICE</b> 11:00 am English Service 12:30 pm *Sangha Meeting	<b>14</b>  10:30 am Sr. Karaoke	<b>15</b>	<b>16</b>  7:00 pm Taiko	<b>17</b>  2:00 pm *Castlevie Service 2:00 pm Buyo	<b>18</b>  8 pm Buyo	<b>19</b>
<b>20 JODOYE BODHI DAY SERVICE</b> 10:30 am Kid's Sangha 11 am Service	<b>21</b>	<b>22</b>	<b>23</b>  10:30 am *Momiji Community Meeting	<b>24</b> <div>OFFICE CLOSED at Noon 事務所は 午後から お休みです</div>	<b>25</b> <div>OFFICE CLOSED 事務所は お休みです If you have an emergency please contact: Rev. Yanko 416-602-4849 Rev. Endo 647-518-6705</div>	<b>26</b>
<b>27 REGULAR SERVICE</b>  11:00 am English Service	<b>28</b> 1:00 pm Set Social Hall Wash rice  <div>OFFICE CLOSED 事務所は お休みです</div>	<b>29</b>  9:00 am <b>MOCHI TSUKI</b>	<b>30</b> 10 am Joya E Day Service  11:15 pm Bell Ringing At Ontario Place	<b>31</b>		

Morning Services are held on the weekdays on Mondays, Wednesdays, Thursdays and Fridays from 10:00 am –10:30 am when a minister is available. As emergencies do come up, last minute cancellations may occur. Thank You



***“No one is as deaf as the one who does not want to listen.”***

Occasionally I will find myself in the midst of a conversation and my thoughts will suddenly be pulled away from what the other person is saying. Instead of listening I will think about something totally unrelated such as “I need to go to Costco today to pick up food for the temple food drive. Oh! While I am there I should run over to Home Depot and grab the wood I have been meaning to buy. Oh wait! I don’t have the measurements.

I need to remember to call Dave to get the measurements.” By the time I complete this unrelated thought, I realize I have no idea what the person I am “listening” to just said. I can hope they did not notice but I know from my own experience it is often easy to see when someone is not listening. In fact, as someone who frequently has a lot to say, I have seen this a lot.

I recently came across an article in Business Insider that explains not listening to others is not only something that we all do frequently, but has become an epidemic. Speech Coach Nick Morgan says that people “nod and smile a lot to show they’re listening, but it’s not really happening.” People’s minds drift off to other subjects or they will instead think about what to say next. I see a lot of people smiling and nodding during my Dharma Talks...

Listening is an important skill. How do you feel when you notice the person you are talking to is not listening? For many of us when we realize the person we are talking to is not listening we feel unimportant, which if happens often eventually may lead to feelings of loneliness. It is equally damaging for the inattentive listener. If you are not actively listening you are not gaining valuable insight. If what is being said is not important to you, you are still missing the personal connection that could be developed between yourself and the speaker.

I can tell this kind of inactive listening happens at our temple during service. For example, when we read the Shin Buddhist Life Principles it can sometimes sound like it is being read by robots. We say it all the time so we are used to it. We can anticipate the next word without thinking. I know many of us will switch to “autopilot” because if the translation is slightly different from what we are used to we stumble over our words. So are we even listening to what we ourselves are saying? We need to consider what value we are inadvertently placing on the Buddhist Teachings when we do this. Also, what kind of confidence do we have in ourselves if we are not even paying attention to what we say?

It would be impossible to be perfectly attentive 100% of the time. We are human. We are foolish beings. Even so, we all could try a little harder. Try harder to listen to each other. Try harder to listen to yourself. Try harder to listen to the Dharma and express it in a way that is deep and meaningful.

Namo Amida Butsu, Rev. Christina Yanko

*\*I would like to especially thank Saiko Nonaka for helping me with the Japanese translation for this message!*

### ***November Cover:***

This month's cover was designed by one of our youth members, Mika Tamaki. You can often see Mika around the temple helping out wherever needed, especially with the Kid's Sangha program. You can also see her every Shotsuki Sunday accompanying the singing of Nembutsu II with her beautiful guitar playing. Thank you Mika for sharing your picture with us this month!

*We are currently accepting submissions to feature on the cover of the Guiding Light. If you would like to see your art displayed on the cover, please contact Darlene at [darlene.rieger28@gmail.com](mailto:darlene.rieger28@gmail.com) or call the office at 416-534-4302.*



## STORIES FROM THE PRESIDENT

### THREE Bs: BLUE JAYS, BASEBALL AND BUDDHISM

Did the title catch your eye? I hope you read the rest of this article.

How many of us didn't have a favorite baseball mitt when we were little? Spit into the pocket or rub the whole mitt with linseed oil to break it in. (Now the trick is to nuke the new mitt.) Oh, all the intricate lacing, the smell of the leather. Pound your fist in it, all the while fantasizing while fielding grounders on a makeshift hardscrabble patch of ground. If you were in Toronto back in the 40s, 50s and 60s, you took your mitt to Maple Leaf Stadium on the Lakeshore to cheer for the Toronto Maple Leafs and you hoped for a chance foul ball. Often on Sundays (I like now to remember it was after church and not during service), we headed to Christie Pits to root for our Nisei heroes on the Honest Ed's Baseball Team. Baseball was important to our lives, at least as much as hockey.

Then came the Blue Jays in 1977. The Opening Day Freeze. To be sure there were lots of disappointments during those start-up years at Exhibition Stadium, but it was Major League Baseball at last. And it didn't take long, counting in sports years, to climb to the top of The Game. A new home at the Skydome and not just one but two successive World Series Championships. Champions of the World. A team to be shared and adopted by All of Canada, not just Toronto. And now they, no, we, are on the cusp again, 22 years later.

So what is it about the Blue Jays and baseball that Buddhists have loved so much for so long? To this day I still have two mitts which I still cherish and keep pliable with linseed oil even though neither of them will ever again grope for a pop fly or a grounder. Baseball has so many lessons to teach us as Buddhists. Here are only a few.

Baseball has no time limit. There is no clock to signal the end of an at-bat, inning or a game. There is no "overtime". Buddhism has no clock either, although the every-day business of living sometimes makes even Buddhists feel that we are constantly and frantically racing time. Really, the time is always and here and only now. Ponder the reply of the late Yogi Berra when someone asked him for the time: "You mean right now?" Or probably his most famous: "It ain't over till it's over." A pitcher must not think about the homer he just coughed up, or his upcoming free agency. He must think only about now, the pitch he has to make. (See *Sports Illustrated*, April 2, 1984 for a wonderfully thoughtful but light examination of the mind of the great Yogi, Yogi Berra.)

Buddhism is about de-cluttering our mind of the tangle of foolish thoughts. It is about reciting the Nembutsu and devoting ourselves to the simplicity of the Dharma and the Sangha. Again, Yogi taught us: "In baseball, you don't know nothing."

We do know a couple of things. Buddhism teaches us that life is suffering. Baseball is suffering too, on the field for all the world to see and share. Yes, I agree that Torontonians have learned

*Continued on Page 4*



all there is to learn about suffering from the Maple Leafs. But that may be a different kind of suffering and I will say no more about that. Baseball itself is a game of suffering. Suffering because the game is a slow game of mistakes, and amid all those mistakes there are brief moments of ecstasy. (Imagine getting a hit only once out of three at-bats and earning a salary of \$10 million a year. ) Real baseball fans, many of whom are among our members, see the game for what it is. It is not about winning or losing. It is about a game played by men joyfully doing a job that they loved to play for nothing when they were little kids. Incredible plays - balletic. Frustrating strikeouts. Red-faced errors. On both teams. The score is really irrelevant. Those are the fans who have sat in empty stadiums for the last 22 years. Is baseball a kind of meditation? I do believe so, even with the distractions of beer, mustard and peanut shells all over your pants.

Baseball is the Sangha. It is a community of at least nine individuals, each with a different talent and each relying on one another. One will not survive without each other. Causes and conditions. The actions of one will influence the outcome for each other. Each will willingly sacrifice for each other. Baseball even has plays designed as “sacrifice” plays – the sac fly and the sac bunt. The idea is beautiful and gratifying. A truly great team plays for the benefit of the Sangha. Great players don’t look for individual recognition. A veteran Blue Jay pitcher, who was one out away from his first post-season win when he was pulled off the mound in the fifth game of the ALDS, has the final say: “...it’s amazing what you can accomplish when you don’t care who gets the credit.” Namo Amida Butsu.

At the time of this writing, the Blue Jays are preparing for their fourth game against the scrappy Kansas City Royals, down 1 - 2. I do not want to change this piece. I reverently bow and then recite: “GO CLOBBER THEM &%^\$#! GO , JAYS, GO!!!” [Note to Editor: Will I have time to change to: “WAIT TILL NEXT YEAR!”?]

## DANA NEWS

The Annual Bazaar will be held on Saturday, November 14, 2015. We hope we can count on everyone for your contributions and support. Hope to see you at the Bazaar.

The TBC Dana Ladies will be holding our AGM following the service on Sunday, November 22<sup>nd</sup> in the mezzanine on the second floor of the temple. All members are invited to a lunch which will be served at 12:15 pm followed by our meeting at 1:00pm.

## ANNUAL GENERAL MEETING DATE CORRECTION

In last month’s edition of the Guiding Light, we informed you that the next Annual General Meeting would be held on Sunday, January 31, 2016. At the most recent meeting of the Board of Directors it was decided to move the date of the Annual General Meeting from the last Sunday in November of each year to the fourth Sunday of January of the following year. Accordingly the AGM for the year ended October 31, 2015 will be held on January 24, 2016, and not January 31. A more formal notice of the meeting will be published in the December 2015 and January 2016 editions of the Guiding Light.

THE BOARD OF DIRECTORS

## JSBTC COMMITTEE STUDIES THE NEED FOR A FULL TIME BISHOP

At the April 2015 Annual General Meeting (AGM) of the Jodo Shinsu Buddhist Temples of Canada (JSBTC), a national committee to study the feasibility of a full-time (FT) Jodo Shinshu Bishop was established. A committee\* with representation from each temple, the Ministerial Association (MA) and the National Board held its first meeting (by conference call) in July and is holding monthly calls into March 2016. The committee's tasks are to analyze the workload for a full-time (FT) Bishop; the cost of supporting the position and produce a report and resolution for consideration at the 2016 AGM.

The committee examined the specific functions and workload of a FT Bishop. Also, Committee members were surveyed to determine the key functions of the position which were missing from the current Statement of Work (SOW) for a FT Bishop. Key functions identified were: to recruit, develop and assign new ministers; attend the AGM, MA and JSBTC Board meetings; interact with Hwonganji; coach ministers and train ministerial assistants and lay leaders; visit temples; serve as religious leader of the sect and propagate the Jodo Shinshu. **The committee concluded that the SOW had to be revised to reflect these current priorities.** Also an analysis of the time spent on these functions by a FT Bishop compared to a part-time Bishop position was done. **As a result of this examination the committee decided that a FT Bishop position was warranted.**

Next the committee studied a detailed breakdown of the estimated costs associated with supporting a FT Bishop living at current Bishop's residence in Steveston or elsewhere; compared these costs to supporting a part-time bishop and estimated the additional increase to the annual assessment per member. The estimated costs associated with FT Bishop are summarized in the table below.

	Option #1 Bishop Lives HQ Residence	Option #2 Bishop Lives Elsewhere	
Net Cost for FT Bishop	\$196,746* & incl. loss of \$26.6K of tenant rent & utility payments at the current residence	\$179,883* & incl. \$18K living allow	<b>*Incl. salary, benefits, travel, admin support for both options</b>
Current Cost of PT Bishop	\$41,000	\$41,000	<b>Current Shared Bishop Arrangement with Vancouver Temple</b>
Additional Increase for FT Bishop	\$155,746	\$138,883	
Additional Assessment Per Member to Temples **	\$100.09**	\$89.26**	<b>Based on Total JSBTC Membership of 1556</b>

**\*\* Note that the additional assessment figures in the table are shown on the premise that additional assessments will be the only source of funds for the FT Bishop. The committee is exploring other funding sources within and outside of the JSBTC organization to decrease these amounts.**

At this time, committee members were requested to consult with their respective temples on the work of the committee to date. The TBC Board was briefed and discussed the committee's work in October. Next steps for the committee are to identify and review funding options to cover the additional estimated costs for a FT Bishop and conduct further consultations with their respective temples in developing a final report and resolution to present to the 2016 JSBTC AGM.

**\*Committee Membership** Harvey Kaita, Chairperson; Kent MacCarl Kelowna/Kamloops; Mari Cameron Vernon; Lucy Yoshioka Fraser Valley; Elmer Morishita Steveston; Greg Chor Vancouver; Lester Ikuta Calgary; Jim Tsukishima BTSA; Ross Jacobs BTSA; Heather Andrechuk Manitoba; Ron Shimizu Toronto; Raymond Nakano Hamilton; Michael Hayashi Ministers Association; Roland Ikuta JSBTC Board; Montreal defers to the Committee

Ron Shimizu, 20/10/15

## Pet Appreciation Day

After many requests, last month we held our first Pet Appreciation Service. It was a great service with many photographs of our beloved pets on display to remind us of the important role they play in our daily lives.

For this service we were happy to hear the insightful words of Rev. Yasuo Izumi of Buddhist Temples of Southern Alberta. Rev. Izumi has been a minister in Canada since 1970 and was even posted to Toronto Temple for a period.



Those who have not met Izumi

Sensei face to face have usually encountered his teachings in print, as he occasionally sends out collections of his Dharma Talks (available in our foyer). This is often a great comfort to our members who cannot always make it to the temple due to health concerns, timing, etc. Rev. Izumi reminded us that compassion for all beings does not just mean "human" beings, and that the light of the Buddha Dharma often comes to us in the love we receive from our precious pets.

## Inspired by Kid's Sangha for Bodhi Day!!!

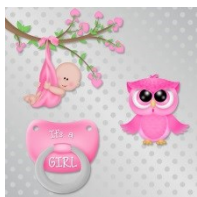
Since the crisis in Syria began our Temple Board has been discussing ways we can help the Syrian people forced from their homes and caught in the middle of the war zone. Last month we were humbled when our very own Kid's Sangha took the initiative and had a delicious bake sale in order to raise funds for the Syrian refugee children (which was a great success). We decided we would follow the leadership of our compassionate children and also contribute to their chosen organization, Plan Canada.

Plan Canada was founded in 1937 and is one of the world's oldest and largest international development agencies, working in partnership with millions of people around the world to end global poverty. It is not-for-profit, independent and inclusive of all faiths and cultures, and has one agenda: to improve the lives of children. For the crisis in Syria, Plan Canada is creating safe spaces for injured or ailing children to recover, providing mental health care and emotional support for children and their caregivers, trying to improve access to formal and non-formal education in a protective learning environment for school-aged children, and advocating for greater support for these vulnerable children and families.

This December for Bodhi Day we decided...what better way to celebrate the birth of the baby Buddha than to support children in need. On December 20th (Bodhi Day) our temple will keep track of the donations we receive. The amount of donations we receive on that day will be the amount we will donate to Plan Canada. What's more, the Canadian Government has pledged to match all money donated to help the Syrian refugees, so whatever we donate will be doubled!

Thank you to our Kid's Sangha for making us proud and teaching us the way to live a life of compassion. You are our inspiration. Many children will benefit because of your kindness.

## ANNOUNCEMENT



Monshu Kojun Otani's second child was born in Kyoto on October 6 at 1:31PM. It was a baby girl and her name is "AKIKO 顕子".





## VISIT OUR NEW WEBSITE AT [www.tbc.on.ca](http://www.tbc.on.ca)

We are so excited to share our new website with you... not only has the design and navigation changed, but we have added more information on Buddhism, photos, videos and updates on the Temple news and events. A very new feature that has been added, 'Online Donations'. Hopefully this is an added convenience for all.

We send thanks to Denise Crofton who headed the project and to her team who made this huge change a reality. Congratulations and thank you!!

**Visit the new site, relax and enjoy the changes!**

### GOING MY WAY? Part 3

With winter soon at our door, we cannot give up on this initiative. We have more than a few senior members in Scarborough and Etobicoke who have expressed a desire to catch a ride to the Temple from time to time. We would welcome more inquiries. If you are a senior member who is unable to come to the Temple on your own because of age and/or physical disability, and would like to come to services at the Temple, please send an email or a letter to the Temple, or call the Temple, and provide your name, address, phone number and email, if any, and the nature of your request.

Meanwhile we have been struggling to recruit volunteer drivers. If you are a member or friend who would be willing even if occasionally to volunteer to pick up a senior member and drive him/her/them home after service, please provide your name, address, phone number and email, if any and the times when you would be available to help and the geographic area in which you would be willing to pick up passengers.

### TRANSLATION HELP WANTED!!

How's your *Nihongo* and English? Would you like to practice your translation skills? The Guiding Light is looking for help translating English articles into Japanese and Japanese articles into English. The ministers need help with this task every month to free up their time to concentrate on their ministerial duties. We are also trying to ensure that both the English and Japanese sections of the Guiding Light contain as many of the same articles as possible so everyone is kept informed about what is happening at the Temple.

If you are interested in helping us please email [darlene.rieger28@gmail.com](mailto:darlene.rieger28@gmail.com) or leave a message with the office with your name and a contact details.



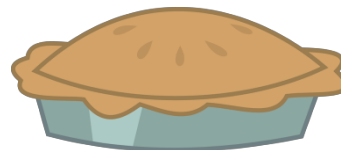
### Eitaikyo Service – Sunday November 15, 2015

Please join us at 11:00am for this annual service where we pay special consideration for the people whose names have been entered into our special temple Eitaikyo Book. This book holds a special place in the temple and only contains names of people who have been submitted by request. Each day the ministers conduct a service for the names in the Eitaikyo Book, and once a year we hold this special service for them.

If you have someone you would like to have added to our Temple Eitaikyo Book please notify the office and we will make arrangements with you to have the names entered.

## 2015 TBC ANNUAL BAZAAR

### November 14, 2015 - 12.30pm to 4.30pm



The Annual Bazaar continues to be one of the Temple's biggest fundraisers. Each year it counts on a huge number of volunteers to ensure its success. The Bazaar Committee thanks you for your contributions in previous years and asks for your continued support this year.

Please refer to the Bazaar Work Schedule on the next page if you are able to come out to help. Your help is greatly appreciated.

There is always a big demand for home-baked pies. If you love to bake, please consider baking some pies for the bazaar. Other baked goods are also popular and will be sold at the Baked Goods table. **\*\*For persons with allergies, it would be appreciated if a list of ingredients could be given with your baked goods.\*\***

Please note that donated items should be in good condition. Valuable items whether new or gently used, may be used in the Silent Auction or Lucky Draw. We regret that clothing, furniture and children's toys will not be accepted.

This year we will also be featuring a table with a collection of many types of dolls.

**Donations will be accepted at the temple from Sunday, November 8th to Friday, November 13th.**

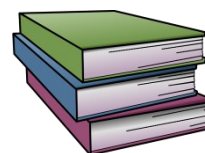


Thank you for your continued support!

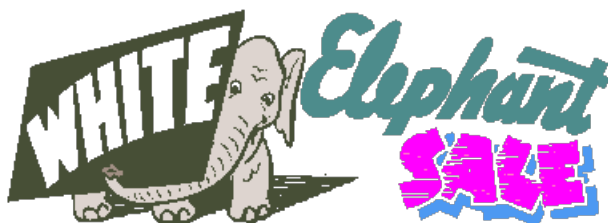
TBC Bazaar Committee



*Silent Auction*



Make sure you check out  
Miyo Nakamura's doll  
collection



**2015 BAZAAR WORK SCHEDULE****\*\*schedule listed is tentative and subject to change\*\***

Date	Time	Task
Wednesday, Nov 4	1pm	Wash azuki beans
Saturday, November 7	9.30am	Make Anko
		Clean cooler, wipe wooden trays
Sunday, November 8	after service	Put up bazaar banners - main entrance and side fence
	after service	Take apart Social Hall stage
Tuesday, November 10	7.00am	Yaki manju making
	10.00am	Mushi manju making
Wednesday, November 11		Prepare ingredients for sushi:
		Soak shiitake, flavour vinegar
		Set up for Thursday manju making
	3.00pm	Move chairs from Hondo
		Bring tables up to Hondo
		Close naijin
		Set up tables in Hondo and Social Hall (for food packaging)
Thursday, November 12		Fold 500 Oribako boxes
		Wash 250 lbs. Of rice and 30 lbs. Mochi gome for Ohagi.
Friday, November 13	7.00 am	Make sushi, ohagi, udon, udon dashi, toppings for udon
		Cut pork for chow mein
		Cut vegetables for chow mein and tempura
		Prepare broccoli and carrots
		Prepare shrimp for tempura
		Wash rice for inarizushi

<b>2015 BAZAAR WORK SCHEDULE, Cont'd</b>		
Friday, November 13	evening	Set up tables in Social Hall for food packaging
		Bring down brown trays for oribako
		Make inarizushi
		Wash rice for Saturday's bazaar meals
		Rearrange tables in kitchen
		Set up kitchen for Saturday - cooking chow mein
		Ready kitchen for udon, tempura, teishoku dinner
		set up for BBQ
		put up markers in parking lot
Saturday, November 14	6.00 am	Make chow mein, udon, tempura
		Package sushi, chow mein, ohagi, inari, bento, chirashizushi
		Set up tables in dining room
		Move oribako goods up to Hondo
	4.30 pm	Clean up in Social Hall, Kitchen
		Clean up Hondo
		Clean up Mezzanine

## FUJINOTOMO CRAFT CLASSES

Interested in making crafts? Whether you are an experienced crafter or a beginner, please come out and join the group. You'll enjoy learning something new or you can share some of your crafting ideas. (knitting, crocheting, paper crafts, card making etc... )

The group meets regularly every Tuesday from 10am till 2pm

Reminder to bring a brown bag lunch and your creativity.



## KIDS SANGHA



**SUNDAY NOVEMBER 15, 2015**

**TAIKO WITH ISSHIN DAIKO 11:00 AM TO 12:00 PM (downstairs in the social hall)**

Please join us for our annual workshop with Isshin Daiko!

At the workshop kids will learn how to play the taiko (drum), chappa (cymbals) and kane (small gong)... come out for an hour of great music and fun.

**JOYA NO KANE (NEW YEAR'S EVE BELL RINGING)****December 31 at 11:15 pm**

It's hard to believe, but New Year's Eve is fast approaching. We are getting ready to say goodbye to 2015 and welcome 2016, the year of the Fire Monkey!

Join us on December 31st at the Japanese Bell in Ontario Place for our yearly bell ringing. We will hold a small ceremony and then attempt to all strike the bell in unison as a symbol of community and friendship. Each individual will then be welcome to take their turn striking the bell!

Every year it is cold. Every year there is some new kind of adventure that arises. But for some reason this makes the moment more meaningful and everyone steps away feeling exhilarated and happy.

Barring any unforeseen circumstances we will gather at 11:15 pm on December 31 at Ontario Place. Please consult the Toronto Buddhist Church website at [www.tbc.on.ca](http://www.tbc.on.ca) or phone the Temple (416-534-4302) closer to December 31 for any changes.

**Butsudan Adoption Program**

We are pleased to announce that our Butsudan Adoption Program is going quite well. Since we began we have placed 7 previously owned Butsudans into loving homes. That means 7 homes now have a special place dedicated to reminding them of the Buddhist teachings. 7 homes now have a special place to reflect on Amida Buddha, conduct services, and remind everyone that Amida's light is with you always. Namo Amida Butsu.



This month we are featuring a lovely Butsudan in wonderful condition. The inside is immaculate. Other than a few small scrapes on the outside, this one actually has no damage at all. It comes with everything you see here! A rice stand (for Obupan), candle holder, small vase, incense holder, incense burner, and bell complete with cushion and striker.

The suggested donation amount is \$75.

If yourself or someone you know is interested please contact the office at 416-534-4302.



*The Toronto Buddhist Church wishes to extend its deepest condolences to the families, relatives and friends of the following individuals who have passed away during the past month.*

*Mr. Toshio Fujioka*

*91 yrs*

*October 10, 2015*

*Mr. Ken Edamura*

*79 yrs*

*October 13, 2015*





## Meditation and Mindfulness with Ray Nakano



We are happy to announce that through the months of October and November we will have a meditation instructor joining us every Thursday evening from 7:00 pm to 9:00 pm.

Many of you already know Ray Nakano, as he has been a very active member of Hamilton Buddhist Temple and continues to offer his assistance to the kids and youth every year at Camp Lumbini. Since retiring from the Ontario Government, he has spent a lot of his time volunteering for various organizations such as the United Way, Youthlink, Habitat for Humanity and presently spends a lot of time focusing on energy conservation and supporting a greener environment with the Toronto Green Community. In addition, Ray is also an active participant and facilitator with the Mindfulness Practice Community of Toronto.

These 2 hour sessions will include:

- Guided Sitting Meditation
- Silent Walking Meditation
- Silent Sitting Meditation
- Dharma Sharing
- Sangha Sharing

**November 5th, 19th, and 26th from 7pm—9pm**

*\*please note there will be no session on November 12th as the temple will be preparing for Bazaar*

Please arrive at least 20 minutes early in order to allow time for “settling in” so the session can begin promptly at 7:00 pm.

If you have any questions please contact Rev. Christina Yanko at 416-534-4302.



## Dharma Cafe

Do you like talking and learning about Buddhism? Do you have things that you find puzzling or are their aspects of Buddhism you always wondered about but were too shy to ask? Do you enjoy sharing your thoughts and feelings about Buddhism with others?

Please join Rev. Christina Yanko at 9:30 am the last Sunday of each month on the mezzanine for coffee and discussions about Buddhism.

Do you have books you want to recommend to others? Bring them. Have a story you want to share? Come share it. Rev. Christina will bring the coffee and you bring the most important component...YOU!

**Who?** Everyone is invited

**What?** Buddhist coffee group

**When?** Last Sunday of every month at 9:30 am

**Where?** Upstairs on the mezzanine

**Why?** Because we are all on this path together. Because spending time with others helps make our lives meaningful. And because coffee is delicious!



## PANCAKE BREAKFAST – SUNDAY, DECEMBER 6, 2015



The TBC Sangha is grateful for the opportunity to host the Annual Pancake Breakfast on Sunday, December 6, 2015 in the Temple Social Hall.

The delicious breakfast freshly made for you by Sangha members and volunteers will be just \$6.00; no charge for Kids Sangha members.

Available items include:

Regular pancakes	Vegan sausage
Buckwheat pancakes (gluten free & vegan)	Fresh Fruit
Peameal bacon	Juice and Coffee

Tickets will be sold in the Lobby prior to the 11:00 am Service as well as in the Social Hall after the service.

Look forward to seeing you there!

## Mochi Tsuki 2015 – Call for Volunteers!

With gratitude for all those who have assisted us over the past years, the TBC Sangha once again requests your assistance for Mochi Tsuki 2015.

Each year we are amazed and humbled with the support of so many volunteers who are willing to give their time over the holidays.

This year we are planning to set up in the Social Hall and wash rice at the Temple on Monday December 28<sup>th</sup> starting at 1pm. Mochi Tsuki will start in earnest at 9am on Tuesday December 29<sup>th</sup>.

All volunteers are welcome – no experience is necessary!

For further information, please contact Cary Kataoka ([caryk@247systems.ca](mailto:caryk@247systems.ca)) or Aki Ikebata ([aikibata@hotmail.com](mailto:aikibata@hotmail.com)).



## HONOBONO CLUB

On November 29 we prepared big hit latest movie 'Jurassic World' You never miss it. The admission fee is \$5. English only.

Start at 14:00 at the Toronto Buddhist Church social hall.

We serve refreshment. After movie let's chat together.

In Gassho

Rev. Ryuhei Endo

DON DON DON DON DON DON



Isshin Daiko is excited and happy to announce that they have been awarded a grant from the Toronto Arts Council(TAC) for their 2016 Concert to celebrate their 20th year as a group.

Please keep checking our website [isshindaiiko.ca](http://isshindaiiko.ca) and the Guiding Light for further information on when and where in 2016 our concert will be held.

## CCAC PRESENTATION

Thank you to everyone who attended the Community Care Access Center (CCAC) presentation on October 4. We hope that it was helpful to those who attended and made you more aware of what is available to you.

We are grateful to all who supported the onigiri and baked goods sale that day. We had some rice cooker problems that day which affected the quality of some of the onigiri, we apologize

## THANKSGIVING TEMPLE FOOD DRIVE 2015

We are very grateful for your generous food contributions to the Daily Bread Food Bank last month. The Food Bank assists people who have difficulty making ends meet and helps families struggling with hunger put nutritious food on the table.

This year, we collected a SMASHING 326 pounds of food! **WHOO HOOO!!**

In addition, the money collected from the sale of "Onigiri" on October shotsuki at the CCAC presentation totaled \$274 and this was donated to the Food Bank. For every \$1 we collected, it provides a meal for someone in need.

A big **Thank you** to everyone who helped support the temple's Thanksgiving Food Drive!!