



# *Guiding Light*

JULY/AUGUST 2016



*Cover by Ann Kotani*

## **TORONTO BUDDHIST CHURCH** *a Jodo Shinshu Temple*

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Toronto, Ontario, Canada, M3H 2T7  
(416) 534-4302    [www.tbc.on.ca](http://www.tbc.on.ca)

# JULY 2016

| SUNDAY   | MONDAY   | TUESDAY  | WEDNES-                                    | THURSDAY   | FRIDAY  | SATURDAY   |                  |
|--|--|--|--|--|---|--|------------------|
| <p><b>PLEASE NOTE:</b></p> <p>Events marked with an asterisk * are PRIVATE and are not open to the general public</p> <p>Thank You</p>   |  |  |  |  | <p>1</p>  <p>HAPPY<br/>CANADA<br/>DAY</p> <p>OFFICE<br/>CLOSED</p> | <p>2</p> <p>3:00 pm * Family Memorial Service</p>  |                  |
| <p><b>3 MONTHLY MEMORIAL SERVICE</b></p> <p>11:00 am English Service</p> <p>12:30 pm Sangha Exec Brd Mtg (Eko)</p>   | <p><b>4</b> 10:00 am<br/>Sr. Karaoke</p>         | <b>5</b>   | <p><b>6</b></p> <p>7:00 pm<br/>Isshin</p>  | <p><b>7</b> 10:30 am<br/>Japanese Garden Club</p> <p>1:00 pm Buyo</p> <p>3:00 pm Ikebana</p> <p>8:00 pm Last Bon Odori</p> | <p><b>8</b></p> <p>7:00 pm<br/>JSBTC 2017 (Eko)</p>   | <p><b>9 Cemetery Visitations</b></p> <p>お盆墓参り</p> <p><b>7:00 pm Bon Odori at JCCC 盆踊り and Natsumatsuri</b></p> |                  |
| <p><b>10 OBON SERVICES</b></p> <p>9:00 am Hatsbon Families Service 初盆法要</p> <p>11:00 am Obon Service (E)</p> <p>2:00 pm Obon Service (J)</p> <p style="text-align: center;">盂蘭盆会</p> <p><b>Guest Speaker: Rev. Grant Ikuta Steveston Buddhist Temple</b></p> | <p><b>11</b></p> <p>10:00 am<br/>Sr. Karaoke</p> | <p><b>12</b></p> <p>7:00 pm MC &amp; BOD Meetings</p>                          | <p><b>13</b></p> <p>7:00 pm<br/>Isshin</p> | <p><b>14</b></p> <p>1:00 pm Buyo</p>   | <p><b>15</b></p> <p>8:00 pm<br/>Buyo</p>  | <p><b>16 10:00 am Mindful Meditation Workshop (H&amp;SH)</b></p>   |                  |
| <p><b>17 SUMMER SERVICE</b></p> <p>9:00 am Picnic Wrap Up (Eko)</p> <p>11:00 am Service</p>  | <p><b>18</b> 10:00 am<br/>Sr. Karaoke</p>        | <p><b>Rev. Ouchi will be away in Japan from July 19th until August 6th</b></p> |  |  |   | <p><b>22</b></p> <p>8:00 pm<br/>Buyo</p>   | <p><b>23</b></p> |
| <p><b>24 SUMMER SERVICE</b></p> <p>9:30 am Bazaar Committee Mtg</p> <p>11:00 am Service</p>  | <p><b>25</b> 10:00 am<br/>Sr. Karaoke</p>        | <b>26</b>  | <p><b>27</b></p> <p>7:00 pm<br/>Isshin</p> | <p><b>28</b></p> <p>1:00 pm<br/>Buyo</p>   | <p><b>29 Kid's Sangha Day at Wasaga</b></p>   | <b>30</b>  |                  |
| <p><b>KID'S CAMP AT LUMBINI JULY 24 - JULY 30</b></p>  |  |  |  |  |   |  |                  |
|  |  |  |  |  | <p>8:00 pm<br/>Buyo</p>   |  |                  |
| <p><b>31 SUMMER SERVICE</b></p> <p>11:00 am Service</p>  |  |  |  |  |   |  |                  |

Morning Services are held on the week days on Monday, Wednesday, Thursday and Friday from 10:00 am—10:30 am when a Minister is available. As emergencies do come up, last minute cancellations may occur Thank you !

# AUGUST 2016

| SUNDAY  | MONDAY   | TUESDAY | WEDNESDAY               | THURSDAY | FRIDAY  | SATURDAY  |
|---|--|---------|-------------------------|----------|---|---|
| * Events marked with an asterisk are <b>PRIVATE</b> and <u>not</u> open to the public<br>Thank You !  | <b>1 Civic Day</b><br><div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">OFFICE CLOSED</div> ** TBC Buyokai Dress Rehearsal | 2       | 3<br>7:00 pm<br>Isshin  | 4        | 5<br>8:00 pm<br>Buyo                          | 6<br><br><b>2:00 pm</b><br><b>TBC</b><br><b>BUYOKAI</b><br><b>CONCERT</b> |
| <b>7 MONTHLY MEMORIAL SERVICE</b><br>11:00 am English<br><b>Guest Speaker Joanne Yuasa of Vancouver Buddhist Temple</b><br>12:30 CCOV MTG   | 8 10:00 am<br>Sr. Karaoke  | 9       | 10<br>7:00 pm<br>Isshin | 11       | 12  | 13 10:00 am<br><b>TBC Dana Tsukemono Workshop</b>                         |
| 14 11:00 am<br>Summer Service -<br><b>Ministers' Assistant Appreciation Service</b>   | 15 10:00 am<br>Sr. Karaoke<br><br>7:00 pm<br>Isshin  | 16      | 17<br>7:00 pm<br>Isshin | 18       | 19  | 20 10:00am<br><b>** TBC Buyo Workshop</b>                                 |
| Rev. Ouchi away in Berkeley for Minister's Meeting  |  |         |                         |          |   |   |
| Rev. Yanko away in Berkeley for Minister's Meeting and vacation   |  |         |                         |          |   |   |
| 21 11:00am Summer Service<br><br><b>TEMPLE CLEAN UP</b>   | 22 10:00 am<br>Sr. Karaoke<br><br>7:00 pm<br>Isshin  | 23      | 24<br>7:00 pm<br>Isshin | 25       | 26 10:00 am<br>Kyoto Women's University visit | 27  |
| 28 11:00 am<br>Summer Service<br>Rev. Yanko Guest Speaker at Calgary Buddhist Temple Obon Service   | 29 10:00 am<br>Sr. Karaoke   | 30      | 31<br>7:00 pm<br>Isshin | 1 SEPT   | 2   | 3   |
| Rev. Yanko on vacation  |  |         |                         |          |   |   |
| <div style="border: 1px solid black; padding: 5px; display: inline-block;">                         EBL Convention in Seabrook New Jersey Sept 2nd 3rd 4th<br/>                         Rev. Ouchi will attend                     </div> |  |         |                         |          |   |   |

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Thank you !



## EGOCENTRICITY

Hello, my name is Yoshimichi Ouchi.

I've come here (to Toronto Buddhist Church) on the 15<sup>th</sup> of April. I was born in Oita prefecture on Kyushu Island. I spent for 6 years in Shiga, Kyoto and Osaka prefectures studying Buddhism after graduating high school. In that time, I worked at a temple in Osaka prefecture for 2 years. That temple was on the outskirts of Osaka city. There were many rice fields around the temple. One day, when I finished a memorial service, I asked one member who had a rice field. "Today, it's raining, and it is so cold, it's not a good day, is it?" He said to me "Today is a good day, because my rice field needs rain to grow!!" I thought Oh, it's true... because, the farmer needs rice, the rice needs rain.

I saw him a month later, and on this day it was also raining. I said to him "Today is a good day because your rice field will grow very well!!" But, this time he said to me "No, today is not a good day, because I had planned on harvesting my rice." One day he thought rain was good, but the next rain was bad.

So today I would like to talk about EGOCENTRICITY, about only thinking of oneself. When we only focus on ourselves, we create distinctions between right and wrong, myself and others. The Sutra said, in the sky there is no distinction for east and west; people create the distinctions out of their own minds and then believe them to be true.

For example,

One old man said "young kids are bad, because they don't know anything!!!" But 3 days later he said "I want to be younger, because I cannot memorise anything!!!" On the other hand, one young guy said: "Today I'm so happy. To live is amazing!!!" But 3 days later he said "oh... Today I want to die... I'm so tired of life..."

We can change our minds very quickly and easily!! But there are things we cannot change, like the weather, age and life. Think about when you tell somebody about me. Rev. Ouchi is good or bad. Please do not forget only 3 words. These words are "just for me". "Rev. Ouchi is good **just for me**" or "Rev. Ouchi is bad **just for me**" People often talk about each other, and decide if you are good or bad. But as I said before "when we only focus on ourselves, we create distinctions between right and wrong, myself and others."

The Sutra said, in the sky there is no distinction for east and west; people create the distinctions out of their own minds and then believe them to be true. We create distinctions. Like the rice farmer's view of the rain, Things are judged as good or bad depending on the situation. If somebody says that you are bad, please don't pay attention, because it is "Just for them". Please remember your family and friends who love you, and remember Amida-Buddha loves you, just as you are.

**"Come As You Are" \***  
**An Interview with Ron Shimizu**



***What brought you to Temple?***

In short - my wife and kids led me to the Temple.

***How was that?***

Edy and I met during the 1977 Japanese Canadian Centennial in which we were both involved due to our interest in the Japanese community and I suppose our heritage. So when we found ourselves as parents with a couple of kids in the early 1980s we wanted them to know other Japanese Canadians (other than relatives) and have a sense of community. The old TBC was close to where we lived back then so Edy decided to take Aja and Tomo there, but she found only a few children there at the time. Kunio Suyama told Edy if she promised to bring the kids there every Sunday he would see the kindergarten re-open. So Aja and Tomo were duly brought to the Temple on Sundays and they were joined by Alana and Brendan Wyatt and later others. I must admit that I was not a regular temple visitor in those early years at all. I slept in on Sundays or was too busy fixing up our old house. As the kids continued to go Dharma school and Edy volunteered as all Dharma school parents did, I found myself getting more involved.

***What made you stay with the temple?***

It was and is the people at the temple. Helping out with kids outings, Camp Lumbini, Hoonko, Family Banquet, Bazaar and Mochi Tsuki were all events through which I found friendship and fellowship. The ministers through the years - Rev Fujikawa, Rev Grant, Doreen Sensei, Rev Masa, Rev Kikuchi, Rev Tomo, Rev Makino and today Rev Christina and everyone else I met at the temple were really friendly and welcoming. It wasn't too long before I found myself in the TBC Sangha, my first real experience with a longstanding temple organization. Here I learned about Temple history from Sangha members who were with the temple from the 1950s. I found their dedication to the temple, its ministers and the congregation really impressive. My involvement sort of grew from there with a stint on the old TBC board, on the New Temple Building Committee and the Education/ LDC committee.

***What role does Buddhism play in your life and involvement with the temple?***

I worked in the environmental protection field for over 35 years. I found the basic tenets of Buddhism underpinned a modern environmental perspective. To me these values are:

Seeing things as they are;

Recognizing the limits of a self centred view of and approach to life;

Recognizing the connectedness of phenomena – that everything is related to everything else;

Realizing that change is constant and everything is impermanent;

Recognizing a Oneness of it all and;

Being compassionate for all living things and having a sense of gratitude for life.

I believe that carrying these values into personal and societal decisions and actions will hold all of us in good stead and make the planet a better place. I view the temple as a repository of those values - so when I sing the Tisarana - I am reminding myself of those values and replenishing my faith in them.

*\* From a poem in Taitetsu Unno's book Bits of Rubble Turn To Gold.*

## PROFESSOR KEIKO TORO



She has a one way ticket around the world and is stopping in as many countries as possible, visiting Jodo Shinshu Temples. Professor Keiko Toro from Jin Ai University in Japan is writing a book on her experiences with Jodo Shinshu Buddhism in all the countries she will have visited while on sabbatical. While in Canada, she visited the Steveston Buddhist Temple, Vancouver Buddhist Temple and the Toronto Buddhist Church; next stop London.

On Saturday June 4, 2016 she presented a Workshop on how to write your own eulogy. A very professional, enthusiastic and spiritual lecturer, she used a white board to help us visualize the interconnectedness and flow of things. The thought of writing your own eulogy brings home the need to think about one's life and how you will be remembered. What were your actions, words and minds feelings? Was your life fulfilled with joy and gratitude? A very worthwhile exercise. On Sunday June 5, Professor Toro was the guest speaker at the June Shotsuki Service reminding us of Sakyamuni Buddha's last words.

Make yourself a light.

Rely upon yourself: do not depend upon anyone else.

Make my teachings your light.

Rely upon them: do not depend upon any other teaching.

### SHOTSUKI REMINDER NOTIFICATIONS

For decades our Temple has regularly sent courtesy reminders by mail to the close families who have lost loved ones during a particular month about their upcoming Shotsuki service. In doing this the Temple office has maintained a comprehensive database of the names of those whose funeral services were held by Toronto Buddhist Church, as well as the names and addresses of their next of kin. It has recently been discovered that our database has become corrupted with the result that some names have disappeared from our current database, and some families may not have received our Shotsuki reminders. Most if not all families already know their loved ones' Shotsuki dates every year, but they do not mind receiving our reminder. If anyone has failed to receive a timely reminder over the past year from our Temple, please notify the Temple Office. In the meantime, we are investigating the failure of the database and will bring it up to date as soon as possible. The Temple apologizes for any inconvenience caused by this error.

### Obon Odori Festival

The Obon odori will be held at 7:00pm, Saturday, July 9, 2016 at the Japanese Canadian Cultural Centre. Watch the dancers in their colourful kimonos and enjoy this important Buddhist tradition.

#### Obon Odori

Japanese Canadian Cultural Centre

6 Garamond Ct.



## TBC Annual Picnic

### Camp Green Acres, Sunday June 12, 2016

Mother Nature was kinder to us this year and even though part of the day was breezy and cool, there was no rain in the forecast and the sun made its appearance.

Camp Green Acres have numerous amenities available to us and throughout the day you could see people taking advantage of some of them from visiting with the farm animals; playing on the outdoor equipment; going for a walk around the property; tossing the football in one of the many fields and using the heated pool.

Along with the traditional activities such as the outdoor service, free hot dogs, bingo, Fukubiki draw, races for the children and adults we were treated to a yoga class organized by Denise Crofton. Many thanks to the Youth volunteers for organizing the races and even Rev. Yoshi joined in.

For a second year, we held a 'Share the Wealth' draw which helps to subsidize the costs associated with the picnic. Congratulations to our winners: 1<sup>st</sup> prize of \$150.00 to Pamela Yoshida; 2<sup>nd</sup> prize of \$100.00 to Jane Koyata and 3<sup>rd</sup> prize of \$70.00 to David Saxby.

For bingo the Mother's Day winner was Sean Izukawa; the Father's Day winner(s) were Jordan Freedman; Joaquim Kataoka and Justin Allen. Our \$100.00 jackpot winner was Tosh Yasui.

The Toronto Buddhist Church gratefully acknowledges the following donations which helped to make the picnic a success: Mr. Taro Akiyama, **Taro's Fish Inc.**; Mr. Stanley Chiu, **Sea-Hi Restaurant**; Mr. Hibino, **Heisei Mart**; Mr. Dave Garvie, **Ogden Funeral Home**; Mr. Shigeru Kimura, **Ginko Restaurant**; Mrs. Gertrude Urabe, **Gertrude Urabe Insurance Agency**; Mr. Gary Tanaka, **Cooksville Automotive**; Mr. & Mrs. Mizuno, **Sanko Trading**; Mr. Nishikaze, **Ocean Foods Co.**; Mr. Motoaki Aoki, **Mye Restaurant**; Mr. Dale Kiyonaga, **Main Auto Body**; Mrs. Haynes, **Japan Beauty Images**; Mr. & Mrs. Mark Ikebata, **Dr. Sushi/Ikebata Nursery**; Ms. Elaine Takahashi, **Fisherman's Plaice Fish & Chips**; **Longbranch Fish & Chips**; **Clarkson Fish & Chips**; **Mississauga Marketplace Fish & Chips**; Mr. Shoji Mitsuishi, **Sandown Market**; Mr. Cary Kataoka, **24/7 Systems & Network**; Mits Ito; Jessie Ebata; Myra Takasaki; Fred & Ann Kotani; Cary & Joanne Kataoka; Eleanor McAnsh; Aki Ikebata; Hisaye Allen; George & Amy Nakano; Donna Nakano, Richard Goto; Gayle Hayashi; Joanne Omori & Jim Hoogkamp.

Once again, thank you to all our donors and volunteers and congratulations to all our winners.

#### 2016 TBC Picnic Committee



## Partner Yoga at Camp Green Acres

On Sunday June 12th Kids Sangha held a yoga class at Camp Green Acres. Yoga teacher Alex Paredes lead both adults and kids in an hour of Partner Yoga. The sun was shining and the birds were singing, it was a perfect day to be outside and stretch!

Three year old Atticus was definitely the most 'bendy' person there...

Thanks to my good friends Alex and Seema for teaching the class!

Denise



## MINISTERIAL ASSISTANT APPRECIATION

Please join us at the informal Sunday, August 14 service for a presentation to our 3 Temple ministerial assistants. We would like to recognize and thank Dennis Madokoro, Professor Jeff Wilson and John Skelton for their tremendous volunteer efforts in fulfilling the ministerial duties at the Temple during Reverend Yanko's absence.



### Buyokai 2016

The Kozakura Dance School will be holding a Japanese dance concert at the Toronto Buddhist Church on Saturday, August 6, 2016 at 2pm.

Tickets available for \$20 at the TBC office or from members of the TBC Buyo Group or email [canzai@sympatico.ca](mailto:canzai@sympatico.ca).

Ticket proceeds go to the Toronto Buddhist Church.

Summer has just arrived, but plans for the annual TBC bazaar have started.

Do you have a hobby and interested in selling your items at the bazaar? Half and full tables are available.

We would also be interested in hearing new ideas for the bazaar. Please contact us at [canzai@sympatico.ca](mailto:canzai@sympatico.ca).

Thank you.

TBC Bazaar Committee

### Welcome and Welcome Back



On Sunday May 29<sup>th</sup> we officially welcomed our new minister Rev. Yoshimichi Ouchi to our temple as well as welcoming back Rev. Christina Yanko to our Sangha by having a luncheon in their honor.

CCOV Team 5 were in charge of arranging the luncheon and did a remarkable job. Congratulations to all the team members for making this luncheon a success.

The decorations were provided by our very own talented Naomi Tamaki and I'm sure we'll be calling on her again for future activities.

Thank you to everyone and to our Sensei's for all their guidance.

### Special Projects & Culture



### FUJINOTOMO SUMI E WORKSHOP

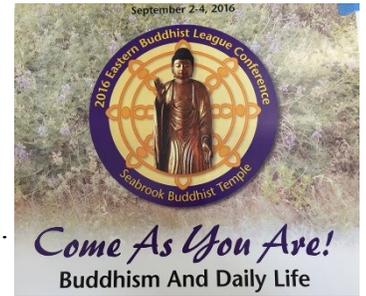
On Tuesday June 21 Fujinotomo held a sumie workshop in the social held lead by Temple member Ann Kotani. Everyone who attended had a wonderful time applying the techniques taught to them by Ann. There were 15 attendees who talked, laughed and applied their learned skills to paper. Everyone brown bagged their lunch with tea and dessert served by the Fujinotomo ladies.

Thank you Ann for sharing your knowledge with us, it was a wonderful workshop. We hope that you will consider another one in the future.



## EASTERN BUDDHIST LEAGUE CONFERENCE- INFORMATION

The Eastern Buddhist League Conference will be held at Seabrook Buddhist Temple in Bridgeton, New Jersey Sept 2 – 4<sup>th</sup>, 2016. It should be a wonderful conference. The theme of the conference is COME AS YOU ARE. Rev. Kenneth Tanaka is the keynote speaker. Registration for this year's conference will be \$150. US per person (deadline July 31<sup>st</sup>, 2016) and hotel reservations are available at Fairfield Inn & Suites Milville-Vineland \$102.30 US per night. Please visit the website <http://ebl2016.weebly.com> for any additional information.



This year Toronto Buddhist Church will not be sponsoring a bus due to high cost for this trip. If you are interested in going to the conference, please make your own travel arrangements.

### TBC Clean Up

**Date:** Sunday, August 21<sup>st</sup>, 2016

**Time:** Approx. 10:00 a.m. after a short morning service at 9:00 a.m.

It's that time of year again when we need to join together and take care of some maintenance issues at the temple.

We have a list of areas that need to be cleaned both inside and out and lots of volunteers are needed to complete this work in a day.

A sign-up sheet, along with the list of areas that need to be actioned, have been placed on the table in the lobby.

This would be a perfect opportunity for those high school students who still need volunteer hours or want to get a head start on accumulating those hours.

A light lunch will be provided.



### HOLD THE DATE TSUKEMONO WORKSHOP

The Dana ladies are sharing their tips and tricks at a fundraising

**TSUKEMONO WORKSHOP - SATURDAY  
AUGUST 13, 2016 - 10 am**

Now is your chance to learn from experts, the secrets of Tsukemono making that cannot be found in cookbooks. Everyone loves Japanese pickles, so come **SEE** how it is done! Spread the word. Bring your family and friends, gentlemen are welcome.

Workshop fee \$10.00. A light lunch will be served. Please register via email [tbc@tbc.on.ca](mailto:tbc@tbc.on.ca) or phone 416 534 4302.



**OBON 2016****SATURDAY, JULY 9<sup>TH</sup>, CEMETERY VISITATION SCHEDULE**

With just a month and a half away until Obon weekend, the Obon committee has submitted the cemetery visitation schedule.

This year, our guest speaker will be a familiar face and welcomed visitor. Rev. Grant Ikuta will join us for this important weekend.

Please bring your memorial lanterns which will be placed up near the naijin on Sunday, July 10<sup>th</sup> at both the 11am English service and the 2pm Japanese service, and remember to pick them up after each service.

**CEMETERY SCHEDULE****GRANT IKUTA SENSEI**

|                 |                    |          |
|-----------------|--------------------|----------|
| CENTRAL SERVICE | TORONTO NECROPOLIS | 8:30AM   |
| CENTRAL SERVICE | ST. JAMES          | 9:30 AM  |
| CENTRAL SERVICE | MT. PLEASANT       | 10:30 AM |

**CHRISTINA YANKO SENSEI**

|                 |            |         |
|-----------------|------------|---------|
| CENTRAL SERVICE | PINE HILLS | 9:30AM  |
| CENTRAL SERVICE | RESTHAVEN  | 11:00AM |

**YOSHIMICHI OUCHI SENSEI**

|                 |          |         |
|-----------------|----------|---------|
| CENTRAL SERVICE | PROSPECT | 9:30AM  |
| CENTRAL SERVICE | PARKLAWN | 11.00AM |

**JOHN SKELTON**

|                 |              |        |
|-----------------|--------------|--------|
| CENTRAL SERVICE | GLEN OAKS    | 9:00AM |
| CENTRAL SERVICE | SPRING CREEK | 9:30AM |

**DENNIS MADOKORO**

|                 |                         |         |
|-----------------|-------------------------|---------|
| CENTRAL SERVICE | HIGHLAND MEMORY GARDENS | 9:30AM  |
| CENTRAL SERVICE | ELGIN MILLS             | 11:00AM |

**OBON 2016**

**SATURDAY, JULY 9<sup>TH</sup>, CEMETERY VISITATION SCHEDULE, cont'd**

**MARTIN CARTLEDGE**

CENTRAL SERVICE                      YORK    9:30AM

**JESSIE EBATA**

CENTRAL SERVICE                      SANCTUARY NORTH END                      9:00AM

CENTRAL SERVICE                      RIVERSIDE AND ST. PHILIPS                      9:30AM

**GEORGE NAKANO**

SANCTUARY, SOUTH END                      9:00AM

MEADOWVALE                                      1 PM

OR TO BE ARRANGED BY MR. NAKANO

**JOHN NISHIKAWA**

GLENDALE    9:30AM

**PAULINE KNUDE**

SALEM    ....time to be arranged

The Obon committee thanks all volunteers for their time and efforts so that the TBC may continue with this very important tradition. We ask the families for their patience while waiting for their Senseis and choshos to arrive as travelling times may cause delays.

Gassho

**OBON GUEST SPEAKER—REVEREND GRANT IKUTA**

**SATURDAY JULY 9TH**

CENTRAL SERVICE                      TORONTO NECROPOLIS                      8:30AM  
 CENTRAL SERVICE                      ST. JAMES                                      9:30 AM  
 CENTRAL SERVICE                      MT. PLEASANT                              10:30 AM

**SUNDAY JULY 10TH**

**9:00 am                                      Hatsubon Family Service**  
**11:00 am                                      English Service**  
**2:00 pm                                      Japanese Service**



## Camp Lumbini 2016 (July 24<sup>th</sup> – 30<sup>th</sup>)

Camp Lumbini is once again fast approaching – join us for a whole week of fun and Buddhist related activities. Every year Camp Lumbini revolves around two themes: one associated with Buddhist teachings and another based on popular culture. This year the themes will be the Noble Eightfold Path and the Olympics. The Noble Eightfold Path is a principal teaching in Buddhism that is represented by the dharma wheel, whose eight spokes represent the eight paths. The Noble Eightfold Path is used to understand the nature of life and phenomena in order to achieve enlightenment. At Camp Lumbini the staff will strive to teach the attending youth about the Noble Eightfold Path and how it may apply to daily activities performed during the week.

Daily activities at Camp Lumbini include trips to the beach, various arts and crafts, fun team building activities and daily evening activities including, mini golf, campfires, movie night and bowling. Additionally, the day trip will either be a canoe/kayak trip with Free Spirit Tours or Tree Top Trekking at Horseshoe Valley Resort depending on age and size of participants. Every year it is our goal to provide a safe environment that fosters leadership and teamwork development, acceptance of individual differences and values and provide an opportunity for all individuals to participate in recreational activities regardless of individual skill in addition to imparting some understanding of Buddhist teachings.

If you have any questions concerning Camp Lumbini you can contact Stephen Taguchi or Rachel Kataoka at [stephen.taguchi@utoronto.ca](mailto:stephen.taguchi@utoronto.ca) and [rachelkataoka@hotmail.com](mailto:rachelkataoka@hotmail.com) respectively.

Hope to see you this summer.

## SUMMER BREAK FOR MEDITATION

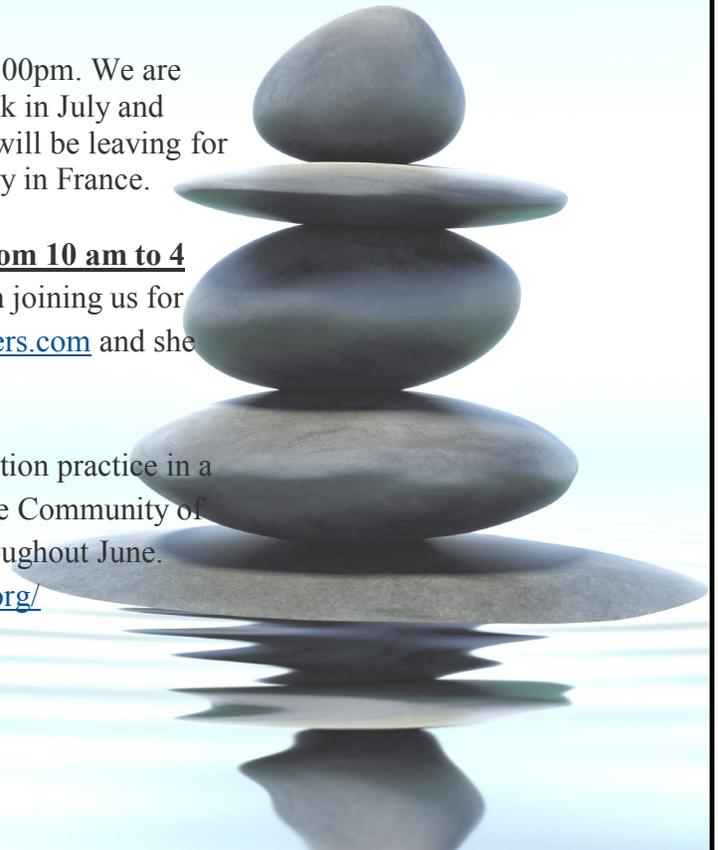
We will be continuing our meditation sessions in the fall every Thursday evening starting September 8, 2016 at 7:00pm. We are taking a break for the summer - we would normally break in July and August, but this year it is extended to include June, as I will be leaving for a 21 day meditation retreat at the Plum Village monastery in France.

We are planning a **Day of Mindfulness on July 16th from 10 am to 4 pm.** (pot luck vegetarian lunch). If you are interested in joining us for this event please email Denise Crofton at [dcrofton@rogers.com](mailto:dcrofton@rogers.com) and she will provide you with more details.

For those of you that would like to continue your meditation practice in a group setting, our sister sangha, the Mindfulness Practice Community of Toronto meets Saturdays from 9:30 am to 12:30 pm throughout June. Their website is <https://mindfulnesspracticecommunity.org/>

Have a great summer!

Namaste.



### CAMP LUMBINI OPENING AND CLEANING

I would like to thank the 12 volunteers

(Joanne, Abigail, Joaquin, Devon , Koji, Mas, Margaret, Bryan, Grace, Stephen, myself & Rev Yoshi ) who came up to Camp Lumbini on June 18th to help with the opening by cleaning the three cabins and surrounding property. It was a long and hot 7 hours, but they got it done and members can look forward to renting the cabins during the summer.

Thank you,  
**MICHAEL**

### CAMP LUMBINI UPGRADE

This year we have installed screen storm Doors on the front of all cabins and sliding screen door on the back of cabins 1 & 2. This should improve the flow through vent making it cooler during the hot summer.

I would also like to thank Stephen and Adam Taguchi for helping me install a new shower in cabin 2. They had no home renovation experience but with a little guidance they did a great job. I appreciate this opportunity to connect with the youth group.



### OUTDOOR NEIGHBOURHOOD SERVICE

Please make sure to diarize **Sunday September 18**. On that day we will have our very first Outdoor Neighbourhood Service. For quite a while now our Temple has wanted to meet the residents who were kind enough to accept us in their neighbourhood and give them an opportunity to experience what our Temple was about. The Temple had originally planned the service for last May, but with a full slate of other functions, we were forced to postpone the outdoor service. We hope that the early Fall will be a perfect time to conduct our regular service outdoors in Banting Park and to finally extend a long -overdue invitation to some of our close neighbours to share our service as well as some refreshments. We will ask you to bring your own chairs and your hospitality as we hopefully will have a great opportunity to meet our visitors. More details will follow in coming editions of the Guiding Light.



### OBITUARIES

The Toronto Buddhist Church wishes to extend its deepest condolences to the families, relatives and friends of the following individuals who have passed away during the past month.

- Mrs. Inis Shimae Kitamura(Hamilton, On) 94 yrs  
May 31, 2016
- Mrs. Kazuyo Kay Fujimoto 81 yrs  
May 31, 2016
- Ms. Akiko Ishimura 52 yrs  
June 9, 2016



## Kids Sangha Day at Camp Lumbini



courtesy of [www.thurlesic.ie](http://www.thurlesic.ie)

Kids Sangha Day will be held on **Friday July 29th**.

The Camp Counsellors have planned many fun activities for the kids, including time at the beach. The beach is walking distance from the cottages so will spend quite a bit of time by the water.

We will **start the day at 10:00 am** with a short service by one of the Ministers and then after the service the activities will begin. Please bring a bathing suit, beach towel, change of clothing and any other items you may need for outdoor activities (sun tan lotion, bug spray, running shoes etc...).

Our camp chefs will provide all meals, snacks and drinks. Please let me know of any dietary restrictions so I can inform our counsellors.

**RSVP - If you plan to attend our Kids Sangha Day on July 29<sup>th</sup> please let me know by July 25th so I can let our counsellors and volunteers know how many people will be attending for the day. You can send me an email at [dcrofton@rogers.com](mailto:dcrofton@rogers.com).**

**Gassho, Denise Crofton**



courtesy of [1.bp.blogspot.com](http://1.bp.blogspot.com)

## **Rally Sunday is September 11, 2016 (Registration for the Kids Program).**

Kids Service will begin at 10:30 am in the Hondo

After the kids service (at 11:00 am) we will hold a mix and mingle for the kids, giving them time to catch up with their friends and meet new friends. We will also use this time to introduce the program, talk about upcoming events and finish with a fun activity and tasty treats.

Parents can fill in registration forms after the 11:00 am service.

The Kids Sangha Program will be held every first and third Sunday.

If you haven't been to the Temple in a while, please stop by, we would love to see you!

Gassho,  
Denise Crofton

## **KIDS SANGHA'S VISION**

Our vision is to bring together young children of all ethnic backgrounds and help them learn and experience the Buddha Dharma in a way that is relevant to their everyday lives.

Our Kids Sangha program is run in a safe and fun environment by a team of volunteers who are passionate about teaching children. Our hope is that children aged 4 to 13 yrs of age will build new friendships, have fun and feel good about time spent at the Temple as they participate in activity-based programs geared towards this age group.

Kids Sangha meets every 1st and 3rd Sundays of the month. No classes during the summer. Classes resume Rally Sunday September 11th.

The program is open to all families so please feel free to drop in anytime.

## **INTERESTED IN VOLUNTEERING?**

We are always looking for volunteers who are passionate about teaching young children. We currently have opportunities open in our classroom or daycare.

If you are interested, please contact Denise Crofton at [dcrofton@rogers.com](mailto:dcrofton@rogers.com)

Please note: Volunteers must pass a background check and agree to TBC's policies and procedures as it relates to childcare.



## **DISASTER RELIEF FUNDRAISER**

### **(EQUADOR, KUMAMOTO & FORT MCMURRAY)**

We would like to thank everyone who donated to the Disaster Relief Fundraising Campaign that was done by the Temple in the month of June.

Through your generosity and the Temple's contribution there was a total of \$1500.00 collected enabling us to donate \$500.00 to each organization.

Thank you for your support. The donations are shown as one amount in the Guiding Light but the Temple will issue individual receipts for amounts over \$25.00 to each donor.

## **TAIKO WORKSHOP**

Come join in the fun of a Taiko Workshop given by Isshin Daiko. Have you ever wanted to just bang on the drum to get rid of your frustrations or to see what it felt like? Now is your opportunity! Isshin is holding a workshop. No experience needed and all equipment supplied. You just have to come out and have fun. If interested please contact Darlene at [darlene.rieger28@gmail.com](mailto:darlene.rieger28@gmail.com) or call 416 419 8842. Space is limited. Wear something comfortable. If you have been to any previous workshops please let us know when you email or call.

This is also a fundraiser for our upcoming 20th Anniversary Concert "SAIKAI"

Date: Monday August 22

Time: 7:00pm - 9:00pm

Cost: \$50.00 (Temple members \$40.00, please bring membership card)



**HOPE YOU CAN MAKE IT!!**

# Jodo Shinshu Buddhist Temple of Canada Japan Tour 2016

第25代専如門主 伝灯奉告法要 団体参拝と  
親鸞聖人ゆかりの地を訪ねる14日間の旅

TOUR WEBSITE : [www.kiecan.com/toronto/jsbt/](http://www.kiecan.com/toronto/jsbt/)

As space is limited for participation in the Accession Service and since the airfare and hotel accommodations are in very high demand at this time of year in Japan due to it being a favourable travel season, please register now and secure your space before it is all gone.



DEPARTURE OCT.10, 2016  
RETURN OCT.23, 2016  
12 nights - 14 days

TOUR PRICE \* - minimum 15 participants required -  
THE FINAL TOUR PRICE WILL BE ANNOUNCED BY JUNE 30, 2016.

(30 or more participants) **\$6,000** per person / tax included based on double occupancy \*\*

(25 ~ 29 participants) **\$6,100** per person / tax included based on double occupancy \*\*

(20 ~ 24 participants) **\$6,200** per person / tax included based on double occupancy \*\*

(15 ~ 19 participants) **\$6,300** per person / tax included based on double occupancy \*\*

\* Check payment price. Subject to 3% handling fee for credit card payment.

\*\* Single occupancy supplement \$1,180 will be required if you cannot find room-share participant.

< Included >

- return air fare between Canada and Japan (economy class)
- 12 nights hotel accommodation (superior class)
- meals breakfast : daily lunch : 9 times dinner : 8 times
- all the transportations listed in the tour itinerary (private and/or public)
- sightseeing tours with English speaking guide listed in the tour itinerary
- special joint dinner with U.S. group on Oct. 21
- admission for all sightseeing places and temples
- English speaking tour escort

< NOT included >

- meals other than stated on itinerary
- portorage and gratuities at hotel
- personal incidental charges
- travel insurance - Purchase recommended. Ask our travel consultant.

< Payments >

- No deposit required at the time of tour registration
- \$500 non-refundable deposit is due at the time of air ticket arrangements (air ticket arrangement due will be advised later)
- Full payment is due by June 10, 2016

< Cancellation Policy >

- \$500 cancellation penalty if cancelled after air ticket arrangements
- 50% cancellation penalty if cancelled by July 10, 2016
- 100% cancellation penalty if cancelled after August 10, 2016

### \*\*\* TOUR ITINERARY \*\*\*

- Day 1 Oct. 10 (Mon)  
Leave Canada for Japan
- Day 2 Oct. 11 (Tue) TOKYO (東京)  
Arrive at Tokyo
- Day 3 Oct. 12 (Wed) TOKYO (東京)  
TSUKIJI HONGWANJI, Tokyo sightseeing
- Day 4 Oct. 13 (Thur) TOKYO (東京)  
Free at leisure
- Day 5 Oct. 14 (Fri) TOKYO (東京)  
Nikko sightseeing, SAINENJI TEMPLE, JIUNJI TEMPLE
- Day 6 Oct. 15 (Sat) YUDANAKA (湯田中温泉)  
ZENKOJI TEMPLE, famous "snow monkeys"
- Day 7 Oct. 16 (Sun) UNAZUKI (宇奈月温泉)  
KOKUFU BETSUIN, Kurobe Gorge sightseeing
- Day 8 Oct. 17 (Mon) KANAZAWA (金沢)  
Kanazawa sightseeing
- Day 9 Oct. 18 (Tue) KAGA (加賀温泉)  
EIHEIJI TEMPLE
- Day 10 Oct. 19 (Wed) KYOTO (京都)  
Free at leisure
- Day 11 Oct. 20 (Thur) KYOTO (京都)  
MT. HIEI, HINO TANJO-IN, SUMINOBO, OTANI HONBYO
- Day 12 Oct. 21 (Fri) KYOTO (京都)  
HONGWANJI ACCESSION SERVICE, Joint dinner
- Day 13 Oct. 22 (Sat) KYOTO (京都)  
Free at leisure
- Day 14 Oct. 23 (Sun)  
Back to Canada



Check out our dedicated tour website [www.kiecan.com/toronto/jsbt/](http://www.kiecan.com/toronto/jsbt/) for details, or feel free to contact KINTETSU, appointed travel agency.



近畿日本ツーリスト 株式会社

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COPY OF DETAILED ITINERARY AVAILABLE IN THE OFFICE