



Guiding Light

April, 2022



*Snow covered Shinran Shonin in front of NYC Buddhist Temple
Photograph taken by Myra Takasaki*

TORONTO BUDDHIST CHURCH *a Jodo Shinshu Temple*

1011 Sheppard Ave West
Toronto, Ontario, Canada, M3H 2T7
(416) 534-4302 www.tbc.on.ca

Upcoming Services English and Japanese

We are open for in-person services. The following is a list of the upcoming services. Please register for either in-person or the Zoom services on the website or by emailing tbc@tbc.on.ca.

		Kids' Sangha 10:30 am	11:00 AM	1:00 PM
		Zoom & In Person	In Person & Zoom	In Person & Zoom
April 3, 2022	Monthly Memorial	English	English	Japanese
April 10, 2022	Regular Service	None	English	None
April 17, 2022	Hanamatsuri Service	English	Guest Minister Rev. Kusunoki Bilingual	None
April 24, 2022	Tsuito Hoyo (via JSBTC AGM)	None	ZOOM only time TBA	None
May 1, 2022	Monthly Memorial	English	English	Japanese
May 8, 2022	Regular Services	None	English	None

Updated Protocols for Service Attendees

While the government no longer mandates the wearing of masks in indoor settings, the Toronto Buddhist Church Board of Directors has decided to continue to require that people visiting the temple wear masks. We take the health and safety of our members seriously and have considered the risk to our seniors as well as others who may be in a more vulnerable situation. To help reduce and minimize exposure to and to control the spread of COVID-19, the following protocols will be continued for the time being for those attending in-person services.

1. Please pre-register through email, our website or telephone, before Friday at noon. Walk-ins will be admitted as space allows.
2. Please use hand sanitizer upon entering the temple.
3. Please self-assess your health status prior to entering the temple. If you are not feeling well, or suspect that you have been exposed to COVID-19, or are not vaccinated and have travelled outside the country within the previous 2 weeks please stay home. Services will continue to be live streamed via Zoom.
5. Everyone will be required to wear a mask while they are inside the temple
6. **PLEASE DO NOT CONGREGATE IN THE FOYER.** Everyone will be asked to go directly into the Hondo and find a seat. **PLEASE DO NOT MOVE THE CHAIRS.**
7. Everyone is asked to bring their own nenju and montoshikisho if you have them as there will be none to borrow.
8. There will be no group singing or chanting out loud.
9. You are welcome to place and retrieve your own homyo from the najin during memorial services.
10. No offertory baskets will be passed. Please leave your offering in the offertory box.
11. At the end of the service, everyone is asked to leave the building as there will be no refreshments in the social hall

until restrictions are lifted. **PLEASE DO NOT CONGREGATE IN THE FOYER.**

Thank you for your cooperation! Looking forward to seeing you at the temple!

To Register for Services:

Visit our Website at <https://tbc.on.ca/>
Email us at: tbc@tbc.on.ca
Call us at: 416-534-4302

SUNDAY APRIL 17, 2022

Hanamatsuri - Buddha's Birth - Kanbutsu-e

This Service celebrates the birth of Siddhārtha Gautama, who became Śākyamuni, the historical Buddha. Although this service is popularly called Hanamatsuri (flower festival) in Japanese, the more proper name is *Kanbutsu-e* (bathe-Buddha-gathering), in reference to the ritual of pouring sweet tea over a statue of the baby Buddha. The pouring of tea represents the gentle rain, perfumed by flower petals, that was said to have fallen in Lumbini Garden when Siddhārtha was born. Hanamatsuri is a visually memorable occasion because of the beautifully decorated flower-pavilion (hanamido) used to shelter the baby Buddha statue.

The appearance of a Buddha in the world is an extremely rare event, and therefore the era in which we live is auspicious for receiving the Dharma. We have been given a remarkable opportunity to have received life in human form and to listen to the teachings of Śākyamuni, 2500 years after his birth.

Statement on Russia's Invasion of Ukraine

On February 24, 2022, Russia aggressively began its invasion of Ukraine through military force.

It has been reported that in cities across Ukraine, many civilians including children have become victims in addition to the well over one million Ukrainian citizens forced to flee becoming refugees.

We, the Jodo Shinshu Hongwanji-ha Buddhist organization, strongly condemn taking human life lightly as well as using military force to unilaterally try to change reality through violent actions for no matter what reason.

In addition to the invasion of Ukraine, the reality is that terrorist attacks and military warfare continue across the world. Reiterating our stance against violence, it is our fervent hope that a peaceful resolution may be realized as soon as possible and that there be a safe return to peace for the people of Ukraine.

Overcoming conflict that arises through mutual exclusion and differences in thinking and values, I firmly believe that through joint efforts, the path to perpetual peace will open up to a life of spiritual richness.

March 8, 2022

IWAGAMI Chiko

Governor General

Jodo Shinshu Hongwanji-ha



Statement for Peace



“All tremble at violence; life is dear to all. Putting oneself in the place of another, one should not kill nor cause another to kill.”

(“Dhammapada” Chapter 10 verse 30)

We are deeply concerned and heartbroken by the armed conflict between Russia and Ukraine. Jodo Shinshu Buddhism values and strives for peace and tranquility for all sentient beings throughout the world. One of the basic teachings of Buddhism is the interconnectedness of all things. Conflict between the two countries has affected the entire world. Impermanence is another central tenet underlying all Buddhist teachings. It teaches us that everything is constantly changing. It is our hope that the conflict will end soon and peace will be restored.

With palms together in gassho,

Tatsuya Aoki

Bishop, Jodo Shinshu Buddhist Temples of Canada



2022 JSBTC Tsuito Hoyo Annual Memorial Service

Sunday, April 24, 2022 (1pm ONTARIO)

Kansho Opening Bell
 Vandana & Ti-Sarana
 Sutra Chanting “Sambujo” “Sanbutsuge”
 Installation of Officers
 Dharma Talk
 “Three Treasures”
 Gatha “Ondokusan”
 Words of Appreciation: JSBTC President
 Closing Remarks



JSBTC Tsuito Hoyo Annual Memorial Service

Time: Sunday, April 24, 2022 1:00 pm EASTERN

<https://us02web.zoom.us/j/6920590986?pwd=YTdTbkx6M0cxeUhPNXA4YW0vRW5WZz09>

Meeting ID: 692 059 0986

Passcode: shinran

Highlights from the 2022 Virtual Annual General Meeting

The TBC AGM was once again held virtually via Zoom. Thank you to all those who were in attendance and to those who sent in proxies.

A big thank you to retired director **Paul Aoki** whose knowledge has been invaluable to the Board and special thank you to **Jessie Ebata** who has retired after serving multiple presidents on the Board. Your tireless work over the years has been much appreciated.

The 2021 Board of Directors consists of the following:

Les Tanaka continues as President and Director.

Kevin Kawaguchi, Donna Nakano and **Jessica Peddle** return as Directors.

Newly elected Directors are **Susan Ebisuzaki** and **Jennifer Bright**

The 2022 Board of Directors pledge to continue to work to support the temple and its members to spread the Buddhist teachings, without prejudice.

Your volunteer Board of Directors welcomes and encourages all members and friends to assist the Board/Temple in any way, big or small, with the ongoing operations and future direction. Please feel free to contact any of us with your questions, concerns or offers of assistance.

In Gassho

Board of Directors, Toronto Buddhist Church

Light of Joy & Ganges River



Our temple reopened its doors for Sunday service in March. I knew it was difficult to chant a sutra with a mask, but wearing a mask and keeping social distance was required in the Hondo to protect each other.

Even though we held in-person service on Sunday, we continued online service over zoom, because we knew some people attended our service from other cities and locations. However, the most enjoyable part was meeting with everyone face to face to recite the Nembutsu together. Above all, I was very happy to be able to see members' faces when I gave Dharma talks.

I recently participated as a panellist in a forum discussion hosted by Nishi-Hongwanji Temple last month. What we talked about was what we did to share the Buddha Dharma during the pandemic? And how will we spread Dharma after the pandemic?

In that discussion, the other Senseis also said that the most difficult thing for us was that we could not see the members' faces when we gave the Dharma talk. This is because without seeing the other person's face, I was not sure whether what I was trying to say was being understood correctly, clearly, and properly. After all, it was difficult to speak about Buddhism to a laptop's camera during the pandemic.

In the last Guiding Light of March, I wrote about the unhindered light that is one of the twelve kinds of light of the Amida Buddha. In this month of April, I would like to write about the Light of Joy.

The light of compassion illumines us from afar:

Those beings it reaches, it is taught,

Attain the joy of dharma,

So take refuge in Amida, the great consolation.

(Hymns Based on Gathas in Praise of Amida Buddha. CSW page-325)

This Wasan praises one of the lights of Amida Buddha which is called "Light of Joy," because it gives us the joy of Shinjin (entrusting heart). Shinran Shonin said that Buddha of the Light of Joy is the joy of dharma. It's the light, which acts to cure the darkness of greed, anger and ignorance. We don't create the joy of knowing we will be reborn in the Pure Land. This joy also comes from Amida Buddha.

This light has the function of reducing the bonno of anger. My Bonno of anger is the mind that is unable to see things correctly. I become annoyed by things that do not go my way.

I don't have a child, but I can imagine. even if I loved the child, I could become angry with the child if he or she does not do as I say. I might say, "Why don't you understand me?" This feeling is the same as the Bonno of anger.

When we advise others, we often say, "I'm saying this for your benefit." But really we are saying it for our benefit because we believe we are right. Without our realizing it, we are self-centered in our thoughts and actions.

We can become angry if they don't follow our advice. At such times, it is the light of joy of Amida Buddha that suddenly makes us aware of our selfish, ugly, and ignorant ways. In other words, this light is also a light that makes us humble and reflective of our self-centredness.

And we must not forget that it is because of the SHINJIN that Amida Buddha gave us that we are able to reflect on the fact that our anger is painful.



In addition, there is another kind of Amida's light that is called "Light that Surpasses the Sun and the Moon." These photos were taken on the Ganges River in India when I was a University student.



Some people washed their clothes and their bodies in the Ganges River but I also saw someone throwing ashes of dead person into the river. Others, like me, were moved by the sunrise, while others meditated quietly beside them.

Every person was different in what they were doing and feeling on that Ganges. But to all of us, the Ganges showed the same river flow, as if it was not rejecting us, as if it was accepting everything.

But even more impressive was the sunrise on the Ganges River. That sunrise was a warm light equally illuminating those who were washing clothes, playing in the water, performing rituals, and meditating. I still remember how the gentle light warmed my body in the early morning while it was still chilly.



The Amida's light refers to the activity that is beyond the light of the sun and the moon. Therefore, it may be wrong to compare the light of the sun I saw in the Ganges River with the light of the Amida Buddha. But the warmth of the sun I felt at that time was like something big enveloping me.

When I see myself illuminated by the light of the Amida Buddha as clearly as I see the moon illuminated by the light of the sun, I cannot help but put my hands together and recite the Nembutsu.

In Gassho

Rev. Yoshimichi Ouchi

HANAMATSURI Buddha's Birthday Service



Hanamatsuri Literally means “flower festival,” which is celebrated in April, commemorating the birth of Siddhartha Gautama. Siddhartha became enlightened as Sakyamuni Buddha and this marks the release of sentient beings from suffering and sorrow.

According to our tradition, the historical Buddha, Sakyamuni, was born in Nepal on April 8, 566 B.C. There are many flowery descriptions of the scene at his birth, including celestial birds singing beautiful songs, beautiful flowers, and a sweet gentle rain bathing the baby Buddha. The vital fact that on this day, the greatest sentient being who became the enlightened one, the Buddha, was born is important and celebrate his birth together.

TBC invited Rev. Katsuya Kusunoki who is a resident minister of the Seattle Betsuin Buddhist Temple to our *Hanamatsuri* service as a guest speaker over zoom. He was born in Nagasaki, Japan. He is a graduate of Miyazaki University where he majored in primary education. While a college student he took a break and spent almost two and a half years in a Japanese volunteer program similar to the Peace Corps in America coaching baseball in Zimbabwe. After graduating he spent three years teaching 3rd and 6th grade classes before deciding to become a minister.

Sensei's advanced training includes the Hongwanji-ha Rituals course for leaders (Gonshiki). He is a Hongwanji-ha certified Special Rituals Minister. Sensei's first assignment in America was to the Lodi Buddhist Temple in 2010 and he was transferred to Seattle in April of 2017.



DATE: April 17th 2022 (Second Sunday)

TIME: 11:00 am (English & Japanese)

A Break in the Clouds

The light of all-embracing Compassion shines on us and protects us always,

Breaking through the darkness of ignorance;

Even so, the misty clouds of greed, anger, and hatred

Continue to extend over the sky of true and real shinjin, or True Reality.

(from Shin Buddhist Service book, Shōshin-ge in English Prose, pg 84)

This passage is from the *Shōshin-ge: Verses on True Shinjin and Nembutsu* written by Shinran Shonin. It is one of the most important texts that we chant in our tradition, as it encapsulates Shinran's interpretations of the *Larger Sutra of Immeasurable Life* as well as expresses his appreciation of the Seven Pure Land Masters whose works transmitted the teachings of the *Larger Sutra* to him. In this verse, Shinran Shonin draws an image for us that we are in an all-embracing light of Compassion - this is Amida Buddha. In contrast to the light which symbolizes Amida's wisdom and compassion, is the darkness - symbolized by “misty clouds”- that shrouds us in human ignorance. The compassionate light of Amida is present always and everywhere but the clouds of our ignorance can make it difficult for us to recognize we are always embraced in it. Sometimes we can “see the light” when there is a break in the clouds.

I often think of this passage when I am sitting on the

naijin (altar) during service because it mentions sunlight and clouds. It may be hard to tell from the other side of the screen, or even from sitting in the gejin (seating area of the hall) but there are windows all along the tops of the walls around the hondo (main hall), even high up behind the structure that “houses” the statue of Amida Buddha. On sunny days, it is very nice to have so much natural sunlight brighten the altar area. The days I notice it the most are those when clouds move in front of the sun because it makes patterns of light and shade that constantly move across the floor and surfaces. Even in the quiet and stillness of the moment of silent focus during the service, seeing the changing shadows and light reminds me that I am in a light more powerful than that of the sun.

The hondo and the temple itself are an important part of a Buddhist's life, and I consider myself very fortunate that I get to come to temple everyday and do work that is centred on the teachings of Shin Buddhism. Much of the time of the Senseis are spent preparing for services whether public ones like our Sunday services, or private ones like funerals and memorials. When we conduct a funeral or memorial service, we always ask the family if they would like to burn incense. Burning incense is an integral part of any Buddhist observance, as it symbolizes the purifying of the offered incense during the service. Before the service begins, we also burn a couple of sticks of incense.

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A Break in the Clouds, cont'd

The incense sticks we burn at TBC are called *mainichi kō* which is Japanese for “everyday incense”. It is not fancy, but it’s pleasant, and widely available in Japan. In fact, my grandfather burned this incense in his butsudān (home altar). I did not grow up in Japan with my extended family, and whenever I visited them as a child, we had a lot of Buddhist observances. The first thing we did after dropping off our luggage at my grandfather’s home was walk around the corner to the temple cemetery where the Yuasa family gravesite is located. We made offerings of food and flowers, and burned incense to pay our respects to ancestors and “announce” our return home. Every morning, my grandfather also made an offering of rice before breakfast and burned incense. At the end of the day he burned incense before closing its shutters. My grandfather’s home always had the aroma of *mainichi kō* because he literally burned that incense every day.

Now when I smell *mainichi kō*, I am instantly transported to my grandfather, and his home. I think many of you have experienced the feeling of hearing a song, or smelling a scent that just transports you to a different time or place and people. To me it kind of feels like being turned inside-out. I become very aware of a sensation in my chest (so my attention is turned inward) but at the same time, my attention is moved to something that’s outside of myself. I feel connected to something beyond my *self*. I’m not saying it is an “out-of-body” experience, but it just feels different to

how I *usually* feel, and I wonder if this is like the “light breaking through the clouds” that Shinran described.

My grandfather did not burn incense explicitly to teach me anything about Buddhism, let alone Shin Buddhism (my grandfather followed the Nichiren school). He just did it as part of living his life. But he unknowingly planted a seed that in certain circumstances, shifts my attention to something greater and beyond myself which I recognize as the compassionate activity which moves me to say *Namo Amida Butsu*. He never explicitly instructed me to say nembutsu, but his life created the conditions in my life which move me to say *Namo Amida Butsu*. I believe this is the compassionate light of Amida breaking through the clouds of my ignorance.

As Shinran Shonin wrote in this verse, we are usually under the mists of human ignorance, unable to recognize the True Reality of our be-ing. But if we’re open to them, common, everyday things like the scent of incense can be the light of Amida Buddha breaking through the clouds.

~ Joanne M Yuasa



OBITUARIES

The Toronto Buddhist Church wishes to extend its deepest condolences to the families, relatives and friends of the following individual who have passed away.

If we have missed any names, please notify the Temple office so that we may update our records.

Thank You

In Gassho Toronto Buddhist Church

Mrs. Fumiko Kumagawa

104 yrs

March 7, 2022



Life of Nembutsu enables us to appreciate every encounter

Shinran Shonin's Birth

Jodo Shinshu Teaching

2023

Session 1 March 29 - April 3

Session 2 April 10 - 15

Session 3 April 24 - 29

Session 4 May 6 - 11

Session 5 May 16 - 21

Watch the 850th/800th Joint Celebration in 2023 promotional video with English subtitles from Honpa Hongwanji HQ at

<https://youtu.be/UCfCEJxLHtl>

Keirokai March 20, 2022

This year we were able to have a small Keirokai celebration for 25 of our temple members. We were happy to have some of our honorees attend in person, while others joined us by Zoom during our March 20th service. Thank you to Toivo Knude for capturing the moments as our in-house photographer and to Cary Kataoka and Darlene Rieger for their audio-video assistance.

Once again Abigail Kataoka worked hard to recruit performers and put together a short entertainment video capably hosted by Scott Kusano. A big thank you to Abigail, Scott and all the performers for providing us with a nice program.

Honorees

Kiju - 77 years

Mitsue Fujino
Kaoru Katsura
Pauline Knude
Ann Kotani
Dennis Madokoro
Amy Murabayashi
Kazue Sato

Beiju - 88 years

Roy Asa
Sidney Ikeda
Marie Ikeda
Sumiko Koshida
Joyce Matsumoto
Linda Nakao

Hakuju – 99 years

Yuki Kondo
Buzz Ogaki
Mary Yoshiye Rumble

Hyakuju – 100+ years

Asaye Amemori (100)
Terrie Komori (100)
Fumi Kono (100)
Yaeko Nishihama (100)
Mits Sumiya (100)
Misao Tehara (101)
Miyo Takata (102)
Masako Yoshida (102)
Teruko Otani (103)



How to donate to Toronto Buddhist Church

While TBC has had to have its doors closed to visitors for most of the duration of the COVID-19 pandemic, the business of spreading the Shin Buddhist teachings to our sangha and beyond continues. Forwarding a financial donation will help prepare TBC to welcome everyone back to temple.

There are 3 ways to donate to TBC from home:

- **cheque:** mail to 1011 Sheppard Ave. West, Toronto, ON, M3H 2T7
- **E-transfer:** use email address darlene.rieger@tbc.on.ca
- **online donation via Paypal:** follow directions on www.TBC.ca "Make a Donation" page

Please include the purpose of your donation, as well as your **full name, mailing address, email address, and phone number. This is particularly important if you're donating by cheque or e-transfer.** This helps ensure you will receive a donation receipt for tax purposes. Detailed information can also be found on the TBC website: www.tbc.on.ca.

Your donations are always greatly appreciated.



CALLING ALL SANGHA KIDS**APRIL'S THEME: HANAMATSURI**April 17th, 2022 -HANAMATSURI

Sweet Tea Ceremony
Planting Flowers
Read the "Jataka Tale"

**MAY'S THEME: - GRATITUDE**

May 1, 2022 – Gratitude

What is Gratitude?
The Gratitude Challenge
A Tale

May 15, 2022 – Parents Day

All about Parent's Day
Parent's Day craft
A Tale



As of April 2022, we are so happy to be able to attend the temple in person for services and classroom activities. Pre-registration is required to attend the in person service. The virtual service is still an option. No registration is required. If you have any questions or concerns, please contact Jessica or Yumi at Kids.sanghatbc@gmail.com

With gratitude,
Jessica and Yumi

TBC DANA SCHOLARSHIP INVITES APPLICATIONS

The Toronto Buddhist Church Dana Scholarship Committee invites all qualified, graduating students to apply for a scholarship.

Eligibility:

Students who are first time applicants and who are members or who are children or grandchildren of members of a temple/ church in the Eastern District of the Jodo Shinshu Buddhist Temples of Canada and who will be attending their first year of post-secondary education at a recognized institution such as a university, college, institute of technology, etc.

All applications must be submitted in writing and accompanied by a Letter of Reference. The amount of the scholarship is dependent on monies available each year end and is at the discretion of the Committee.

The selection criteria will be as follows:

If you wish to apply for a scholarship, please contact the office at tbc@tbc.on.ca or 416-534-4302 and an application form will be forwarded to you as soon as possible.

**** DEADLINE for the scholarship application is Saturday, May 28, 2022 ****

Academic results	50%
Church activities	30%
School and Community Involvement	10%
Essay (min 300 words)	10%
Total	100%

Many hands and many hours go into keeping the temple a place for encountering the Dharma. As well as the board of directors and members of the management committees, we are fortunate to have volunteers answer the call for help often in ways that are unseen. We would like to acknowledge the help received in the past month.

A great big Thank You to:

- Darlene Rieger for picking up the naijin (altar) flowers and Joanne Yuasa for arranging them
- Pauline Naomi Knude for the o-buppan (rice offering) for the Sunday services
- Michael Tamaki and Steve Howard for fixing lights all over the temple, and working on the temple door locks (see picture)
- Gerry Tsuji for refurbishing Butsudan (Buddhist home altar)
- Abigail Kataoka and all the participants for putting together the video entertainment for Keiroukai



Memorial (Shotsuki) Listing for the Month of May

Our monthly memorial services (shotsuki) are usually held on the first Sunday of each month to remember and honour those who have passed away in that month regardless of year. Usually, mail reminders are sent out to the next of kin but due to changing circumstances we have not always been able to reach families and hope that by publishing the names of those who have passed, we can still reach and remind families and dear friends of the month of their loved ones honouring. Below is our listing of our members and supporters who have passed away during the month of May. All are invited and welcome to come

BANDO, Yoshio	HIRAI, Tom Fukutaro	KITAZAKI, Frank Masaki	MORI, Diane Miyeko
DOI, Pauline	HISAKI, Kanekichi Jack	KIYONAGA, Kihei	MORI, Sute
EBATA, Miyoko Merle	HOSAKI, Lena Teruko	KODAMA, Masa	MOTOMURA, Noboru
ENDO, Aiko	ICHII, Chiyomatsu	KOHARA, Akihei Joe	MUKAI, Fumiye
FUJIMOTO, Seki	ICHIYEN, Chiyoko	KOJIMA (ISHII), Shigeno	MURAKAMI, Hideo Bill
FUJIMOTO, Kay	IDENOUE, Ichiro	KOMATSU, Nobuko Bessie	MURAKAMI, Kikutaro
FUJIMOTO, Gloria Hamako	IKEBATA, Hiroshi Roy	KONDO, Torazo Bob	MURATA, Eiko
FUJINO, Tsuta	IMAI, Tomi	KONDO, Michie	MURATA, Tome
FUJINO, Denzo	ISHIDA, Yuriko	KONO, Nobu	NAKAGAWA, Masao
FUKUDA, Tsugiko	ISOZAKI Michiko	KOZAI, Tatsu	NAKAGAWA, Sagen
FUKUMA, Motoko	ITO, Cesar Massaro	KOZAI, William Toyonobu	NAKAGAWA, Tsugio
FURUKAWA, Ichi	IWAGASE, Eiko	KUMANO, Hatsue	NAKAHARA, Yosanji
GOTO, Kay Kinue	KAGETSU, Toyo	LABERGE, Kyoko	NAKAI, Hisako
HASHIMOTO, Matasaku	KAWABATA, Emiko	MARUYAMA, Fusako	NAKAMOTO, Nisuke
HASHIMOTO, Miyoko	KAWAI, Nobu	MATSUBARA, Chonosuke	NAKAMURA, Kayo
HAYASHI, Haruno	KISHITA, Gunso	MATSUMOTO, Misao	NAKAMURA, Mineko
HAYASHI, Mitsuko	KITAMURA, Teruko	MICHIBATA, Shioge	NAKAMURA, Yoshiyo
HAYASHI, Marge Yei	KITAMURA, Teruyo	MITSUKI, Matsue Mary	
HAYASHI, Miye	KITAMURA, Zenichi	MIZUYABU, Carl Kazumi	

Cont'd on page 11

MAY SHOTSUKI, cont'd

NAKANISHI, Asako	OYAMA, Fukujiro	TAKAHASHI, Suga	YABU, Masako
NEKODA, Tokuyo	OYAMA, Shokichi	TAKEDA, Shun	YAJIMA, Mieko
NISHI, Shizue	SAITO, Jennifer Naomi	TAKENO, Masao	YAMASHIRO, Nagisa
NISHI, Shoichi	SAKURA, Fusako	TANIISHI, Tadayoshi Tad	YAMASHITA,
NISHIJIMA, Uhei	SANO, Senji	TANINO, Chiyo	Robert Ichiro
NISHIKAWA, Tomio	SATO, Tsui	TERAKITA, Hiroshi Roy	YAMASHITA, Sadako
NISHIMURA, Chiyecko Janet	SATO, Take	TERAKITA, Imae	YAMASHITA, Shintaro
NISHIMURA, Genshichi	SAWADA, Yoshiko	TOHANA, Tamotsu Tony	YOSHIDA, Kikumi
NISHIMURA, Haru	SHIMODA, Yasuko Helen	TSUJI, George	
NODA, Genzo	SHIMODA, Yoshio Joe	TSUJIMOTO, Chieko Clare	
NOZUYE, Teo	SHIRAIISHI, Kiwano	TSUJIUCHI, Hiroshi Frank	
OHASHI, Kiyotaro	SHOJI, Tsunejiro	TSUJIUCHI, Kay Kazue	
OHASHI, Takeo	SUMIOKA, Tsuyako	UYEDA, Miye Marie	
OHASHI, Yosoya	SUZUKI, Setsu	UYEDA, Toyotaro	
OHASHI, Yosuke	TABATA, Tao	UYEYAMA, Kiyoshi	
OHATA, Eiji	TAKADA, Morio	WAKABAYASHI,	
OKUMA, Wai	TAKAHASHI, Akiko	Shoichi	
OMORI, Toyokichi	TAKAHASHI, Chozo	WAKABAYASHI, Yaye	
ONISHI, Hatsuno	TAKAHASHI,	WATANABE, Kana	
	Shigetoshi Michael	YABU, Jitsukazu Jimmy	

“Buddhism And...”**Mental Health - with Dr. Jennifer Bright****04 April AND 02 May, 2022 @ 8:00PM (EST)**

TBC is pleased to announce a new online speaker series called "*Buddhism and...*" These online seminars will be an opportunity to learn about Buddhism and other topics of interest from Canadian life. In 2022, TBC will host two seminars - one in the Spring, and one in the Fall.

As our inaugural speaker, Dr. Jennifer Bright will be speaking about Buddhism and Mental Health. She is an expert in this field through her work in Buddhist psycho-spiritual care at Mount Sinai Hospital (Toronto) as well as her position as an adjunct professor in the Master of Pastoral Studies program (Buddhist stream) in Emmanuel College (Toronto School of Theology and Univ. of Toronto), teaching courses such as "Buddhist Psychotherapy" and "Buddhist Approaches to Mental Health."

With mental illness experienced 1 in 3 Canadians in their lifetimes many of us are affected by it directly or indirectly. This will be a valuable opportunity to explore the relationship between Buddhism and mental health. Please join us for this 2-part presentation on **04 April, and 02 May, 2022 8:00 PM (EST). Registration is free and can be made through the TBC website - www.tbc.on.ca**

TBC “Find Your Treasure”**Fundraising table**

After two years of having to cancel the temple bazaar, we are starting a “Japan Wares corner” in the TBC lobby as an ongoing fundraiser for the temple. We will have a couple of tables of antique and vintage housewares and decorative objects made in Japan; many unused and in their original packaging. If you’re looking for authentic Japanese dolls, ceramics, lacquerware, glassware and other items, please come take a look next time you’re at temple for a service! We will always have a different collection of items on sale.

Please note:

- All sales will take place *after services* at the temple
- All sales will be by cash or cheque
- Sales will not come with receipts for income tax purposes (as it is a sale of items)
- All sales will be final





Toronto Buddhist Church
Online Speakers Series



"BUDDHISM AND..."

MENTAL HEALTH



Dr. Jennifer Bright

RP (Qualifying),
SCP (CASC)
MA, MPS, PhD
Adjunct Professor,
MPS (Buddhist Stream),
Emmanuel College (UofT)

4 April, 2022 (Pt.1)
and
2 May, 2022 (Pt.2)

8:00 PM - 9:00 PM EST

Registration is FREE
@ TBC website
Or via this QR code



Toronto Buddhist Church
1011 Sheppard Avenue W., M3H 2T7
tbc@tbc.on.ca
416-534-4302

Bon Odori 2022

Spring is here, covid restrictions are lifting, and Bon odori practices will be held at the Toronto Buddhist Church again!

Obon is a Buddhist custom to honour one's ancestors. After 2 years of isolation, lockdown and perhaps limited exercise, come out to learn Japanese folk dances. Everyone is welcome and step-by-step instructions are given. No experience is necessary.

Practices are every Tuesday and Friday night starting Tuesday, April 19, 2022, from 8:00 – 9:30pm at the Toronto Buddhist Church and continue until the Bon Festival on Saturday, July 9, 2022. The practices will not be available online. **Please note that masks will be required.**

For more information, please contact the Toronto Buddhist Church or tbcminyogmail.com.



Butsudan Adoption program—thanks to Gerry Tsuji



Behind the TBC naijin (altar) in the hondo (main hall), there are unused butsudan (Buddhist home altars) that have come to TBC for a variety of reasons. Some butsudan are homemade here in Canada, because they were difficult to come by in the past. Others were brought very carefully from Japan. Despite the great care people have given to these very important items, some butsudan come to us showing signs of long and good “use”.

When the unused butsudan came to the attention of Gerry Tsuji, he offered to use his skills as a woodwork hobbyist to restore them. Gerry replaced hinges and doors, re-papered screens, and painted the butsudan. Thanks to Gerry's skills and efforts, the butsudan are back to a condition where they can proudly be placed in the centre of a home; where people can place their palms together in gassho and turn their attention to the wisdom and compassion of Amida Buddha.

Gerry has generously offered to restore butsudan in a variety of sizes which we will be selling as a fundraiser. We will continue to share details of butsudan that Gerry has restored, and we hope that you will find one that fits your home and budget.

The butsudan pictured below are currently available; please contact the TBC office for details.



Butsudan 1 Dimensions:

- W 33cm x D 33cm x H 55cm
- 64 cm wide with doors open
- Black exterior with gold interior
- One drawer

Butsudan 2 Dimensions:

- 48cm x 38cm x 72cm.
- 86 cm wide with doors open
- Black exterior with gold and red interior
- Two drawers



TORONTO BUDDHIST CHURCH

A Jodo Shinshu Temple

2022 MEMBERSHIP APPLICATION

In the case of couples, please complete information for each applicant individually.

Applicant Renewal () New () Mr. () Mrs. () Ms. ()

Last Name: _____ Birthdate: dd/mm/yy: _____

First Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ Signature: _____

Prov: _____ Postal Code: _____

I promise to pay \$_____ as my Membership Fee for 2022 and am enclosing the amount of \$_____ on account of such fee.

I will pay the balance of my Membership Fee, if any, by May 31, 2022. By signing this Membership Application I hereby adopt the vow below.

Signature _____ Date _____

I would like a Guiding Light mailed to me - English Only _____ English/Japanese _____

I authorize Toronto Buddhist Church and Jodo Shinshu Buddhist Temples of Canada (JSBTC) to send future mailings and e-mails. I understand I am able to opt out at any time by notifying the Temple. YES _____ NO _____

As a member of Toronto Buddhist Church, I:

1. Recognize and accept that our Temple is based on the Jodo Shinshu Pure Land Teachings;
2. Vow to strive to live a life of gratitude and to do my best to care for the welfare of society; and
3. Vow to observe and uphold the Charter and By-laws of the Temple.

トロント仏教会の護持会員として、次の通り誓約いたします。

- 1、お寺を浄土真宗のみ教えに従う人々が集うところとします。
- 2、報恩感謝の生活を送り、自他ともに心豊かに生きることのできる社会の実現に貢献します。
- 3、会則を厳守します。

Please note that this application is for membership from January 1, 2022 to December 31, 2022. The Individual Membership Fee for 2022 is a minimum of \$140. However, the Temple welcomes and will be grateful for any amount over and above this minimum fee.

A tax receipt will be issued for the total Membership amount paid.

Please do **not** use Offering envelopes to pay membership fees. Instead, please insert them in separate plain envelopes clearly marked "For Membership". **Please make any cheques payable** to Toronto Buddhist Church.

A SEPARATE MEMBERSHIP APPLICATION MUST BE FILLED OUT FOR EACH INDIVIDUAL APPLYING. PLEASE SUBMIT A SEPARATE PAYMENT FOR 'MEMBERSHIP ONLY'. PLEASE DO NOT COMBINE WITH DONATIONS.