



# *Guiding Light*

September, 2022



## **TORONTO BUDDHIST CHURCH** *a Jodo Shinshu Temple*

1011 Sheppard Ave West  
Toronto, Ontario, Canada, M3H 2T7  
(416) 534-4302    [www.tbc.on.ca](http://www.tbc.on.ca)

## Upcoming Services English and Japanese

We are welcoming everyone back for **IN PERSON services** every week and would love to see you! We miss you. Come and reconnect with your friends and make some new ones

The following is a list of the upcoming services.

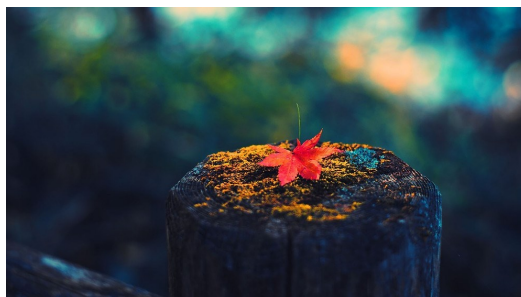
*While the government no longer mandates the wearing of masks in indoor settings, the Toronto Buddhist Church Board of Directors has decided to continue to require that people visiting the temple wear masks. We take the health and safety of our members seriously and have considered the risk to our seniors as well as others who may be in a more vulnerable situation.*

*Please wear your mask correctly throughout the entire time you are in the temple.*

		Kids' Sangha 10:15 am	11:00 AM	1:00 PM
		In Person	In Person & Zoom	In Person & Zoom
September 4, 2022	Summer Chanting Service(In person Only	None	English In person only	None
<b>September 11, 2022</b>	<b>Monthly Memorial Service</b>	<b>English</b>	<b>English</b>	<b>Japanese</b>
September 18, 2022	Regular Service— Ohigan	English	English/Japanese	None
September 25, 2022	Regular Service	None	English	None
October 2, 2022	Monthly Memorial Service	English	English	Japanese

### OHIGAN, SEPTEMBER 18, 2022

Ohigan or Higan-e refers to the “other shore” which is nirvana or enlightenment. This is the time for reflection and to express our gratitude for having awakened to the wisdom and compassion of Amida Buddha. It is observed twice a year during the spring and fall equinox ( March and September ) when the weather is balanced, neither too hot or too cold.



## Meaning of “Arigato”

3 years ago, I joined a translation project. There were Buddhist ministers from America and Japan who have a Jodo Shinshu liturgy specialist license because we need to translate a book that tells how to prepare and provide Shin Buddhist services and the meaning of rituals for Buddhist ministers.

When I joined the project, I thought it would be finished in a year. But we have not been able to bind the book yet, even though we had a meeting at least once every two weeks for over three years.

This is because the book has not only classical and technical terms Japanese, but also Sanskrit and Chinese, which we just, cannot translate into English.

Sometimes, we were not sure if we should translate them literally or translate them with meaning. Moreover, we were confused if we should translate it into English because some Japanese words are used normally today.

If you attend the services, many of you may know what are *Gassho* (placing palms together), *Oshoko* (burning incense) and *Nenbutsu* (reciting Amida Buddha's name).

Furthermore, non-Buddhist Japanese terms are even more acknowledged. For example, last week I attended a temple camp for one day. I met some children who had not been to our temple yet. But before they eat breakfast, lunch, snacks and dinner, they always did *Gassho* and said *Itadakimasu* that is a pre meal word in Japanese.

Some of them also said *Konnichiha*, *Sayonara*, and *Arigato*. If someone asks me to translate this into Japanese, it's very easy. *Konnichiha* is Hello, and *Sayonara* is See You. And I believe “Arigato” is the most famous Japanese that means Thank you.

But if someone asks me to translate or explain the meaning of “Arigato”, it is very difficult for me, because the word “Arigato” is from the teachings of the Buddha. “Ari” literally means to exist, and “Gato” literally means difficult. So “Arigato” could be translated as existence is difficult.

Why do we say that when someone treats us, because we don't want to take their kindness for granted.

I know one interesting story. A Jodo Shinshu member in Tottori Prefecture was a man who never forgot to be grateful for everything.

One day, it was raining and he was walking outside without an umbrella. A minister asked him, "Why are you walking without an umbrella? You will catch a cold."

But he said “Arigato Arigato. I am so glad I am so happy because this rain teaches me that my nostrils need to face downward so I can breathe even though it is raining. I am so thankful for Amida Buddha's great compassion. Namo Amida Butsu. Namo Amida Butsu.”

So he appreciated this condition of his nose pointing down that people take for granted, and he said Namo Amida Butsu to explain his rejoicing. Moreover he felt the great compassion of Amida Buddha in everything he did.

Often, it's easy to take things for granted. We forget the value of things and conditions that surrounding us.

But when we say “*Arigato*”, the word makes us realize how much we are supported and helped by the things around us. Therefor Arigato's meaning is not only “Thank you” but also, “existence is difficult”.

In Gassho

Reverend Ouchi



**Memorial (Shotsuki) Listing for the Month of October**

Our monthly memorial services (shotsuki) are usually held on the first Sunday of each month to remember and honour those who have passed away in that month regardless of year.

Usually, mail reminders are sent out to the next of kin but due to changing circumstances we have not always been able to reach families and hope that by publishing the names of those who have passed, we can still reach and remind families and dear friends of the month of their loved ones honouring.

Below is our listing of our members and supporters who have passed away during the month of October. All are invited and welcome to attend

<b>ABE, Tomo</b>	<b>ICHIYEN, Shozo</b>	<b>MUKAI, Hikojiro</b>	<b>SHITAMI, Yone</b>
<b>ADACHI, Ogen</b>	<b>IIZUKA, Kotsuru</b>	<b>MURAI, Kofuji</b>	<b>SUGAMORI, Seitaro</b>
<b>AKADA, Asa</b>	<b>INAMOTO, Fujio Fudge</b>	<b>MURAKAMI, Katsuji</b>	<b>TAGUCHI, Moto</b>
<b>AKADA, Sadajiro</b>	<b>INAMOTO, Dorothy Tomie</b>	<b>MURANAKA, Kaoru Kay</b>	<b>TAKAGI, Chiyoko</b>
<b>AMEMORI, Suye</b>	<b>INAMOTO, Kenneth Kenji</b>	<b>NAGANO, Kumao</b>	<b>TAKAHASHI, Hideta</b>
<b>ARIZA, Nancy Chiyo</b>	<b>ISHII, Mitsuye</b>	<b>NAGATA, Kaneichi</b>	<b>TAKAHASHI, Yoshi</b>
<b>AMEMORI, Suye</b>	<b>ISHII, Mitsuye</b>	<b>NAKAGAWA, Sasuke</b>	<b>TAKASAKI, Kaoru</b>
<b>ASA, Yasuko</b>	<b>ISHIKAWA, Hiroko</b>	<b>NAKAMURA, Ted Teiji</b>	<b>TAKASAKI, Shizue</b>
<b>AZUMA, Momoyo Jane</b>	<b>IWASAKI, Tokino</b>	<b>NAKANO, Chiye Joan</b>	<b>TAKATA, Moriyuki</b>
<b>BABA, Donna May</b>	<b>KAGAYAMA, Shizuyo</b>	<b>NAKAO, Haru</b>	<b>TAKEMURA, Masa</b>
<b>BRATHUHIN, Tamiko</b>	<b>KAINO, Fumiyo</b>	<b>NARUSE, Tadayoshi</b>	<b>TAKEUCHI, Terry Teruo</b>
<b>DOBSON, John Charles</b>	<b>KAJI, Matsuyo</b>	<b>NISHIKAWA, Misao</b>	<b>TAMAKI, Glen Atsushi</b>
<b>EDAMURA, Ken Edward</b>	<b>KAWABATA, Kazuo Mike</b>	<b>NISHIKAWA, Toshie</b>	<b>TANABE, Yoshiko Mary</b>
<b>FUJII, Mary</b>	<b>KAWAGUCHI, Kiyoko</b>	<b>NISHIMOTO, Kenneth Kenji</b>	<b>TANAKA, Arataro</b>
<b>FUJIMOTO, Noboru</b>	<b>KAWAI, Tetsutaro</b>	<b>NISHIMURA, Chiyoji</b>	<b>TANAKA, Hisao</b>
<b>FUJINO, Dorothy Shizuko</b>	<b>KISHIBE, Masayuki</b>	<b>NISHIMURA, George Gengo</b>	<b>TANAKA, Juhei</b>
<b>FUJINO, Sude</b>	<b>KITAGAWA, Tsuneya</b>	<b>NISHIMURA, Jutaro</b>	<b>TANAKA, Thomas Sanya</b>
<b>FUJIOKA, Toshio</b>	<b>KITAMURA, Frank Osamu</b>	<b>NISHIMURA, Shige</b>	<b>TANAKA, Yaye</b>
<b>FUJIOKA, Teruko Terri</b>	<b>KITAURA, Ryotaro</b>	<b>NISHINO, Terrie Tsuruye</b>	<b>TANINO, Eikichi</b>
<b>FUKAKUSA, Tamotsu</b>	<b>KIYONAGA, Kikuye Kay</b>	<b>NITTA, Jean Yuri</b>	<b>TANINO, Kenneth Susumu</b>
<b>FUKAKUSA, Kameki</b>	<b>KIYONAGA, Teruo Kichi</b>	<b>NOMA, Michiko</b>	<b>TATEBE, Yoko Joyce</b>
<b>FUKAKUSA, Yasutaro</b>	<b>KOBAYASHI, Osamu</b>	<b>NOSE, Seizo</b>	<b>TESHIMA, George Yukio</b>
<b>FUKUMOTO, Toyemon</b>	<b>KOBAYASHI, Patrick Mitsuharu</b>	<b>OHARA, Noye</b>	<b>TOHANA, Sachiko Ruby</b>
<b>FUKUSHIMA, Kazuo "Charlie"</b>	<b>KOBAYASHI, Shigezo</b>	<b>OHASHI, Hirokichi</b>	<b>TOYONAGA, Matsuko</b>
<b>GOTO, Teruji Tin</b>	<b>KODAMA, Suekichi</b>	<b>OHASHI, Take</b>	<b>TSUBOUCHI, Kiyoshi Thomas</b>
<b>HAMADE, Shingo</b>	<b>KONDO, Roy Iwao</b>	<b>OHATA, Masayuki</b>	<b>TSUJI, Shizue</b>
<b>HAMAWAKI, Margaret Fujiye</b>	<b>KUBOTA, Shigeo</b>	<b>OKIHIRO, Hisa</b>	<b>URA, Jim Iwao</b>
<b>HANAZAWA, Toku</b>	<b>KUMABE, Jinzo</b>	<b>OMATSU, Kinu</b>	<b>URABE, Emiko Gertrude</b>
<b>HATANAKA, Kenichi Ken</b>	<b>KUWAHARA, Ken</b>	<b>SAITO, Shiro</b>	<b>WAKABAYASHI, Koto</b>
<b>HOBZA, Patricia Akemi</b>	<b>MATSUI, Kane</b>	<b>SAKAMOTO, Kimi</b>	<b>WAKABAYASHI, Takeo</b>
<b>HORII, Kiyoshi</b>	<b>MATSUSHITA, Chieko</b>	<b>SATO, Teruko Terrie</b>	<b>WAKABAYASHI, Tokuzo</b>
<b>HORII, Teru</b>	<b>MIYADA, Takashi</b>	<b>SHIGEISHI, Sally Shizue</b>	
<b>IBUKI, Kiku</b>	<b>MORI, Charles "Chuck" Kazuhiko</b>	<b>SHINMOTO, Saichi</b>	
<b>ICHIYEN, Seiichi</b>		<b>SHISHIDO, Masako</b>	
		<b>SHINTANI, Sueno</b>	

Continued on page 5

**OCTOBER SHOTSUKI LIST, continued**

<b>WAKIDA, Ei</b>	<b>WATANABE, Molly</b>	<b>YAMAMOTO, Makino</b>	<b>YOSHIDA, Yasuyoshi</b>
<b>WAKISAKA, Tsugi</b>	Nobuko	<b>YAMAMOTO, Nobby</b>	<b>YUASA, Yozo Daniel</b>
<b>WANI, Juichi</b>	<b>YAMAMOTO, Hatsue</b>	<b>YAMASHITA, Haruyo</b>	

**OBITUARIES**

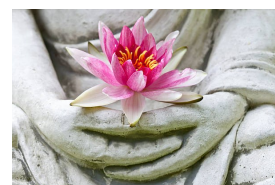
The Toronto Buddhist Church wishes to extend its deepest condolences to the families, relatives and friends of the following individual who have passed away.

If we have missed any names, please notify the Temple office so that we may update our records.

Thank You

In Gassho  
Toronto Buddhist Church

Mrs. Yasuko Jean Furukawa	92 yrs	July 9, 2022
Mr. Hidemu Eddie Hashimoto	100 yrs	July 11, 2022
Mr. Hiroshi (Doc) Kumagai	98 yrs	July 16, 2022
Mrs. Mary Akiko Kawasaki	95 yrs	July 20, 2022
Mr. George Mamoru Yonemura	77 yrs	July 28, 2022
Mr. Giichi Ohashi	92 yrs	August 11, 2022

**IMPORTANT NOTICE**

**PLEASE NOTE:** Rev. Ouchi will be away in October. If you foresee any services (memorials) you would like conducted by him, please contact the TBC office to schedule a time with him in September and/or November.

In his absence, Joanne Yuasa Sensei (assistant minister) will be available for emergency Makuragyo (bedside) services. In extreme cases, services may be conducted by Bishop Aoki when he visits TBC between October 20-23.

In all cases, please contact the TBC office - [tbc@tbc.on.ca](mailto:tbc@tbc.on.ca) or 416-534-4302

**For Makuragyo**

During office hours 8:30am to 4:30pm, please contact the office

After hours please contact: Joanne Yuasa sensei: 647-425-0774 or Darlene Rieger: 416-419-8842

**FOREIGN COINS and USED STAMP COLLECTION****Attention Temple Members**

Now that the Temple is open again, the JSBTC Women's Federation would appreciate members collecting and donating any used stamps and foreign coins they may receive or have.

Please bring in any foreign coins/bills from your travels or stamps from correspondence. The Women's Federation collects for Air Canada charity. Any collection of stamps and coins/bills will be sent to Save The Children. The stamps will be taken to the Women's Federation Annual Meeting at the end of April . 2023(or when in person meetings begin again). If you have any stamps or coins/bills, a box is provided in the lobby of the Temple . Thank you for your help and support.

JSBTC Women's Federation



**HAKAMAIRI, JULY 9, 2022**

This year TBC was able to perform Hakamairi services at all 19 cemeteries. With the help of Rev. Yoshi, Joanne Yuasa sensei, Jeff Wilson sensei, Pauline Knude, Susan Ebisuzaki, Abigail Kataoka and John Nishikawa, central or graveside services were held.

**OBON AT JCCC, JULY 9, 2022 & HATSUBON JULY 10, 2022****AUGUST 7, 2022 SHOTSUKI SERVICE**

Service was well attended. Hopefully this is a trend back to 'normal'

## KIDS SANGHA

To all TBC Friends and Families -

Shinran Shonin explained that Amida Buddha's wisdom and compassion is for all, no matter their skills and abilities, knowledge and intelligence, or life experiences. This means that Shin Buddhism is a path that has space for *everyone* - including children - to move towards Buddhahood.

If you know of any children and young people (school-aged) in your life who you would like to learn about Buddhism in a safe, friendly, and fun environment, please join us every first and third Sunday of the month. A minister will lead the kids' service in the Hondo (main hall) starting at 10:15 AM. Afterwards, the children move downstairs to the classroom where there will be a short lesson or activity, related to the month's theme as well as some fun crafts and treats!

We ask that parents join the children (at least sit nearby in the Hondo) during the services, but joining the children in the classroom is optional. Some parents choose to remain upstairs for the "adult" service that starts at 11:00 AM.

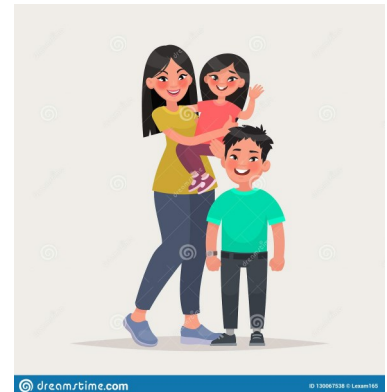
Below is an outline of the monthly themes for the 2022/2023 Kids Sangha year. For more information and to register, please email: [kids.sanghatbc@gmail.com](mailto:kids.sanghatbc@gmail.com)

We look forward to seeing you soon!

In gassho,

Joanne Yuasa (Assistant Minister, TBC)

Month	Focus
September	Introductions
October	Gratitude (Thanksgiving)
November	Remembering (Eshin-ni and Kakushin-ni)
December	Buddhahood (Bodhi Day)
January	Shinran Shonin (Ho-onko)
February	Peace (Nehan-e)
March	Balance (Spring Higan)
April	Sakyamuni Buddha (Hanamatsuri)
May	Shinran Shonin (Go-tan-e)
June	Wrap-up



## KIDS SANGHA

### CAMP LUMBINI WEEK, SUNDAY JULY 24 TO SATURDAY JULY 30, 2022

Sunday, July 24<sup>th</sup> – Saturday, July 30<sup>th</sup> we held our first camp after many years (physically) apart. 3 years, 2 (successful) virtual camps, many volunteers and clean up jobs, and a lot of patience, we were able to go back to Wasaga! We were overjoyed that so many kids joined us this year! All together we were able to successfully host 18 happy campers! (Pun intended)

As successful as we were this year, it did come with its challenges. As the approval and notice of holding Camp Lumbini at 68 Mary Street was later than optimal. We were faced with some logistical and organizational issues. Due to the late notice, we were unable to garner as many counsellors as usual, we barely had enough cooks and drivers, and we had some campers who had to leave earlier, and some that showed up later in the week. However, with the combined efforts of everyone involved, all the kids were able to make new and old friends, learn about Buddhism, and most importantly had a lot of fun! After all, we do all of this for the kids to have something to remember and enjoy for years to come.

We were especially pleased to be able to host children outside our immediate temple community. As Camp Lumbini is not just for our temple members, but it is a form of outreach to generate interest in the temple for other families.

While we don't expect all of our attendees, to become temple members or even Buddhist, it is a good experience for the kids, and good to increase awareness of Buddhism in their families.

Before I close this out, I'd like to take this time to give special thanks to everyone who made camp possible!

Thank you to our wonderful parent volunteers/cooks, Joanne Kataoka (Head chef/parent coordinator), Joanne Miyazaki (Sous chef), Michael Yoshida, Michelle Kushida, and Cary Kataoka. (Special thank you to Cary/ my dad for bringing and setting up the movie projector, and setting up the karaoke.)

Thank you to our coordinators and counsellors, Rachel Kataoka (coordinator), Koji Goto (coordinator/counsellor), myself (email coordinator/counsellor), Joaquin Kataoka (Sr. counsellor), Mai Shimosato (Sr. counsellor), and Shohei Hayakawa (Jr. counsellor).

Thank you to Mai and Mizuki Shimosato for designing the t-shirts for this year. And thank you to Rachel for hand-screen printing the shirts!

Special thanks to Yoshi Sensei, who came up to camp on his day off, to teach Buddhism 101, and spend time with the kids.

Thank you again everyone for a successful year at Camp Lumbini. See you next year for Camp Lumbini 2023!

In gassho,

Abigail Kataoka



## KIDS SANGHA

### CAMP DHARMA TALK BY MAI SHIMOZATO

Good morning everyone.

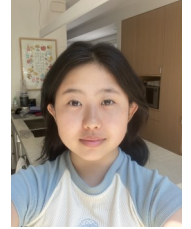
I am sure that everyone is grateful to be back at camp in person, after many years of being online and lacking the face-to-face contacts that are so meaningful in our lives. As a result of the isolation and remoteness that we have experienced, we may have forgotten how to build good relationships and how to work with others as a team. This perfectly ties in with our theme at camp this year which is sangha and togetherness, as well as the Avengers.

I thought that in my dharma talk, I would talk about the two most important elements of teamwork and sangha. I believe these two elements to be trust and communication. Trust is being able to rely on someone, knowing that they care about you and will help you in any way they can. An example of this is our counsellors. We trust our counsellors to keep us safe at camp. Communication is being able to express how we are feeling or what we need, to others. An example of this is that we can now say "I need to go to the bathroom" to our parents, instead of needing a diaper like when we were younger. Trust and communication are so important in good teamwork because they help us to build strong bonds with people.

To understand why these elements are so important, I thought I would relate them to Avengers : Civil War. In this movie, the two greatest super heroes, Captain America and Iron man get into an argument. This causes them to fight, and tears the Avengers apart. The reason for this is an evil villain manipulates them both by revealing secrets and twisting their words. This creates a lack of trust and lots of miscommunication between the two, as well as the rest of the Avengers. These two things are what create the biggest arguments in Avengers history and are how the team gets torn apart.

As you can see, trust and communication are very important in good teamwork. Without it, any good team, even the Avengers, risk crumbling.

Knowing all of this, we can all try to apply this to our lives here at camp to make everyone's experience better. Being honest and truthful about mistakes that we make at camp, telling someone if we feel bad or helping others when they need it. These are things we can do to make camp the best it can be.



### CALLING ALL SANGHA KIDS



### SEPTEMBER'S THEME:

#### **Introductions**

- a. Let's get to know each other. Greet old friends and meet new ones.
- b. Let's get to know our Temple and Ministers.

KIDS SANGHA WILL BE ON SEPT. 11<sup>TH</sup> AND SEPT. 18<sup>TH</sup>

LET'S MEET AND COME TOGETHER FOR "RALLY SUNDAY" ON SUNDAY SEPTEMBER 11, 2022.

**ATTENTION EVERYONE! IMPORTANT NEWS!**  
**KIDS SANGHA HAS A NEW STARTING TIME!**  
**10 :15 A.M.**

Hope to see you there. Everyone is welcome to join.  
With gratitude,  
The Kids Sangha Team



## *Ministers' Appreciation Month*

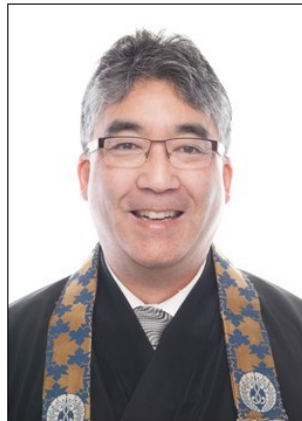
### *September, 2022*

*The month of September, 2022 is the inaugural Ministers' Appreciation Month. This is a joint initiative of the JSBTC and the JSBTC Women's Federation to show appreciation to the ministers and assistant ministers for their dedication and commitment to their sangha and to the communities they serve.*

*Each temple will be coordinating an event/activity to mark the occasion for their own minister(s), so be on the look out for more information from your temple.*



Socho Tatsuya Aoki  
Vancouver &  
Fraser Valley Temples



Grant Ikuta Sensei  
Steveston & Fraser Valley  
Temples



Naoki Hirano Sensei  
Kamloops, Kelowna &  
Vernon Temples



Yasuo Izumi Sensei  
Buddhist Temple of  
Southern Alberta



Yoshimichi Ouchi Sensei  
Toronto, Hamilton &  
Montreal Temples



Robert Gubenco Sensei  
Calgary Temple

#### **Assistant Ministers**

##### **Vancouver**

Robert Akune Sensei

##### **Steveston**

Roy Akune Sensei

##### **Lethbridge**

Roland Ikuta Sensei  
Jeff Haines Sensei

##### **Winnipeg**

Tanis Moore Sensei

##### **Toronto**

Jeff Wilson Sensei  
Joanne Yuasa Sensei

## **MINISTERS' APRECIATION LUNCHEON, SEPTEMBER 18, 2022**

*Seems like a long time ago when every couple of months you'd see an article in the Guiding Light from the TBC Sangha Group inviting you to the Temple to get together with friends and family to attend an event and a meal?*

*Well...we are back! Please join us on September 18th after the Ohigan Service for a free luncheon in honour of the inaugural Ministers' Appreciation Day. We are especially pleased to be hosting this luncheon as this event is supported by multiple service groups at the Temple led by the JSBTC and the JSBTC Women's Federation.*

*Main dish will be Salmon or Tofu. Hope to see you all there.*

*In Gassho,*

*Cary Kataoka, President.*

*TBC Sangha Group*



## **SUGGESTED OTHER WAYS TO SHOW YOUR APPRECIATION**

1. There will be 4 books in the lobby, one for Rev. Yoshi, Joanne sensei, Jeff sensei and Dennis. The books will be in the lobby for September. If you are visiting the Temple, please add your words of appreciation to the book. We hope showing our appreciation to the ministers and assistant ministers will be an annual event. We will place the book out every year for you to tell them how much you appreciate what they do for you and the Temple. It is a wonderful memento for them to have.
2. If you are unable to attend services, send them all a thank you note or card. You can send them to the Temple and we will make sure they receive them. We can also print your note in the GL.
3. If you are visiting the Temple for service or other reasons, take a minute to say hello to Yoshi sensei, Joanne sensei, Jeff sensei or Dennis.

These are just a few ways to show your appreciation. I'm sure there are other ways that you can think of for you to express your gratitude.

### **MESSAGE FROM DANA**

*Dear Rev. Yoshi, Joanne Yuasa Sensei, Dr. Jeff Wilson Sensei and Dennis Madokoro*

*Thank you for everything you do for the Toronto Buddhist Church and extended community.*

*The past few years have been extremely challenging due to Covid-19.*

*Throughout it all, you have shown dedication, compassion and support to members of the congregation.*

*We truly appreciate your hard work and commitment. Thank you.*

*In Gassho,*



## SPECIAL GUEST VISIT

TBC will be hosting a visit by Yukari Torii Sensei, a kaikyoshi aspirant who will be touring Canadian temples this fall. Torii Sensei is originally from Gunma and currently pursuing a career as kaikyoshi (“overseas minister”). Torii Sensei has studied Film History in Japan and the Czech Republic and has an interest in philosophy, anthropology, religious and folklore studies. About her visit to Canada, she says, *“Along with the Dharma, I would like to share the joy and relief I attained by Amida’s working with people around the world.”*

### Mark your calendar

On Saturday, Oct. 22, Torii Sensei will be the guest in a “meet-and-greet” lecture called “10 Questions for Rev. Torii”. Torii Sensei will respond to some commonly asked questions received by ministers. This event will be accessible through Zoom.

Immediately following this, the TBC members of the WF (Women’s Federation) will serve light refreshments for “Tea with Torii Sensei”. This will be an opportunity to get to know her and continue discussions directly with her, other senseis and fellow sangha members.

Everyone is welcome to either or both events which are free or by donation. Please check the TBC website for registration.



## TBC Tai Chi Group



Open to everyone

Every Thursday from 10:00am – 11:30am

TBC Social Hall

Suggested donation \$2.00 per class

Session start September 15, 2022

## TBC Bazaar *bite-sized edition*

### WE’RE BACK – SAVE THE DATE!

Saturday, November 12, 2022

1011 Sheppard Avenue West, Toronto

Come for a day of fresh Japanese eats and shopping!



**HOT AND FRESH FOOD HALL**

**PREPARED FOODS AND SHOPPING**



Volunteers and donations needed!

Watch the TBC website, Facebook group, or the Guiding Light for more to come!

## We miss you....

It's been a while since we have been able to get together. We are cautiously optimistic that we can finally meet again (in person).

On **Sunday, September 11, 2022 (Rally Sunday)**, we are hoping to have a **"Welcome Back" BBQ** after the morning service. Of course, **this is subject to COVID restrictions, etc.**

There will be some tables and chairs set up in the Social Hall. Please bring a folding picnic chair with you if you would like to sit outside.

## See you soon!



- Grace Taguchii for arranging the naijin (altar) flowers
- Darlene Rieger for the o-buppan (rice offering) for the Sunday services
- Emi Nakano for manju altar offerings
- Michael Tamaki, Grace Taguchi and Joanne Kataoka for general maintenance and grounds-keeping
- Joanne and Cary Kataoka for Tech during Shotsuki services
- Michael Tamaki, Glenn Yoshida for TBC cottage maintenance

## How to donate to Toronto Buddhist Church

While TBC has had to have its doors closed to visitors for most of the duration of the COVID-19 pandemic, the business of spreading the Shin Buddhist teachings to our sangha and beyond continues. Forwarding a financial donation will help prepare TBC to welcome everyone back to temple.

There are 3 ways to donate to TBC from home:

- **cheque:** mail to 1011 Sheppard Ave. West, Toronto, ON, M3H 2T7
- **E-transfer:** use email address [darlene.rieger@tbc.on.ca](mailto:darlene.rieger@tbc.on.ca)
- **online donation via Paypal:** follow directions on [www.TBC.ca](http://www.TBC.ca) "Make a Donation" page

Please include the purpose of your donation, as well as your **full name, mailing address, email address, and phone number. This is particularly important if you're donating by cheque or e-transfer.** This helps ensure you will receive a donation receipt for tax purposes. Detailed information can also be found on the TBC website: [www.tbc.on.ca](http://www.tbc.on.ca).

Your donations are always greatly appreciated.

Gassho



Toronto Buddhist Church  
Online Speakers Series

# "BUDDHISM AND..." FAMILY



**Dr. Aaron Proffitt**

MA Religious Studies,  
PhD Buddhist Studies  
Assoc. Professor of Japanese  
Studies (Univ. at Albany-SUNY)  
Minister's Assistant and Dharma  
School Teacher (Albany Sangha,  
NY Buddhist Church)

How do the teachings of Buddha come to life in  
families and relationships?

**3 Oct, 2022 (Pt.1)  
and  
7 Nov., 2022 (Pt.2)**  
8:00 PM - 9:00 PM EST

Registration is FREE  
@ TBC website  
Or via this QR code



Toronto Buddhist Church  
1011 Sheppard Avenue W, M3H 2T7  
tbc@tbc.on.ca  
416-534-4302

## Fall 2022 TBC Online Speakers' Series "Buddhism And..."

Popular and academic writing on Buddhism tends to focus on the lives of monks and abstract teachings like the Four Noble Truths, no-self, dependent origination, and non-attachment. But how do these teachings come to life for ordinary Buddhists with families, jobs, and so on?

Dr. Aaron Proffitt (Associate Professor of Japanese Studies, University at Albany, SUNY) will be the speaker for the fall installment of the TBC Online Series, "Buddhism And..." where he will be presenting on "Buddhism and Family."

Dr. Proffitt's research is focused on 12th-13th century Japanese Buddhism, and his first monograph titled *Esoteric Pure Land Buddhism* will be published through the Pure Land Buddhist Studies Series of the University of Hawaii Press. In addition to Dr. Proffitt's academic research, he has been a practitioner of Buddhism for more than 25 years and enjoys sharing the Dharma as a Minister's Assistant for the New York Buddhist Church, Dharma School coordinator for the Albany Buddhist Sangha, and faculty advisor for his university's Buddhist student group.

*Please join us for this 2-part presentation on 3 October and 7 November 2022 8:00PM (EST). Registration is free (donations welcome) through the TBC website"*

*Link for free registration*

<https://us06web.zoom.us/meeting/register/tZUpCQuqDksEtCl3VdvmlQGPmd9lzzSnDb>