



Guiding Light

November, 2022



TORONTO BUDDHIST CHURCH *a Jodo Shinshu Temple*

1011 Sheppard Ave West
Toronto, Ontario, Canada, M3H 2T7
(416) 534-4302 www.tbc.on.ca

Upcoming Services English and Japanese

We are welcoming everyone back for **IN PERSON services** every week and would love to see you! We miss you. Come and reconnect with your friends and make some new ones

The following is a list of the upcoming services.

While the government no longer mandates the wearing of masks in indoor settings, the Toronto Buddhist Church Board of Directors has decided to continue to require that people visiting the temple wear masks. We take the health and safety of our members seriously and have considered the risk to our seniors as well as others who may be in a more vulnerable situation.

Please wear your mask correctly throughout the entire time you are in the temple.

*** Tea after service will begin in October. Please take some time to reconnect with friends in the social hall over tea and cookies***

| | | Kids' Sangha 10:15 am | 11:00 AM | 1:00 PM |
|-------------------|------------------------------|--------------------------|---------------------|---------------------|
| | | In Person | In Person & Zoom | In Person & Zoom |
| November 13, 2022 | Regular Services | None | English | None |
| November 20, 2022 | Regular Service— Eitaikyo | English | English | Japanese |
| November 27, 2022 | Regular Service | None | English | None |
| December 4, 2022 | Monthly Memorial Service | English | English | Japanese |
| December 11, 2022 | Regular Service | None | English | None |
| December 18, 2022 | Regular Service | None | English | None |

Eitaikyo - Perpetual Sutras Memorial Service

Sun., November 20th

Eitaikyo - Perpetual Sutras Memorial Service Sun., Nov. 20th, 2022
Buddhist followers established Eitaikyo to continue the teachings of the Dharma for their descendants and to establish a fund for Sangha and temple preservation. So this is customarily a contribution to a fund to ensure the temple's future. For many years, families of temple members have sponsored their loved ones' names in the TBC Eitaikyo Book. The person's name is entered into a book specifically set aside for this purpose. The temple vows to mail out a letter each year to a family representative listed as part of the record. On this day as part of the service, the TBC's Eitaikyo Record Book is prominently displayed in the altar area. All assembled give thanks to those who have inspired us and given us the temple and community we have today.

2022 JSBTC Day Message from the Office of the Bishop

I would like to express my most sincere appreciation to all the Jodo Shinshu Temples of Canada (JSBTC), ministers, national board of directors, and all temple and members for keeping our organization active and accessible. All the ministers and national board of directors across Canada are working tirelessly for the sake of our temples, for all the members, and for the community at large.



Jodo Shinshu Buddhist Temples of Canada Day (JSBTC Day) is an opportunity for us to reflect our rich history of Jodo Shinshu in Canada. On October 10, 1904, fourteen local Buddhist leaders met and came away with two resolutions: one, to build a local temple and two, to request a Jodo Shinshu Buddhist minister for the community. They sent the requests to our mother temple, Nishi Hongwanji in Kyoto, Japan. In the following year, Rev. Senju Sasaki was appointed to be a *kaikyoshi* (overseas minister) who arrived in Vancouver on October 12th, 1905. He delivered the first Dharma Talk in Canada on the steps of the Vancouver City Hall just two weeks after his arrival. Soon after, the local Buddhist families formed the Vancouver Nihon Bukkyo-kai (Japanese Buddhist Association), and thus, began our history. Since then we are observing the founding of our national organization in the month of October.

Nishi Hongwanji is observing two major celebrations in 2023. They are the 850th anniversary of Shinran Shonin's Birth and 800th Anniversary of the establishment of the Jodo Shinshu Teaching. With the 17th World Buddhist Women's Convention scheduled for May 11 and 12, 2023 in Kyoto, Japan. About 55 people from Canada signed up to join the services.

On this occasion of JSBTC day and as we observe these rich history of Jodo Shinshu in Canada and Japan, I would like to be reminded once again how we listen to Buddha Dharma.

Listen as if I am listening for the first time.

Listen as if the message is for myself alone.

Listen as if this is the last chance to listen to the Dharma.

May I ask for your continued support to our ministers and directors, and may we rediscover, our joy by listening to the Dharma and walking the path of the Nembutsu together!

In gassho,

Tatsuya Aoki, Bishop

10月はカナダ教団創立の月です。1903年に13名の仏教徒有志が京都の西本願寺に開教使の派遣要請を懇願し、翌年1904年10月10日に佐々木千重先生が初代開教使として派遣され、今日までカナダにて法灯が続いていますことはとても感慨深いものです。皆さまにおかれましては、色々な制限解除が進むとはいえ、各仏教会の護寺に貢献頂き、教団を代表して厚く御礼申し上げます。

ご本山である西本願寺では、来年2023年親鸞聖人ご誕生850年、立教開宗800年、そして第17回世界仏教婦人会大会が併修されます。カナダ開教区からも約55名の方が参拝ツアーへ申し込んでいます。

Continued on page 4

このように長く続く浄土真宗の歴史で、世界や社会、科学は大きく変わってきました。その中で変わらないこともあります。それは私達が仏法を頂く聴聞（ちょうもん）の心得です。私達が法話を聞くときの心得ですね。

この度のご縁は初事と思うべし。

この度のご縁は割れ一人の為と思うべし。

この度のご縁は今生最後と思うべし。

先日受講した僧侶対象の勉強会で、講師の先生が「法話は自分の一番近い耳で聞くべし」という言葉を言われました。法話をする開教使の先生もその法話を自分の耳で頂くという姿勢を怠ってはいけないという意味でしょう。今後とも皆様とカナダの地に一緒にお聴聞できることをありがたく感じる、今年の教団創立の年を迎えます。

合掌

カナダ開教区 開教総長

青木龍也

MESSAGE FROM JODO SHINSHU BUDDHIST TEMPLES OF CANADA(JSBTC)

October, 2022

Dear Temple members and Dharma Friends,

October is the time to reflect on the role of the Jodo Shinshu Buddhist Temples of Canada and when Temples designate a special day in their temple calendars to celebrate JSBTC Day. It was in October, in 1904, that Buddhist lay leaders in the lower mainland agreed to build a temple and to ask Nishi Hongwanji to send a minister to Canada. It was in October, in 1905, that Rev. Senju Sasaki arrived in Canada and delivered the first Dharma talk. And it was in October 1974, that Jodo Shinshu Buddhist Temples of Canada was founded as the official organization to bring all Jodo Shinshu followers in Canada together in a national Buddhist community.

As we have slowly exited the difficulties of the Covid pandemic and the lockdowns, we realize how important it is that we continue to support the work of the Bishop, ministers, ministers' assistants, and lay leaders. The JSBTC Board continues to work with the Bishop to ensure the continued well-being of our ministers as well as our

sanghas.

JSBTC Day which marks the creation of the national organization reminds us, with gratitude, of all those who have gone before us and who contributed to the propagation of Jodo Shinshu Buddhist in Canada and all those who work today to spread the Dharma.

All donations made on JSBTC Day either through your temple or directly to the JSBTC go towards the health and education of our ministers and to support the work of the Bishop. Your support of the JSBTC is both needed and greatly appreciated in this important effort.

Please note that cheques may now be made payable directly to the JSBTC. Donations can also be made through Canada Helps at <https://www.canadahelps.org/en/charities/LivingDharmaCentre/>

Thank you for your ongoing support of the JSBTC, as the JSBTC continues to support our ministers and local temples.

In gassho,



Laura Sugimoto, President



Lessons learned from Leaves

*Showing front,
Showing back,
Maple leaves fall.*

By Ryōkan Shonin(1758-1831)

(Translated by Rev. Gyomay M. Kubose)

This is a famous Japanese poem by a Soto Zen monk, Ryōkan. I think of this poem often at this time of year, as we see the changing colours of the trees all around us. There are little pockets of parks and streets around Toronto where one can see the patches of orange, yellow and red - peoples' lawns are even more colourful because of the fallen leaves! Many folks even go on drives outside the city to see even larger swathes of the Fall colours. Of course, when leaves change colour, it is a stunningly beautiful sight. One can't help but be wow-ed by the brilliant colours.

In Japan, there is a specific word for this activity of appreciating the changing colour of trees in Autumn - *momiji-gari* - which translates as "hunting red Maple leaves." People travel to famous locations to try to see the trees at their fullest and leaves at their brightest. On the surface, the wow-factor comes from the brightness of the

colours, but underlying it is a deeper and subtle appreciation of the situation that is called *mono no aware* - "the poignancy of things." *Mono no aware* is a sensitivity towards the transient and impermanent nature of things and comes with a feeling of wistfulness - almost a sadness. The Japanese appreciation of *mono no aware* can be explained by the influence of Buddhist teachings that say all things are impermanent.

It is easy to be wow-ed by what's immediately in front of us - the beauty of the colours. But let us not forget that if we "listen" a little more deeply, the whole cycle of leaves on a tree, including how they eventually break down to become soil to feed the tree they fell from, reflects how Buddhism explains human life. We also take shape and grow out of another life source, then become distinct entities that change over time before our physical forms come to an end. Kenneth Tanaka Sensei describes in "Ocean: An Introduction to Jodo Shinshu Buddhism in America," that at the point of death, the "life-flow" that flows through all beings transcends the physical body and joins the Oneness of flow of life. This Oneness of life is represented by Amida Buddha.

As we watch the last of the leaves fall to the ground, may we be reminded and wow-ed by all aspects of the life-flow.

Namo Amida Butsu,

Joanne, Assistant Minister



Reflecting and Cicadas

*Such stillness-----
The cry of cicadas
Sinks into the rocks.*

This seventeen-syllable haiku was written by Basho (1644-94), who was a poet and thinker of the first rank.

When first I came to Toronto in 1970, I was 25 years old. If I had seen that poem then, I would not have appreciated the feelings and emotions that Basho was expressing. In fact, in my ignorance, I might have thought "Ok, cicadas, stillness, but how does the cry sink into the rock?"

You know cicadas lay eggs that lay dormant for up to 17 years, then they emerge, usually in the fall to trill that unmistakable chorus late each autumn evening. This is truly

a marvel, an astonishing event that we often ignore or take for granted.

Later, at age 45, when I converted to Buddhism and the Toronto Buddhist Church, I would have looked at this poem differently. I was middle-aged, in a comfortable corporate job, I had a nice family and home. Life was good. But as the saying goes, "life can turn on a dime." Later that same year, I was terminated from my vice-president job. My wife and I then purchased a small business. That poem, at that time, would have seemed frivolous. I was too caught up in my troubles and solutions to them. Thankfully, The TBC provided a place of refuge, a place where I could regain my faith in the community and the goodness of people.

Later, at age 53, I was elected president of the TBC. Wow! What an experience that was. My wife and I were still running our small business so I was up at 5 AM Monday through Friday and attending TBC board meetings at night. That poem, at that age, still seemed to be something distant, something I could not relate to.

Continued on page 6

Reflecting and Cicadas, continued

Such stillness-----

The call of cicadas

Sinks into the rocks

At age 25, I was bold, cocky. I was sure of myself and the world around me. At age 45, my world as I knew it had fallen apart and I was picking up the pieces. You know, until stuff like that happens, we do not know the strength within ourselves. The TBC helped me through that difficult time and I am eternally grateful. At age 53, wow, the challenges of being a TBC president. It was tough, with a lot of sleepless nights but with the help of some great people at the Temple, we made it through and achieved some success.

Such stillness-----

The cry of cicadas

Sinks into the rocks.

Upon reflection now at age 77, I finally have realized that the rock is me. When I was young, I read the poem as if I was outside of it. I felt no emotion. Even later in middle age I had no emotional response to this poem. The true meaning escaped me.

Now I realize that stillness is when I can reflect upon past events and appreciate the good and the bad. "The cry of the cicadas" is none other than the voice of Amida calling to me when I take the time to listen. I am the rock and at last, at long last, I am hearing the cicadas. How grateful I am!

Namu Amida Butsu. Namu Amida Butsu, Namu Amida Butsu.

**Jodo Shinshu Buddhist Practices and Mental and Spiritual Health**

On April 24th 2022, I was privileged to speak on Buddhism and mental health for the inaugural series, "Buddhism and..." hosted by the

Toronto Buddhist Church. In this month's edition of *Compassion and Insight*, I outline the second half of my talk which addressed how many of the religious practices that we do as Jodo Shinshu Buddhists, positively contribute to our mental and spiritual health.

Saying the Nembutsu

Saying the *Nembutsu*, to express our gratitude by calling the name of Amida Buddha, is a central practice of Jodo Shinshu Buddhism, and is good for your mental and spiritual health in many ways. Expressing and explicitly naming our gratitude reminds us that life is fundamentally good. Particularly when we are struggling, by saying the *Nembutsu*, we can remind ourselves of the good things and the good people in our lives, which can help to strengthen and renew our sense of meaning, purpose, and connection with others. Cultivating genuine gratitude takes us out of our self-centred and dualistic thinking and reminds us that we are all interdependent and inextricably linked to one another—Just like *Amida Buddha's Golden Chain of Love*. Saying the *Nembutsu*, having the vibrations reverberate in our bodies, tends to have a calming and centering effect, allowing us to slow down, and ground ourselves in the present moment. Being present to ourselves in the here and now helps us to become aware of our thoughts and emotions, allowing us the space and discernment to draw from our inner resources. Saying the *Nembutsu* contributes to our sense of identity as Jodo Shin Buddhists, connecting us with one another, and what we hold sacred as a community and as individuals. Saying the *Nembutsu* can

also connect us to our values, such as living a life of gratitude, and having compassion for ourselves and others.

I invite you to take a few moments to consider (and even better, write down) what saying the *Nembutsu* means for you.

Deep listening

Deep listening is another important Jodo Shinshu spiritual practice (and ethic) that we do throughout the day, which strengthens our spiritual and mental health. Deep listening has at least three aspects: 1) listening to the Dharma, 2) listening to ourselves and 3) listening to others.

There are many ways we can 'listen' to the Dharma, including in Temple, from a podcast, from reading books, and from talking with others about they learn from the Dharma. Deeply listening to the Dharma helps us to slow down, and to look inwards and orientate ourselves towards healthy attitudes and ways of being. Having a theological or spiritual world view can provide a framework from which to make sense of the ups and downs of our lives. Dr. Kenneth Tanaka's notion of BIIG is useful here: If we accept that life is a Bumpy road, that life is Impermanent and Interdependent, and that life is fundamentally Good, we will not be shocked and unable to cope when bad things inevitably happen to us, as they do to everyone. Instead, we will have a mind towards accepting and responding (rather than reacting) to the situation. When we become stuck in thinking that something is unfair, we cannot accept the situation. Deeply listening to the Dharma provides us with a spiritual worldview to make meaning of our hard times, and to find purpose and hope in the midst of suffering.

Deep listening also applies to our 'self' and could be thought of as an aspect of self-care. Are you listening to and honoring what your body is telling you? Are you listening to and honouring what your emotions are telling you? What about your inner voice? In a future edition, I will speak of

Jodo Shinshu Buddhist Practices and Mental and Spiritual Health, cont'd

spiritually-integrated emotion-focused therapy, but here I invite you to take a few moments to deeply listen to yourself, focusing on your emotions and the bodily sensation. Can you name your emotions? Are you able to sit with difficult emotions like sadness and fear and anger? Can you be present to them, and listen to, and honour them rather than trying to make them disappear, or drown them out with unhealthy distractions? Being able to build a tolerance for difficult emotions is crucial for mental and spiritual wellness. Too often, when we cannot tolerate these emotions, we look to other sources such as alcohol and drugs, food, gambling, video games, and even people – we can find lots of ways to distract ourselves from our emotions, and over time, this can disconnect us from ourselves. By deeply listening to ourselves and our inner truths, we connect to our authentic self, which is the basis of mental and spiritual resilience.

Deeply listening to others honours our interdependence and mutual dignity, and is the foundation of our capacity for wisdom and compassion. Listening deeply to others, cultivating a safe and caring presence, leads to understanding, the building of trust and social connection, and ultimately overall resiliency. Being able to deeply listen to others includes being able to hold silence, and to not force conversation, but to let things spontaneously arise. By deeply listening to others, we gradually let go of our self-attachment, and our own dualistic and self-deluded thinking that causes so much of our mental and spiritual suffering. By deeply listening to the Dharma, to ourselves, and to other people, we are more able to care for others with wisdom and compassion, as well as attend to our own spiritual and mental health.

Attending Services (of any healthy spiritual or religious congregation)

Coming to temple provides social connection, which is another essential element of good mental and spiritual health. When we gather together, chant sutras together, listen to the Dharma together, gather in the social hall, volunteer and work together for the life of the temple, we gain a sense of purpose, and belonging not only to a caring community but also to something greater than ourselves that touches upon the sacred. In addition to social connection, coming to temple or attending services online provides us with a sense of shared identity and values. The Kid's Sangha is a great example of how creating a safe, inclusive, and welcoming space to make friends and learn about Buddhist practices and values profoundly contributes to our sense of belonging, and appreciation for the people and good things in our lives. Just the other day while I was folding and putting away the laundry, my three-year-old daughter said to me 'Mom! You wash and fold the clothes so nicely and put them in the drawer so pretty. I'm so grateful!' – she learned that in Temple! (Thank-you Senseis)

Conclusion

All the things we do in temple, our religious and spiritual practices, saying the *Nembutsu*, practicing deep listening, and attending services– all these things contribute to our spiritual and mental health. We will surely experience traumas and challenges, but life is still fundamentally good, and the spiritual practices we do as Jodo Shinshu Buddhists, along with insights into interdependence and impermanence, can support spiritual and mental resilience for when life is a bumpy road.

May all beings be well!

In Gassho,

Jenny Bright, PhD

SID AND MARIE IKEDA HONOURED AT THE ISHIZUE AWARDS AND DINNER,

AT THE JCCC, OCTOBER 20, 2022

Recently our own Sid and Marie Ikeda were honoured at the JCCC with the prestigious Ishizue Award and dinner on October 20th. The Ishizue Award acknowledges and expresses appreciation for those members of the community that have made exceptional contributions to the Japanese Canadian Cultural Centre. The Ishizue, means "cornerstone" or "foundation" and pays tribute to the 75 families who, at significant personal financial risk, guaranteed the original mortgage on the JCCC at 123 Wynford Drive in the early 1960s.

And we all know, Sid has been a long time, committed member of the TBC who has worked tirelessly over many decades in many areas including on our Management Committees, and has long been a community advocate for our Temple.

Congratulations, Sid and thank you for your incredible support and voice to the JC community and the Toronto Buddhist Church!



Memorial (Shotsuki) Listing for the Month of December

Our monthly memorial services (shotsuki) are usually held on the first Sunday of each month to remember and honour those who have passed away in that month regardless of year.

Usually, mail reminders are sent out to the next of kin but due to changing circumstances we have not always been able to reach families and hope that by publishing the names of those who have passed, we can still reach and remind families and dear friends of the month of their loved ones honouring.

Below is our listing of our members and supporters who have passed away during the month of December. All are invited and welcome to attend

| | | | |
|----------------------------------|---------------------------------|------------------------------|----------------------------------|
| ABE, Jihei | IWASHITA, Tomi Kikue | MIYAUCHI, Tameji | OKASHIMO, Hisayo |
| AMEMORI, Sueko Deborah | IWATA, Fred | MIZUYABU, Tsunejiro | OKAYASU, Shirota |
| ARASAKI, Toyoko | KADOHAMA, Kazuyuki | MIZUYABU, Yukiharu | OKIMURA, Fred Y. |
| ASA, Kaname Frank | KAGAWA, Tatsuo Fred | MORI, Kanzo | OKUMA, Sensuke |
| BABA, Sam Sadaaki | KARATSU, Naoichi | MORI, Masa | OMOTANI, Chiyoko |
| BEAUCHESNE, Janet Toshiye | KARIYA, Tafuru | MORI, Toshio | OMOTO, Kenji |
| DILENA, Michael | KATSURA, Shigeo Bud | MORI, Satoko | OMOTO, Shika |
| DOI, Manabu | KAWABATA, Tsugiye | MUKAI, Hiromi Peter | OMOTO, Ume |
| DOUCETTE, Nina Judith | KAWABATA, Yuriko | MURATA, Kiyoko | OTANI, Tatsuko |
| EBATA, Mary Yaeko | KAWAGUCHI, Junge Jerry | NAGANO, Rikimatsu | SAITO, Ken Kanao |
| EBATA, Toshiaki | KIMURA, Masuitsu | NAITO, Kazuichi | SAKURA, Shizue |
| EBISUZAKI, Yaeko | KISHIMOTO, Fumiko | NAKAGAWA, Kazuo | SAWADA, Miyoko Antoinette |
| FUCHIHARA, Wayne Makoto | KITAMURA, Genichi | NAKAI, Hiroshi | SEKO, Shigetaro |
| FUJINO, Sakiichi | KITAURA, Wae | NAKAI, Shogo | SHIKATANI, Kikuko |
| FUJINO, Bill Chiyokichi | KITAZAKI, Kazuo | NAKAGAWA, Kyoko | SHIMIZU, Minosuke |
| FUJITA, Kano | KOBAYASHI, Kogiku | NAKAMURA, Ryotaro | SHIOZAKI, Masae |
| FUKUZAWA, Okujiro | KODAMA, Minoru | NAKAMURA, Tomio | SHIRAKAWA, Raiichi |
| GOTO, Kazuye | KOMATSU, Koshiro | NAKAMURA, Mike Mitsuo | SHISHIDO, Chiyo |
| HASHIMOTO, Kito | KONDO, Shohei | NAKATA, Baby | SUEFUJI, Yataro |
| HASHIZUME, Waki | KONDO, Yonekichi | NAKATSU, Tokutaro | SUMIYA, Gloria Sayoko |
| HATANAKA, Masaye | KONDO, Larry Soichi | NAKAUCHI, Chiyoko | SUYAMA, Kunio |
| HATANAKA, Yoshio | KOYANAGI, Fujiko | NIKAIDO, Frank Hideo | SUYAMA, Yoshihiro |
| HATANAKA, Jean Misae | KUDO, Nobuko | NISHIDA, Kazuye Kay | SUZUKI, Minako |
| HAYASHI, Akio Arthur | KUMAMOTO, Masayu | NISHIKAWA, Iyo | TABA, Kunio Harry |
| HAYASHI, Frances Akiyo | KUROKAWA, Ai | NISHIMOTO, Hideo | TABATA, Saburo |
| HAYASHI, Virginia Yukiko | MAEMURA, Masanori | NISHIMURA, Miya | TAGUCHI, Emiko |
| HAYASHIDA, Bob Hideo | MASUKAWA, Bessie Yoriko | NISHIMURA, Shizu | TAHARA, Tami |
| HORIKAWA, Tomeno | MATSUI, Hiroyuki | NOGUCHI, Yoshio Jack | TAKAOKA, Rinko |
| IKARI, Minoru Dick | MATSUMOTO-SUN, Jiali | OHARA, Peggy | TAKASAKI, Shizu |
| IKEBATA, Gloria Michiko | MATSUSHIGE, Minoru Jimmy | OHASHI, Minokichi | TAKATA, Saburo |
| IKEDA, Tamae | MAYEDE, Fujio | OHASHI, Sumi | TAMAKI, Alfred Kenji |
| IMAOKA, Hanaye | MIHKE, Fumiko Alice | OHASHI, Tsuyoko | TANAKA, Hiroshi Richard |
| INOUE, Jokichi | MITSUKI, Fumie | OHKANE, Kazuo Kenny | TANAKA, Kiyoshi |
| IRIZAWA, Ayako | MIWA, Heishiro | OHASHI, Haruo Vic | TANAKA, Sawako |
| IRIZAWA, Yoshizo | MIYANISHI, Toshi | OHATA, Yoshio | TANAKA, Kenneth Kenji |
| ISOKI, Hanaye | MIYASAKI, Roy Saburo | OIKAWA, Tadao | |
| ITO, Hide | MIYASHITA, Kiyoji | OIKAWA, Helen Kikue | |
| | | OKADA, Takanori | |

Continued on page 9

Memorial (Shotsuki) Listing for the Month of December, continued

TANIISHI, Ross Kiyoshi
TATEISHI, Keizo
TERASHITA, Shizue
TSUCHIDA, Shizuka
TSUJI, Nobuichi
TSURUOKA, Misuye Jane
TSUYUKI, Tama
UCHIMARU, Yoshi
UEDA, Michiyo
URABE, Yoshikazu Fred
UYEDA, Fusae

UYEDA, Sami
UYEDA, Takeo
UYENO, Mohachi
WAKABAYASHI, Chutaro
WAKABAYASHI, Yoshitaka
WAKIDA, Aki
WAKIDA, Kichinosuke
WAKISAKA, Sumiko
WATANABE, Masachi
YAMANAKA, Tokutaro
YAMASHITA, Joe

YOKOTA, Saizo
YONEMURA, Chiye
YOSHIDA, Mitsuo
YOSHIDA, Akiko Elsie

OBITUARIES

The Toronto Buddhist Church wishes to extend its deepest condolences to the families, relatives and friends of the following individual who have passed away.

If we have missed any names, please notify the Temple office so that we may update our records. Thank You.

In Gassho, Toronto Buddhist Church

| | | |
|-----------------------|--------|------------------|
| Mrs. Tomoko Yoshida | 93 yrs | October 4, 2022 |
| Mrs. Suyeko Michibata | 93 yrs | October 10, 2022 |
| Mr. Joe (Buzz) Ohori | 91 yrs | October 28, 2022 |



FOREIGN COINS and USED STAMP COLLECTION

Attention Temple Members

Now that the Temple is open again, the JSBTC Women's Federation would appreciate members collecting and donating any used stamps and foreign coins they may receive or have.

Please bring in any foreign coins/bills from your travels or stamps from correspondence. The Women's Federation collects for Air Canada charity. Any collection of stamps and coins/bills will be sent to Save The Children. The stamps will be taken to the Women's Federation Annual Meeting at the end of April . 2023(or when in person meetings begin again). If you have any stamps or coins/bills, a box is provided in the lobby of the Temple . Thank you for your help and support.

JSBTC Women's Federation



CALLING ALL SANGHA KIDS



OCTOBER'S THEME WAS: "Gratitude"

On Sunday October 23, Kids' Sangha had a very special guest minister Torii Sensei, visit us from Japan. With the group of children gathered around her, she spoke to them about the word, "Itadakimasu".



This expression of gratitude gave us a more mindful understanding of how much was sacrificed to make our meal possible. Her dharma talk made us think about where the food we eat comes from. We are so grateful to the farmers who grow their crops to provide us with fruit, vegetable, meat and fish. This is another good example to show how we are inter-connected on this earth.

NOVEMBER'S THEME: "Remembering Eshin-ni and Kakushin-ni"

- ♦ Who are these two women?
- ♦ How are they related to Shinran Shonin?
- ♦ Why are they so important?

Please join us for the next Kids' Sangha on November 6th and 20th.

Please remember, our new start time for the kids service is 10:15 a.m.

With gratitude,

The Kids' Sangha team

KIDS' SANGHA WITH TORII SENSEI and HALLOWEEN DRESSUP, OCTOBER 23, 2022



SPECIAL VISIT BY REV. YUKARI TORII, OCTOBER 21—23, 2022

TBC hosted a visit by Yukari Torii Sensei, a kaikyoshi aspirant who had been touring Canadian temples this fall. Torii Sensei is originally from Gunma and currently pursuing a career as kaikyoshi (“overseas minister”). Torii Sensei has studied Film History in Japan and the Czech Republic and has an interest in philosophy, anthropology and religious and folklore studies. About her visit to Canada, she says, *“Along with the Dharma, I would like to share the joy and relief I attained by Amida’s working with people around the world.”*

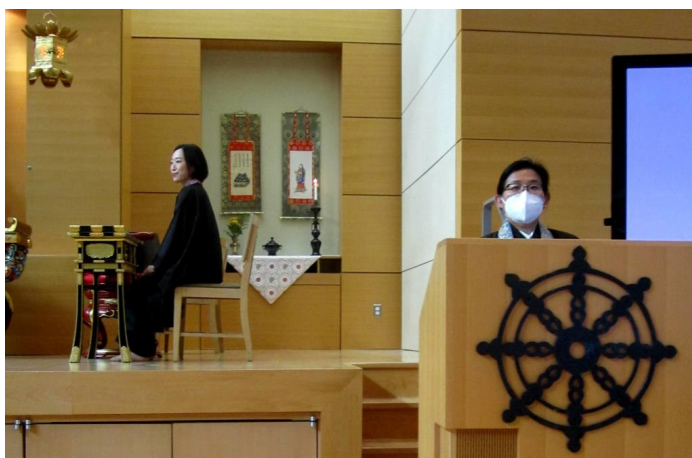
While in Toronto Torii sensei conducted a Question and Answer session with members of our congregation on Saturday October 22 which everyone found to be informative and enlightening.

Following the question and answer session we were able to meet and mingle with Torii sensei at a fundraising ‘Tea with Sensei’ put on by the JSBTC Women’s Federation.

On Sunday October 23 Torii Sensei officiated both the Kids Sangha service and the adult Dharma service. We learnt, through her Dharma talk, why she is pursuing a career as a Jodo Shinshu minister.

We hope that Torii sensei enjoyed her time in Canada and was able to meet many of the Jodo Shinshu members across

TORII SENSEI’S QUESTION & ANSWER SESSION, OCTOBER 22, 2022



ANNUAL BAZAAR

TORONTO BUDDHIST CHURCH

**BITE-SIZED
EDITION**

SATURDAY, NOVEMBER 12, 2022

1011 Sheppard Ave West, Toronto

(1 block east of Sheppard West TTC Subway Station)

12pm to 4pm (Face masks recommended)



HOT AND FRESH FOOD HALL

Udon Noodle Soup • Chicken Teriyaki Rice Bowls

PREPARED FOODS AND SHOPPING

**Inarizushi • Chow mein • Mochi manju • Preserves
Pies & Baked goods • Japanese giftware, and more!**

**TAKE OUT
AVAILABLE**

For more information:

Please call **416-534-4302** or visit us at **www.tbc.on.ca**

Please join us

at Toronto Buddhist Church

Karaoke Party

Everyone Welcome !!

Enjoy a half day with us !!

Saturday, December 10, 2022

TBC Social Hall 1:00 - 5:00 pm

\$15.00 Incl. Bento, Bingo, Game

and more !!

Ticket, Please contact

George : 416-513-0999

Jessica : 416-733-1894



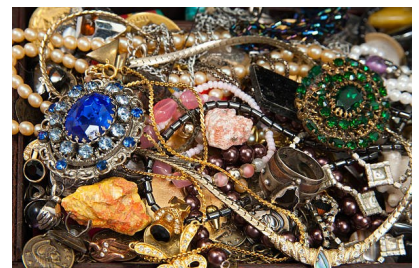
Toronto Buddhist Church Karaoke Club

NEW, USED OR VINTAGE JEWELLERY

Do you have your parents', grandparents' or your own jewellery in storage that you don't know what to do with? The Temple will be holding a smaller version of their annual bazaar again in November. The JSBTC Women's Federation will have a booth at the bazaar to raise funds to help with the cost of sending delegates and our minister to the 2023 World Buddhist Women's Convention in Kyoto.

If you should have any items you'd like to donate please bring them to the Temple and clearly mark on the boxes or items that they are for the 'WF Jewellery Booth'

Thank you in advance for your generosity, JSBTC Women's Federation



SAVE THE DATE

For EBL's upcoming virtual 1/2 day Conference on February 11th, 2023. The theme for the event is "Nembutsu As Living." It will involve a collaborative service including all the EBL temples with a Dharma Talk shared by Rev. Kurt Rye. Rev. Rye has recently returned to the Eastern District as the virtual minister for Ekoji Buddhist Temple. This service will be followed by a lecture and Q&A with Rev. Dr. David Matsumoto.

Eastern Buddhist League Conference

"NEMBUTSU AS
LIVING"



Grand EBL Conference
New York 1963 Photo by Dr. [unclear]



Save the Date!

Saturday
February 11, 2023
10am CST/11am EST

Cleveland Buddhist Temple
Ekoji Buddhist Temple
Midwest Buddhist Temple
New York Buddhist Church
Seabrook Buddhist Temple
Twin Cities Buddhist Sangha
Buddhist Temple of Chicago
Toronto Buddhist Church
Manitoba Buddhist Temple
Albany Buddhist Sangha

*Join our virtual gathering for an EBL-wide
service collaboration and Dharma
message from Rev. Kurt Rye. This will be
followed with a presentation by
Rev. Dr. David Matsumoto*

Registration and zoom link coming soon

OCTOBER THANK YOU

A great big Thank You to:

- ◆ Naomi Tsuji-Tamaki for arranging the naijin (altar) flowers
- ◆ Emi Nakano for making the manju o-sonae (altar offerings)
- ◆ Debbie Katsumi for o-buppan (rice) offerings
- ◆ Susan Ebisuzaki for driving ministers
- ◆ Michael Tamaki, Ken Shigeishi, and Steve Howard for general maintenance around the temple property
- ◆ Susan Ebisuzaki for setting up refreshments after services
- ◆ Joanne and Cary Kataoka and Ken Shigeishi for Tech during services
- ◆ Gayle Hayashi for maintaining the “Find your Treasure” table
- ◆ Toivo Knude for taking photos of our events
- ◆ Naomi Tsuji-Tamaki for making the Special Monthly Service Information board



How to donate to Toronto Buddhist Church

While TBC has had to have its doors closed to visitors for most of the duration of the COVID-19 pandemic, the business of spreading the Shin Buddhist teachings to our sangha and beyond continues. Forwarding a financial donation will help prepare TBC to welcome everyone back to temple.

There are 3 ways to donate to TBC from home:

- **cheque:** mail to 1011 Sheppard Ave. West, Toronto, ON, M3H 2T7
- **E-transfer:** use email address **darlene.rieger@tbc.on.ca**
- **online donation via Paypal:** follow directions on www.TBC.ca “Make a Donation” page

Please include the purpose of your donation, as well as your **full name, mailing address, email address, and phone number. This is particularly important if you’re donating by cheque or e-transfer.** This helps ensure you will receive a donation receipt for tax purposes. Detailed information can also be found on the TBC website: www.tbc.on.ca.

Your donations are always greatly appreciated.

Gassho





Isshin Daiko is looking for new members!

Join us for a 4 week taiko drumming workshop.

No experience is needed and all equipment is supplied.

Learn basic taiko technique and form, warm-up drills, and a song.

This **4-week** workshop will be held Wednesday evenings from **January 11 to February 1, 2023**.

Space is limited.

Please go to our Eventbrite link for more information and registration

<https://www.eventbrite.com/e/learn-taiko-with-isshein-daiko-4-week-series-registration-443845161827>